



**SOROPTIMIST**  
Best for Women

# Soropti-SCOOP

*A Communiqué by  
women dedicated to improving the lives of women and girls  
through programs leading to social and economic empowerment.*

Vol. 20, Issue 8

Soroptimist International of Sequim

February, 2016

## Officers 2015 - 2016

### **President:**

Jane Manzer

### **President-Elect:**

Kathryn Pacelli

### **Secretary:**

Kathy Purcell

### **Treasurer:**

Karen Renk

### **Assistant Treasurer:**

Kathy Cunha

### **Directors: 2 year (one year remaining)**

Jeanne Martin

### **Directors: 2 year**

Gena Royal

Directors: 1 year

Sandy Hutter

Directors: 1 year

Paulette Hill

### **Past President:**

Sandy Lawrence

Newsletter Staff

Kathy Purcell

Sally Sue Barry

Pat Willis

*“Your limits are  
somewhere up there,  
waiting for you to  
reach beyond infinity.”  
~Arnold Henry*

## Message from the President

February equals First Friday ArtWALK (where we showcase our 2016 Gala Garden Show artwork and begin selling raffle tickets for it), Valentine’s Day, American Heart Month, Black History Month, 29 days in this leap year, and time for the Olympic Peninsula Area Meeting. As I was reviewing the format for the President’s Report to be presented at the area meeting, and beginning to make an outline for it by listing our activities and accomplishments, I must tell you once again how honored I am to be a part of this club and call you my friends.

We’ve done a lot this year and we have much more coming up. You can’t help but know we’re ramping up for the Gala Garden Show, but we’ll also be doing things such as naming a nominating committee, voting for next year’s board, developing and approving next year’s budget, celebrating award and scholarship recipients, inducting yet more new members and having an orientation for them, attending area meeting and region conference, hopefully hosting a Grant of Friendship visitor from Sweden, and much more!! Whew!! To me this list can be overwhelming, but when I follow Kathy Purcell’s advice and take several deep breaths, the faces of those of you who have recently pitched in to help come to mind and I relax.

Recently, Gail Watson agreed to be the liaison with the Boys & Girls Club and to keep us updated via the newsletter, Kathryn Pacelli is taking my place during my upcoming absence and also coordinating lodging for Region Conference in April, Kate Creasey designed some wonderful centerpieces (surprise, surprise—ha) for the area meeting, Kathleen DeJong offered to collect registrations for the area meeting, Paulette Hill is putting together a raffle basket for the area meeting, and Missy Church-Smith and Rose Jaeger are looking into a unifying scarf or something like that. Forgive me if I’ve not mentioned someone I should have, but you get the picture. The club is made up of many wonderful volunteers who share the “work” and have fun doing it! You’ve all found your “music” and are “dancing” to it.

Fast forward to when a project or activity is completed—the results are gratifying. I hope you all read and enjoy the photos in each and every newsletter, because that’s the best way to share in the gratification and pride. For instance, this month you will read about the Heart Kids project with some 5th grade girls at Greywolf Elementary School. Even though not everyone works on every aspect of every project, every one of you can know that SI Sequim as a club is “Reaching New Heights through Dignity of Service.” We are serving this community, building relationships, and gaining more and more respect for who we are and what we do. WAY TO GO!!!

President Jane



*“We are constituted so that simple acts of kindness, such as giving to charity or expressing gratitude, have a positive effect on our long-term moods. The key to the happy life, it seems, is the good life: a life with sustained relationships, challenging work, and connections to community.” ~Paul Bloom*

## Letter from the Editor

Dear Friends,

Last night was opening night of *I Do! I Do!* at Olympic Theatre Arts. Thanks to Jeanne Martin twenty Soroptimists and/or Soropti-misters were in attendance—and we saved 20%. An announcement was made that Soroptimists were in the audience; this was a way to explain group discounts and show their value.

Before the play began we were told that it would run two and a half hours, with a 20 minute intermission.

Yikes! I had been up since 5:00 a.m. because there was a board meeting early that morning. Would I be awake enough to enjoy the play to the end? Would it be any good? Can only two characters be entertaining for that long? Especially in a musical? The answer to all these questions is yes. The play starts on the couple's wedding day and we see them enter their new home. It takes us through their life together—the honeymoon stage, having children, questioning if they are still loved, children marrying. At the end, grey-haired Agnes and thin-haired Michael walk off arm-in-arm, having sold the house.

There was a beautiful synergy between these two people. It wasn't just their facial expressions or the tone in their voices. It was small things—like how they gently reached out to each other—the touch on the arm, the way they held the other's hand. The underlying theme was love. Love is what matters; it is the energy that sustains life. This is a wonderful message and *I Do! I Do!* recommend you see the play.

I was thinking about what went into the production of *I Do! I Do!* It wasn't just the actors. It was the director, the production staff, the stage manager and crew—and the audience. The actors may have been the face of the play, but there were many other people who were part of making it a success. I applaud them all. Their passion for the theatre is evident.

Speaking of passion, we all have a passion for something. It might be gardening, singing, knitting, writing, paper-crafting, photography, traveling, etc. As Soroptimists, many of us have a passion for empowering women and girls. How do we exhibit that passion to empower? By incorporating our other passions. There are many opportunities for us to do that.

This month our Nominating Committee will start to contact members, inviting them to accept a nomination for a position on the board for 2016-2017. If you are interested in being on the board, speak up. If you have a suggestion of a member for any of the positions, let the committee know and they will extend the invitation.

Our club reminds me a bit of the play. Our board—especially the president—might be thought of as the face of the club. But it takes all of the club members working together to produce a successful performance. So when asked to serve, think about the play and say *I Do! I Do!* If being on the board isn't right for you right now, consider heading up one of the committees. In the coming months sign-up sheets will be available at our meetings. As we tap into our passions we reach higher through dignity of service.

Light and Love,  
Kathy Purcell, Editor



**“If you feel like there's something out there that you're supposed to be doing, if you have a passion for it, then stop wishing and just do it.”**  
~Wanda Sykes

## CALENDAR

### FEBRUARY

- 5 Board Meeting
- 9 Business Meeting
- 20 Area Meeting
- 23 Program Meeting  
Live Your Dream  
Award Recipient

### MARCH

- 4 Board Meeting
- 8 Business Meeting
- 19-20 GARDEN SHOW
- \*29 POTLUCK Dinner  
Celebration



**“Love is of all passions the strongest, for it attacks simultaneously the head, the heart and the senses.” ~Lao Tzu**



Photo by Cindy Rhodes

**“You can do anything as long as you have the passion, the drive, the focus, and the support.”**  
~Sabrina Bryan

# Celebrate Life!

## FEBRUARY

- 2 Becky Archer
- 2 Cindy Rhodes
- 11 Missy Church-Smith
- 12 Su Howat
- 17 Joan Miller
- Jan Chapman

## MARCH

- 21 Laura Rundle
- 28 Kathryn Pacelli



Note the phone number for our  
MEDICAL LOAN CLOSET

**504-0231**



## COMING SOON-BUDGET TIME



## LIVE YOUR DREAM RECIPIENTS ANNOUNCED

The Soroptimist Live Your Dream Awards (formerly the Women's Opportunity Awards) assist women who provide the primary source of financial support for their families by giving them the resources they need to improve their education, skills and employment prospects.

Our club has chosen two women, Christine Arriola and Carla Sebastian, to receive this year's awards of \$2,000 each. They will be introduced at the February 23 meeting. Come meet these inspiring women and hear their stories.

~Awards and Scholarships Committee



*"Make a pact with yourself today to not be defined by your past. Sometimes the greatest thing to come out of all your hard work isn't what you get for it, but what you become for it. Shake things up today! Be You...Be Free...Share."*

*~Steve Maraboli*

## SOROPTIMIST MEETING DATES TO REMEMBER

### Area Meeting

February 20, 2016  
Greater Bremerton Area



### NWR Conference

Spokane, WA  
Davenport Hotel  
April 21-24, 2016



### 44th Biennial SIA Convention

Walt Disney World Dolphin Hotel  
Orlando, FL, U.S.A.  
**July 20-23, 2016**



## A.I.M. HIGH...REACH FOR THE STARS

A new book club started January 20 at Helen Haller with five 5th grade girls. The book we are reading is *Esperanza Rising* by Pam Munoz Ryan. This book won the “Pura Belpre Award” for work that portrays, affirms, and celebrates the Latino cultural experiences in an outstanding work of literature for children and youth. The teacher recommended this book for the book club.



**The Heart Kids Rag Doll** event at Greywolf Elementary School, attended by 10 girls and nine Soroptimists, was full of high energy, giggles and creativity. The girls loved their dolls so much that they reluctantly relinquished them to Sara Maloney, who came to collect the dolls for the children at the Boys and Girls Club. The girls named their dolls and wrote notes to the children who will receive the dolls, e.g. *XOXO ... Hi! I am Maria. I love anything that has to do with making people happy. Please keep in mind that I love to give hugs. Will you give me a kiss every night? Love, Maria... &... Dear friend!!! Hi My name is Racheal. I love to help and, I love hugs. I hope you have a better day! Love, Racheal.* We volunteers hope that Racheal’s new friend has a better day, too. And, that is what Heart Kids is all about.



Greywolf Book Clubs: Gloria Robinson, a new member, will be leading the 5th grade **A.I.M. High...reach for the stars! Book Club** starting February 23rd for 4 weeks. The 4th grade club will be lead by Amanda Beitzel and Gloria Fitzpatrick starting in May. Both clubs will read *Cloud Climber* by local author and one of our Gala Gift Show vendors, Gene Bradbury. He has generously offered to discount the books for us and to visit with the girls at the end of each club session.

Our deep appreciation to everyone who is participating in A.I.M. High...reach for the stars! for elementary school girls—either as a tutor, a leader, or a doll project volunteer. Our program is starting to take shape and to be recognized by the school’s staff as a valuable mentoring program for young girls. A big HUG from the girls to you!!!

Thank you,  
Amanda Beitzel, Elaine Churchill, & Missy Church-Smith,  
Co-chairs AIM High...Reach for the Stars Committee!



“Everybody has a creative potential and from the moment you can express this creative potential, you can start changing the world.” ~**Paulo Coelho**



## AREA MEETING BASKET

As you know, the Soroptimists Area Meeting is just around the corner—**Saturday, February 20th** in Poulsbo.

One of the things our club is doing for this event is providing a raffle basket of goodies. I've volunteered to coordinate our raffle basket and would very much appreciate any items you might wish to offer. Based on the "nautical" theme that was decided on at the district meeting, the theme for the Area Meeting is "**MemberShips Become FriendShips.**" It would be fun if our items carry out that nautical theme, whether in color (navy, white), or in some other fashion; but that is not a "hard" requirement.



Any items will be appreciated (for example, I plan to donate some appropriately-colored jewelry from Paulette's by Design).

Please bring raffle basket items to me at our February 9th meeting, or call or email me to make other arrangements. I'd appreciate having all items no later than Monday, February 15th.

Thanks so much, Everyone!

Paulette Hill



*"Don't wait for your ship to come in—swim out to it." ~Author Unknown*

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## MEET OUR NEWEST MEMBER



My name is Tamatha St. Denis and I have lived in Sequim for almost five years. I moved here from the Florida Keys. I spent 19 years in Connecticut and I grew up in Amish country in Central Pennsylvania. I am recently married to Case St. Denis who many of you know as Casey of Casey's Kettle Corn.

I am a garden designer and owned a garden design business in both Connecticut and the Florida Keys. After a brief diversion in to Life Coaching, I have decided to start my garden design business, Harmony Plantscapes, here in Sequim. I design upscale landscapes with an emphasis on artful gardens. I subcontract the installation and provide maintenance for the gardens.

Before starting my garden design business, I was a business analyst for ten years, starting at age 19 as I put myself through business school. I studied horticulture and design at the Institute for Ecosystem Studies, an affiliate of the New York Botanic Garden. I was the apprentice of Lynden B. Miller—a world famous public garden designer—for 3 years as I completed my studies in design and horticulture.

In 2010 I got a certification in Life Coaching from the Christian Coach Institute and I hope to use those skills in some way with Soroptimist. I love working with women to create the life they love. I guess you could say I did that for myself by recognizing how much I missed designing gardens and giving myself the freedom to do it again.



## MEMBERSHIP

A warm welcome for our two new members: **Linda Collins Chapman** and **Tamatha St. Denis**. Their roster information will be shared below. We have been very blessed with interest in our club. We seem to have the niche to fill everyone's volunteer needs. At our recent program meeting with Habitat for Humanity, we had six guests and we inducted Tamatha. The ladies from Habitat showed us other ways we can offer the Soroptimist dignity of service.

As a part of membership in Sequim Soroptimist, everyone participates in our two major fundraisers in one way or the other. These events are being planned throughout the entire year. You may not be available during the event or you may even have your own vendor booth in the event, but your participation can occur in the planning stages. Once we begin planning with the core teams, the volunteer sheets for the day of the event are passed around. If you haven't been on the core team, you'll want to be sure to sign up to work the event.

Everyone should also participate in one or two other committees. Those are listed in your roster book on pages 8-11. See the chairs for information about their committees, or go to the [SISequim.org](http://SISequim.org) webpage and in the members only area look at the job descriptions and purpose of the committee. That being said, I welcome you to participate on the membership committee.

Soon we will be planning our next orientation. Membership will have a meeting on Wednesday, February 17—time and place to be announced. Please let me know if you are interested in helping us out on the membership committee.

~Sandy Lawrence, Membership Chair



Linda C. Chapman (Edward)  
40 Penny Lane  
Sequim, WA 98382  
lcclaylady@gmail.com

*Read about her in next  
month's newsletter!*

Tamatha St. Denis (Case)  
286 E Silberhorn Road  
Sequim, WA 98382  
tamatha@harmonyplantscapes.com

*Read about her on page 5  
of this newsletter!*

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*“Live life with passion from our hearts and believe. Let love be the reason and purpose of life.” ~Jerrycel Verlinden*

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## BOYS AND GIRLS CLUB

This month's requests from the Boys and Girls Club are as follows:

- knit hats
- polar fleece hoodies (full length zipper) or anoraks (over the head with 3/4 length zipper)  
need 4-5 in size 10-12.
- deodorant (not antiperspirant).

If brought to the February 9th meeting Gail Watson will collect and deliver, or you can drop off at the Boys and Girls Club to Mary Budke and let her know they're from the Soroptimists.

I have also volunteered to collect hotel-sized toiletries of all kinds and distribute them to organizations in need. I will have a collection box at each meeting.

~Gail Watson, Liaison with Boys and Girls Club





## CLUB HISTORY

### Where Are They Now?

Jeffie Lou Jackson was SIS Girl-of-the-Month for March, 1990, when she was a senior at Sequim High School. She is the daughter of Sydney Jackson and the late Jefferson Jackson. In 1989, she was the Irrigation Festival Queen. Today she heads up the D & G Dance Studio in Seattle, a project sponsored by the Allied Arts Foundation of Seattle. The following paragraph is taken from Jeffie Lou's biography posted on her website, with her permission. Her program can be seen in detail at <http://www.dancegrooveswithjeffielou.com/index.html>.

Jeffie Lou has taught hip-hop and Jazz dance in many Seattle/Metro area studios. Her Dance Teams Allure, JAMS and Smooth Elements have performed at Sonic games, Summer Jam, etc. She studied with the Dupree Dance Company and the Alvin Ailey Dance Company, went to school at the New York School of the Arts, and finished her degree in dance and education at Washington State University. She currently teaches "Dance Grooves" at AllStar Fitness and LA Fitness. She has taught with Stage Struck in West Seattle as a lead teacher and choreographer for 10 years. She has been a certified teacher and taught in a number of different schools as a Classroom Teacher, Performing Arts Teacher and most recently with Cascade Middle School in Burien with their Physical Education Department teaching Dance. She has been a teaching artist with Powerful Schools for the past 6 years as well as Cascade Middle School. This work comprised going to various different schools during the school day and working with the classroom teachers on bringing dance to their individual curriculum. Director and choreographer for BEATFEET Dance Squad that performs at many Seattle festivals and events such as Bumpershoot, Seattle Storm game and Breath Deep Seattle and many more. Dance will always be part of my life. I am excited to share, dance and groove with ALL students of D&G Dance Company."

~Pat Willis, Club History



Jeffie Lou and some of her students.

*"Always keep an open mind and a compassionate heart." ~Phil Jackson*

### A MOVING MOVIE

Since you have an extra day this month, how about celebrating by watching the **National Geographic Channel's** airing of the documentary, *He Named Me Malala* on **February 29th**? This is an "intimate portrait of Nobel Peace Prize Laureate Malala Yousafzai, who was targeted by the Taliban and severely wounded by a gunshot when returning home on her school bus in Pakistan's Swat Valley. The then 15-year-old was singled out, along with her father, for advocating for girls' education, and the attack on her sparked an outcry from supporters around the world. She miraculously survived and is now a leading campaigner for girls' education globally as co-founder of the Malala Fund."



## NORTH OLYMPIC PENINSULA ANTI-TRAFFICKING EVENT

On January 28th, eight of us from SI Sequim attended an event at Peninsula College that we co-sponsored with the other peninsula clubs, all of which had a presence at the event. The presentation focused on labor trafficking and was presented by two young women—Seattle Police Department Detective Megan Bruneau, who was born and raised in Port Angeles—and Homeland Security Investigations Special Agent Jennifer Williams. Both are members of a task force working to combat human trafficking in Washington.



The scope of this crime is still being learned, but there are now and have been many cases in our state—domestic servitude, construction, small business forced labor, and commercial sex operations, to name a few. This is a crime with many barriers. According to Megan, “indicators can be very vague.” there can be language barriers; victims are usually isolated, supervised, and threatened; and victims are unaware of their rights in this country. Most investigations begin after a victim has fled to a citizen and/or a shelter and are not law-enforcement generated. That means citizens like you and me can be helpful in identifying possible victims. WARN (Washington Anti-trafficking Response Network) is the non-governmental agency that works in concert with investigators and directly helps victims of this crime. Our club donated our budgeted anti-trafficking dollars to WARN and every dollar is greatly appreciated. If you visit their website, <http://www.warn-trafficking.org>, you can read about what they do, read what we can do and also read some victim stories. It was a very worthwhile event to attend and, as one of our members said, it inspired her to pay more attention to her surroundings and what might be going on in our community.

~President Jane



"Our lives begin to end the day we become silent about things that matter." ~*Martin Luther King Jr.*

## A BOOK TO REMEMBER

*If You Knew Me You Would Care* is a compilation of stories and photographs of 62 women from Congo, Afghanistan, Rwanda, and Bosnia and Herzegovina. Having survived the atrocities of war, poverty, and violence, they turned these experiences into their strengths and dignity.

I did not find this book to be merely a fast read or just flipping through the photographs. I encourage everyone to approach the book as a meditation on these women's lives and their images.

The Forwards by Meryl Streep, Annie Lennox, Ashley Judd and Geena Davis prepare you for the stories and photographs you will experience as you read. The introduction by Zainab Salbi presents the idea that these women are not just the victim of their experiences but much more.

Take time to read the poem by the same title. It poses the question “what if?” Go to the website below to listen to Zainab reading the poem.

<http://www.supersoul.tv/supersoul-short-films/if-you-knew-me-you-would-care-by-rennio-maifredi>

Each woman pictured in this book was sponsored by another woman in another part of the world through Women for Women International. The organization offers a 12 month program to assist them with answering and realizing “what if.”

I could say much more, but I want to let you have your own experience.

~Amala Kuster





## SHARING THE WEALTH

One thing Soroptimists have mastered is networking! Marti Campbell was recently on Medical Loan “duty” when Wayne Christensen asked if he could borrow two wheelchairs for the Seventh Day Adventist Church. Their two chairs were in need of an overhaul and he needed to have replacements until new chairs could be purchased. Marti called me to ask if they would be eligible for a shipment to Morocco.

After talking to Wayne, I wasn’t sure if any maintenance would help so I called Gateway Medical Alliance. They have a great team of repair people so I was told to put them on the truck and if all else failed, they could be used for parts. Within a week, Phyllis Hopfner called to ask if we were planning to have a truck pick up supplies as she had an overflowing storage unit with 100+ boxes. When I sent an email to Su Howat, she said that she had just filled the storage unit to capacity with the help of her husband (Jeff). Amazing how things just seem to come together.

In mid-December, Alex brought a semi to Sequim and we loaded all the medical equipment in record time—and fortunately on a blue sky day. The truck then followed Dr. and Mrs. Ed Hopfner to their storage unit in Port Angeles where they nearly filled the truck. Phyllis provided some of the last pictures taken before they successfully closed the truck hatch.

Gateway Medical Alliance will soon pack another container for Morocco. We are so fortunate to share the wealth of medical equipment/supplies that brings a lasting joy to the recipients.

~Colleen Blazier



“What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.” ~*Saint Augustine*

### PUBLIC AWARENESS—WEBSITE INFO

#### **NEW:**

If you’re looking for a prospective new member packet and don’t know how to get one, visit the forms page in the member’s only section <http://sisequim.org/members/forms/>. You can now request a packet directly from there.

#### Member Info

Organization Chart

Committee List

Committee Descriptions

Request a Prospective New Member Packet: [Click Here!](#)

#### **A REMINDER:**

Remember, always start at <http://smile.amazon.com> and Amazon will donate .05% of the price of your eligible AmazonSmile purchases. What could be easier? There is a

<http://smile.amazon.com>



## GARDEN SHOW UPDATE



We are in count-down mode for the Garden Show! Items have been submitted to the *Gazette*; Sponsorship dollars are rolling in; Vendors are booking booths; the Speakers are set; the Cafe menu is set; and the t-shirts have been ordered. There's been a lot of work going on!! Here are a couple of things to keep in mind:

- The next Garden Show Core Committee Meeting has been moved to **MONDAY, FEBRUARY 29th. . . . still 8:15 at Bell Creek.**
- We will have signs at the next meeting for you to take. There will be yard signs AND magnetic car signs.

We want to thank everyone who has been working very diligently. We so appreciate your hard work!

~Jan Chapman and Elaine Churchill, Gala Garden Show Co-Chairs



## MISSING

Hi.

I need your assistance, please. Some of my sister **Garden Show Save the Date** cards were brought to the Gala Gift Show in a white envelope. There were **200**, along with a **flash drive** from where they were birthed. The flash drive had a ring attached that had a white charm with a blue flower—so fitting for the Garden Show, don't you think?



A Tiny Gazebo  
by Denise Erickson

Usher in the  
Spring with us!

### SAVE THE DATE 18th Annual SOROPTIMIST Gala Garden Show

March 19 - 20, 2016  
Sat 9am-5pm / Sun 10am-4 pm  
Boys & Girls Club  
400 W. Fir St., Sequim

Over 50 Vendors, Speakers Series, Food, Fun!  
[www.sequimgardenshow.com](http://www.sequimgardenshow.com)

Well, they never got to the Soroptimist table and they seem to have done a disappearing act. Perhaps they are out spreading the word about Soroptimist. If you know where the cards and flash drive are, please let President Jane know.

Thanks!

## GALA GIFT SHOW—2016

The 2015 **Gala Gift Show** happened, it was a success, and the club has supported continuing this fundraiser. Amanda Beitzel and Missy Church-Smith have informed us that there are things to begin to work on soon. If you weren't at the business meeting on January 12th and/or didn't sign up for interest in working on the 2016 Gala Gift Show, PLEASE contact Deb Carlson regarding your willingness to help. Although a few members signed up for specific areas of the show, many signed up as having an interest on working on the committee generally, but they were undecided as to what area. Specifically, we need a chair or co-chairs, plus we need someone or two to chair the vendor sub-committee. Those positions are critical to being able to continue this fundraiser, so let us hear from you!



President Jane and Deb Carlson, Fundraising Chair



## EXPRESSIONS OF GRATITUDE

Dear Soroptimist International of Sequim,

Thank you for your recent donation to **First Step Family Support**. Due to the support and generosity of donors like you, First Step was able to serve nearly 4,000 adults and children in 21014!

Your gift to our Sequim Drop In Center will allow Spanish speaking families with young children access to important information and resources in our community. Some of the highlights of our Sequim Drop In are educational meetings in Spanish, such as CPR and First Aid training for adults and children, dental care information and supplies for children of all ages, nutrition and diabetes information, car seat safety discussions and demonstrations, cultural celebrations for people who are living far away from their families and cultural roots, and kindergarten readiness activities. Families also receive translation assistance and are introduced into their Spanish speaking programs at First Step.

On behalf of our Board of Directors, staff and clients, Thank You for your support of First Step Family Support Center. We hope that you will continue to keep up on our news and progress, and see your donations work at [www.FirstStepFamily.org](http://www.FirstStepFamily.org) and on our Facebook page.

Venita Lynn  
Executive Director

Amber Hosken  
Marketing Coordinator

Thanks.

You really made me feel special! Blessings—Joy—Peace—prayers now and always for your Medical Loan Closet!

Dave and Linda Ramsey



“True happiness is to enjoy the present, without anxious dependence upon the future, not to amuse ourselves with either hopes or fears but to rest satisfied with what we have, which is sufficient, for he that is so wants nothing. The greatest blessings of mankind are within us and within our reach. A wise man is content with his lot, whatever it may be, without wishing for what he has not.” ~*Seneca*

Dear Soroptimist Friends,

Thank you for your recent very generous donation to Sequim Community Aid. Your continuing support is very much appreciated at this time when our neighbors are feeling the greatest need for assistance. Our organization does not receive any government support, rather, we rely on the local merchants, individual donations and donations from organizations such as yours to provide basic needs to individuals and families who live within the Sequim area. These are people who need one-time assistance in an emergency crisis.

We thank you for your confidence in our work.  
Carmen I. Heath, Correspondence Secretary  
Sequim Community Aid

Dear Soroptimist International of Sequim,

Thank you again for your support of the 2015 American Girl Fashion Show. We are grateful for your generous donation.

Seattle Children’s Hospital is the only regional medical center devoted to pediatric care in the Northwest. Ranked as one of the top children’s hospitals in the nation, Seattle Children’s mission is to provide excellent patient care, state-of-the-art education, research and advocacy on behalf of the health care needs of children in Washington, Alaska, Montana and Idaho. It is through the continued support from many wonderful friends, like you, that Seattle Children’s is able to fulfill its mission of providing the finest medical care to children in the Pacific Northwest.







Thank you again for your support of Seattle Children’s and Star Guild. In the 100-year history of the hospital, no child has ever been turned away for treatment based on a family’s ability to pay. Star Guild is an all-volunteer organization striving to help Seattle Children’s Hospital maintain that promise.

Warm regards,  
Ann Dougherty  
Executive Director, Star Guild  
Seattle Children’s Hospital Guild Association










# February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Becky Archer Cindy Rhodes 	3	4	5 BOARD MEETING	6
7	8	9 Business Meeting	10	11 Missy Church-Smith 	12 Su Howat 	13
14 <i>Happy Valentine's Day</i> 	15	16	17 Joan Miller 	18	19	20 Area Meeting Poulsbo, WA
21	22 Jan Chapman 	23 Program Meeting Live Your Dream Award	24	25	26	27
28	29					

# March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 BOARD MEETING	5
6	7	8 Business Meeting	9	10	11	12
13 	14	15	16	17	18	19 GALA GARDEN SHOW 9:00 am. To 5:00 p.m. 
20 GALA GARDEN SHOW 10:00 a.m. to 4:00 p.m. 	21 Laura Rundle 	22	23	24	25	26
27	28 Kathryn Pacelli 	29 Potluck Dinner - Garden Show Celebration at Kathryn Pacelli's	30	31		

## Free Hugs

by: Brittni Thomas

It's the touch that gives you comfort,  
It's the touch that makes you feel,  
It's something that no one else can ever steal.  
It's the sweetest human contact for the body and the mind,  
It's the connection where two bodies link and bind.

It's what we search for when we feel all alone,  
It can be so meaningful, the emotion is deep to the bone.  
It's what makes us realize that someone else is there,  
It's the touch that says, "Just know I'll always care."  
It can say hello, it can say goodbye,  
It can leap out when you're happy, or make you want to cry.  
It can say "I love you" or "I'm really glad we're friends,"  
It can be the last spark in a story that ends.

All you need is another soul to make you feel this snug,  
It's the connection in our life...  
Everyone needs a hug.



**SOROPTIMIST**  
Best for Women

Soroptimist International of Sequim  
PO Box 126  
Sequim, WA 98382

*improving the lives of women and  
girls through programs leading to  
social and economic empowerment.*

To a Woman Making a Difference for Women