



Soropti-SCOOP

A Communique by
women dedicated to improve the lives of women and girls
in local communities and throughout the world.

SOROPTIMIST

Best for Women

Vol. 20, Issue 3

Soroptimist International of Sequim

September 2015

Officers 2015 - 2016

President:
Jane Manzer

President-Elect:
Kathryn Pacelli

Secretary:
Kathy Purcell

Treasurer:
Karen Renk

Assistant Treasurer:
Kathy Cunha

**Directors: 2 year
(one year remaining)**
Jeani Penn

Directors: 2 year
Gena Royal

Directors: 1 year
Sandy Hutter

Directors: 1 year
Paulette Hill

Past President:
Sandy Lawrence

Newsletter Staff
Kathy Purcell
Sally Sue Barry
Pat Willis



“Human behavior
flows from three main
sources: desire, emotion,
and knowledge.”
~Plato

Message from the President

Dear Friends,

We got it STARTed at Solana on Wednesday, August 26th (see pictures on page 12). On a beautiful evening when some could even dine out on the patio, about 27 of us, plus two guests were there to celebrate coming together for a social evening sprinkled with a little bit of Soroptimist information and education. I want to thank everyone who helped set up and prepare for the meeting, those who contributed throughout the evening (which was just about everybody), the guests who came and provided food too, and everyone who helped clean up. It was a fun evening and it was good to see everyone. There seemed to be a lot of enthusiasm and positive energy looking forward.

In setting the tone for the coming year, maintaining a positive attitude is all-important. We are going to have our challenges, there will be times when we have differing opinions, and things will happen in our private lives that will affect our Soroptimist life. But if we remain positive, respect one another's views, and keep our eyes on the goal of reaching new heights through dignity of service, we will be successful.

Our first meetings are coming up and I hope you're ready to go about the business of running this club and maintaining its vibrancy. Remember that breakfast will be served at 7:30 a.m. this year and we'll be tightening up on the schedule a bit in order to be completely out of there by 9:00 a.m.

As I mentioned at the START meeting, there are only a couple of things I sincerely hope—even expect—our members will do this year. The first one will aid us in keeping our meetings moving along quickly and efficiently: PLEASE FAITHFULLY READ the newsletter each month. The information about what has happened and what's going to happen will be in there, along with other material that will be helpful to us as a group. And your contributions to the newsletter are essential and most welcome too. The second hope I have is that you will keep the creative juices flowing and think of ways in which we can enhance something we're already doing or do something new that will enable us to serve more women and girls. Just this weekend I was reading a post on our Facebook page (thank you Barb Thompson for doing such a fine job making interesting and relevant posts) which led me to an idea of something we could do with high school girls. Whether we do it or not is irrelevant, but if everyone is thinking along those lines, we will no doubt come up with some amazing new ideas.

This little bit can't end without thanking all of you for all you have been doing over the summer and all you're doing in preparation for upcoming meetings and events. You're a mighty force

President Jane



“I am convinced that life is 10% what happens to me, and 90% how I react to it.” ~From *Attitude* by Charles Swindoll

Letter from the Editor

Dear Friends,

How many times have we had a week that seemed like a month? Sometimes at the end of that *week* we felt we haven't accomplished much. One might look at this as an example of excessive multitasking. We all multitask to some extent. It's part of life. But where do we draw the line?

According to health.com, "Experts estimate that switching between tasks can cause a 40% loss in productivity. It can also cause you to introduce errors into whatever you're working on, especially if one or more of your activities involve a lot of critical thinking.

"A 2010 French study found that the human brain can handle two complicated tasks without too much trouble, because it has two lobes that can divide responsibility equally between the two. Add a third task, however, and it can overwhelm the frontal cortex and increase the number of mistakes you make."

It goes on to say what saves the most time is doing things in batches—like paying our bills all at once, sending our emails all at once, etc. Each task requires a specific mindset, and once we set our mind to it, we get into the zone—and instead of zoning out, we handle it with ease.

I learned years ago from Soroptimist friend Sandy Reed the importance of prioritizing. It's not that one thing is necessarily more important than another. It's that one thing may have an earlier deadline than another. Sometimes I forget this when a lot of unexpected things come to me at once. During those times I experience what is mentioned above. I've seen this happen with others as well, so I know I'm not alone in it.

Many years ago I was visiting a friend at her home. We were sitting at one end of the family room. Her husband was at the other end watching TV. I was engaged in our conversation, but part of me was aware of the *television*. After about a half hour she said she couldn't get into the show her husband was watching. I had to laugh—at least inside. She didn't recognize that he had been switching stations the whole time. Once she realized that, we both laughed out loud.

This reminds me of Soroptimists. When we get into a state of confusion with what's happening around us, we are not alone—we have one another to *tell* us the *vision* again. We have others to help us refocus on what is most important in any given moment. I thank all of you who have helped me along the way to recapture the vision and get back on task. At the end of the *week*, we draw a line back to Soroptimist and we become engaged in what speaks as a priority to us. This unifies us and makes us stronger—individually and collectively.

Nominations are now open for District and Region offices. If fear of multitasking has kept you from stepping forward into leadership roles, please know that you have the support of your district and region. We all have opportunities to reach new heights through dignity of service.

Light and Love,
Kathy Purcell, Editor



"Passion is energy. Feel the power that comes from focusing on what excites you." ~Oprah Winfrey

CALENDAR

SEPTEMBER

- 4 Board Meeting
- 8 Business Meeting
- 19 Open Aire Market
- 22 Program Meeting

OCTOMBER

- 9 Board Meeting
- 9-11 District 1 Meeting
- 13 Business Meeting
(GOM Sept & Oct)
- 27 Program Meeting

*EVENING MEETING



"There comes a time when the mind takes a higher plane of knowledge but can never prove how it got there." ~Albert Einstein



"Wisdom is the power to put our time and our knowledge to the proper use." ~Thomas J. Watson

Celebrate Life!

BIRTHDAYS



SEPTEMBER

- 13 Sandy Hutter
- 14 Paulette Hill
- 21 Pat Willis
- 23 Sally Sue Barry
- 27 Gail Watson

OCTOMBER

- 20 Jeanie Blaurock
- 24 Jeani Penn
- 26 Shelle Paulbitski



Note the phone number for our
MEDICAL LOAN CLOSET

504-0231



BUSINESS MEETING

Tuesday, September 8

New Year

NEW Time

7:30 a.m.

Same place

Sunland Golf & Country Club

A Few Club Guidelines

Per the club's Standing Rules the President conducts and directs the business of the club. In order to do this, it is important for Committee Chairs to keep the President in the 'know.'

If a committee decides they would like to implement any major changes or special projects, the Committee Chair is asked to make a report detailing the activity and future plans. This is to be given to the Board either at the board meeting, or a written report provided to the President to share with the Board.

The newsletter is going to become a more and more important tool for committees to communicate with members, especially in light of members desiring shorter meetings. It will be imperative for committees to submit articles to the newsletter and for members to read such articles. Committee Chairs are asked to write a brief description of their committee's status/activities each month for the *Soropti-Scoop*. It should be fairly simple, as they are already preparing this for the board meeting.

Any updates/changes to what was submitted to the newsletter can be given in a short committee report at the business meeting.

Regarding e-mails, of which we all get plenty, this general guideline should help: Sometimes an email sent from the President will be addressed to a specific member or members in the "To" line—perhaps with a question—and others may be listed in the "cc" line. The copy is intended for information only and response is not expected or necessary, but members listed in the "To" line may need to respond or take action.

As you're sending out club-related e-mails yourselves, it would be helpful if you also direct your e-mails accordingly. If you're expecting a response or immediate action from someone, put their name in the "To" line. If you want to send it for informational purposes only, put those names in the "cc" line.

SOROPTIMIST MEETING DATES TO REMEMBER

D1

District Meeting

Shelton, WA
Little Creek Casino
October 9-11, 2015



NWR Conference

Spokane, WA
Davenport Hotel
April 21-24, 2016

Area Meeting

TBA



44th Biennial SIA Convention

Walt Disney World Dolphin Hotel
Orlando, FL, U.S.A.

July 20-23, 2016

AWARDS AND SCHOLARSHIPS

Dear Soroptimist International of Sequim,
I just wanted to say thank you again for supporting me with two scholarships during my ultrasound program. I have finished my clinicals, passed my OBGYN board certifying exam, and graduated! In two weeks I am moving back to Sequim after my year of clinicals in Hawaii. Now the job search begins! I am hoping to stay in the Pacific Northwest as I have realized this past year there is no place like home!

Thank you again so much for your support!

Alicia Gilstrom



“You are educated. Your certification is in your degree. You may think of it as the ticket to the good life. Let me ask you to think of an alternative. Think of it as your ticket to change the world.”

~Tom Brokaw

Yippie!!



AIM High...Reach for the Stars! now has an official ~ and perfect ~ logo, thanks to one of our talented and creative members, **Gena Royal**. Her design captures the essence of the elementary program – excitement, enthusiasm and energy! Thanks, **Gena** – you make us look good!

The *AIM High Team* will meet with staffs at *Greywolf* and *Helen Haller Elementary Schools* in the next few weeks to clarify needs and opportunities at each location. We'll share that information with all SIS members and set up schedules for tutoring/ mentoring/ volunteering to start in early October. Thanks for your continuing support!



Amanda, Elaine & Missy
AIM High Team

NEW YEAR AT MEDICAL LOAN CLOSET

We've started the new year at the MLC with a new schedule and a couple of changes in committee personnel. One of our co-chairs, Jeani Penn, has found it necessary to retire from this position—and one of our newest MLC members, Gena Royal, is taking that position. We'll miss Jeani's leadership and presence, and look forward to working with Gena. She has just finished her first week working at the closet and Janet Real has had training and will soon serve her first week. We welcome Marti home from her travels abroad and locally, and are putting her back to work at MLC.

Here's what Gena has to say about her week ~ssb



"The vision must be followed by the venture. It is not enough to stare up the steps—we must step up the stairs." ~Vance Havner

Hi SISTers,

For a week this month, I had the pleasure of serving the Medical Loan Closet. Being a new member to SIS, I really had no idea what was required for MLC service, but I love helping people. During the week, I received about two dozen calls, arranged to meet folks who needed to check out equipment, return equipment, and logged items in and out—but the best part was the relief and gratitude from the folks we help.

My favorite for the week was the mom whose 11 year old son had broken his ankle and was looking at heading into the new school year on crutches. According to her, he was far too clumsy to manage on crutches and far too self-conscious to use a wheelchair. MLC to the rescue with the perfect solution...a knee scooter! Now he can be safe, mobile, and cool.

It was a great experience, and I'm looking forward to my next MLC shift.

Gena Royal



A TEA PARTY

The Mad Hatter Tea fundraiser for support of Breast Cancer Awareness and Prevention will be held October 9, 2015 at the Sunland Country Club. Our club has a table for eight reserved for our members. Kate Creasey, who is providing the centerpieces for the tables again this year, is organizing the sign up for our table. Seven of the eight spaces have been filled and we would love to have one more join us. Cost is \$30.00. Checks can be made out to Mad Hatters and sent to Kate. Please email Kate if you want to be added to the list at kcreasey54@gmail.com.

~Kate Creasey



Centerpieces by Kate Creasey

A FUN WALK



The Dungeness Valley Health and Wellness Clinic, Sequim's only free health clinic, has invited us (Soroptimist Flower Power team) to participate in this year's annual Fun Walk. Please plan to attend the Wellness Fair and walk with the Flower Power team on Saturday, September 12, 2015. We'll meet at Trinity United Methodist Church at 8:30 a.m. The 1 mile or 5 mile walk begins at 9:00 a.m. If you are bringing your dog, plan to stay outside with him/her and send someone in to sign in for you.

NOTE: There will be sign-up sheets at the business meeting, September 8, for the Mad Hatter's Tea Party and the Dungeness Health and Wellness Clinic Fun Walk. Money for these events—\$10 for the Walk/ \$30 for Mad Hatters—will be collected at the September 8 meeting. We are close to having a full table at Mad Hatter's already, so maybe we can get enough for two tables.

~Sandy Lawrence



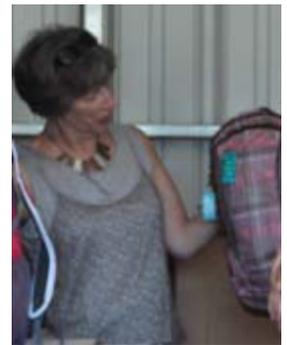
BACK TO SCHOOL WITH THANKS

On August 22, ten Soroptimist and a friend gathered at All Safe Storage to break an all-time record. School supplies were organized on tables, boxes were open and backpacks were ready to be filled with required items. Everyone was eager to participate and we were fired up as if a starting pistol had just been fired. Passing the packs to each person seemed to be the easiest and fastest as we had specific items to add for each grade level. The school provides the list or what is required; over the summer there are generous donors who shop for sales and pick up almost everything needed. With the money received, Carol Pope will bargain for scientific calculators and larger backpacks. Carol has served in a variety of positions over the years for The North Olympic Foster Parent Association. Soroptimist partnered with them over ten years ago as one of our former members (also a foster parent) identified the opportunity for us to improve the lives of these children. We have supported a variety of the events that focused on everything from serving a holiday dinner to providing clothing for A Spring Fling.

Prior to the packing, I received a box of fantastic supplies from Rose Jaeger. She has supported the foster children for a long time; it was so delightful to have her help again this year. I know that other members took packages directly to Carol and I am so very grateful for your generosity. Jeanne Martin gave me \$50.00 to spend; I was able to stretch that money at Office Depot and actually saved \$129.00 on all the purchased items. The coupons and getting supplies for a penny added up when you spent more than \$5.95. You just gotta love a bargain!

As I saw the members and a friend of Kris's gather 'round the table on Saturday, it made me think of Thanksgiving. We were all gathered for a purpose and I am more than thankful for all the help/support provided that feeds the souls/minds of the children. My life is enriched by our members and I send a special heartfelt thank you to: Amanda Beitzel, Kate Creasey, Linda Klinefelter, Jane Manzer, Kris Osborn (and her friend Stephanie), Kathy Purcell, Ann Salmon, Dorothy Ward and Pat Willis.

Colleen Blazier, Kids Kloset Chair



A Thank You from the Kids



MUJERES DE MAIZ UPDATE

Hello, Soroptimist Sisters,

The trip to Chiapas went well, and Linda accomplished a lot. Eleven girls and women received eye exams and glasses were prescribed as needed. Workshops included a powerful one dealing with “femicide” and strategies for staying safe in a society that does not value women—and indigenous women even less. Linda visited the Zinacantan Children’s Program and was impressed once again by the scholarship girl and her mother who are running it. Linda also visited the adult literacy program and reported that the students are progressing and by the end of the year all but three will have completed requirements for their primary education certificate. Most will continue their studies at the secondary level.

Thanks once again for the donation of toothbrushes and floss.

More information on all this and more will be in our annual October newsletter, coming out in October. If you are not on the Mujeres’ mailing list, and would like to receive our newsletter, please send an email with your name and snailmail address to mujeres@olypen.com; if you prefer to receive the newsletter via email, we can do that, too.

Thank you all again for walking this path with us.

Judith Pasco
Board Chair, Mujeres de Maiz
Opportunity Foundation
www.MujeresDeMaizOF.org
mujeres@olypen.com



“Responsibility educates.” ~Wendell Phillips



At the Optometrist



Carmen distributing the toothbrushes



SAVE THE DATE

*Mujeres de Maiz Opportunity Foundation presents
10th Annual Dia de Muertos
(Day of the Dead Celebration)
Mexican Vegetarian Dinner and Auction
Saturday, October 24, 2015*

PROGRAMS

Welcome to another great year of service, fellowship and fun!

“You can increase your brain power three to fivefold simply by laughing and having fun before working on a problem.” ~*Doug Hall*

This year’s program committee consists of six interesting and energetic members:

Marti Campbell, Jenni Dix, Mayme Faulk, Cindy Rhodes, Janet Wicker—and welcoming back Rose Jaeger. As President-elect, I have the privilege of chairing this committee for the next year.

The committee is looking forward to presenting informative, stimulating, entertaining and thought-provoking programs.

Our first program will be featuring our own Janet Popelka. She is involved with the Search Institute. This Institute has identified 40 building blocks of healthy development—known as Developmental Assets—that help young children grow-up healthy, caring, and responsible. Janet will present an overview of these assets which may guide us as we continue to develop our A.I.M. High program.

We are looking for interesting ideas for our programs this year. We still have some slots open. Please call me or any of our committee members. The best number to reach me is at my Spa number (360) 683-4363; it rolls over to my cell and answers at all hours.

Thank you for the opportunity to serve.
Kathryn Pacelli, Programs Chair



“Fellowship is a place of grace, where mistakes aren’t rubbed in but rubbed out. Fellowship happens when mercy wins over justice.” ~*Rick Warren*

IS IT “OUT OF STYLE” OR IS IT “IN STYLE?”

Hidden in the back of your closet are probably clothes and jackets gone by. Believe it or not, what you think is “out of style” might be back “in style” or someone else’s style. If you, your hubby and/or kids have items that don’t fit your style and they are in good condition, don’t discard them. Donating those “out of style” items can put dollars in the Soroptimist treasury. Call Linda Klinefelter (360-460-5522) and arrange to bring the items to one of our meetings and they soon will be on the racks at Lucky Star for some “lucky” person.

~Linda Klinefelter, Lucky Star Chair



GALA GIFT SHOW

Gala Gift Show has a full core committee which will meet on September 23 at the Gathering Place in Sunland at 8:30 am. The vendor space is 65% subscribed. Suggestions for additional vendors from the membership are welcome. Our cafe will return this year, as requested, particularly by the vendors. We will be expanding into the game room at the Boys & Girls Club and are adding a raffle to raise more funds. The Bake Sale, a money maker, will continue, as will as Mr. & Mrs. Claus. One of the raffle items will be a breakfast or lunch with the Clauses.

~Amanda Beitzel, Gala Gift Show Co-Chair



GARDEN SHOW NEWS



#1 – We have a couple of openings on the Garden Show Core Committee:

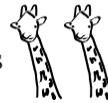
Co-Chair Vendor Recruitment –We are seeking an enthusiastic volunteer to work with Jenni Dix as Vendor Co-Chair. This is our **#ONE priority** as vendor solicitation is about to get underway. Jenni is ready to handle all of the electronic contact with the vendors, and we need someone willing to collect the incoming paperwork, keep an ongoing list of paid vendors, and make follow-up phone calls. If this sounds like something you can handle, PLEASE let us know ASAP; or contact Jan, Elaine or Jenni if you're interested, but have a question or two.

We are still seeking an Art Coordinator for the 2017 Garden Show – if you are so inspired, let us know. Cindy just provided a detailed job description we'd love to share with you if interested!

#2 - GREAT NEWS!! We have selected our beautiful artwork! The artist is Denise Ericson from Port Angeles. The chosen piece is going to be the perfect representation for our show and will be revealed during our first meeting in September. We know you will LOVE it!!

#3 – AND MORE GREAT NEWS! We already have \$800 in sponsorship donations! Great job Shelle & Colleen. They will be asking for help with some phone calls at the September business meetings; please consider lending a hand!

~Jan Chapman & Elaine Churchill, 2016 Gala Garden Show Co-Chairs



*“If you say to one flower,
'Grow,' but you water another,
the first one won't grow.”
~Stephen Covey*

SEESVILLE—A CHOCOLATE DELIGHT



You heard about the town of Whoville, but do you know about the town called Seesville?

Located in a sleepy valley, it is home to the Soroptimites, a group of ladies who appreciate good chocolate. The Soroptimites are led by a lady known as Baroness Von Meister Hutter. The Baroness is choosy in her selection of chocolates—but once she finds the perfect confection, she sends out a whoop and holler that can be heard all over Seesville. These fine morsels that melt so delicately in your mouth are placed in the finest shops in Seesville! The combination of fruit, nuts, sugar and chocolate are waiting for residents to enjoy. They recognize what the Baroness and the lovely Soroptimite ladies know. Seesville sells the finest See's chocolates.

To get to the serious side of See's Candy. Sandy Hutter and the See's committee met to discuss sales, product and the procurement of another shop—in addition to Heather Creek—that will sell candy. Sandy has spent the summer arranging for the sale of candy with Greywolf Elementary, The Boys and Girls Club (Sequim) and a hopeful sale of candy to Ruddell Auto. In addition, a new business in Port Angeles is opening its doors and it would like to sell See's. Out of courtesy, Sandy has spoken to the two club Presidents in Port Angeles, and they were extremely supportive of our selling candy in Port Angeles. The See's committee also will be selling candy in November and December at various places, including the Gala Gift Show. Check with Sandy as to dates and times; if you can lend a hand at a sale, it would be appreciated.

~Linda Klinefelter for See's Candies



*“There's nothing better than a good friend, except
a good friend with chocolate.” ~Linda Grayson*

CLUB HISTORY

Snapshot 1974-75

Forty years ago, SI Sequim resembled today's club with some differences. The scrapbook from that year offers the following Girls of the Month: Lori Verstegen, Debbie Thie, Ellen A. Binns, Diane de Ryss, Patti McDaniel, and Kerri Pearson. Marva Dryke, Helen Adams. The last three were, in order, Irrigation Festival Queen and Princesses. Some of these names may be familiar to current Club members

The Club received a Certificate of Appreciation from the Sequim-Dungeness Valley Chamber of Commerce sent to Ella Frick "For a job well done as Parade Luncheon Chairman." The Club also sponsored Kris Kirsch, a high school junior, as a delegate to Girls State in Ellensburg. Club member Helen Haller was 1974 director of the American Legion Auxiliary Girls State program and had attended every annual meeting since 1956.

The Leisure Hour Club, started by SI Sequim and the St. Luke's Guild, held a birthday party celebrating its founding in March, 1958. Sally Sue Barry was a guest that day.

In Portland, SI of the Americas presented SI Sequim with a "Certificate of Recognition" as one of 150 clubs chosen for the "That's Who" award given to a club that "makes our organization go—the involved, the versatile, the well-rounded club of doers." Accompanying the award was a "That's Who" patch, featuring an owl, for the Club banner.

The foregoing activities are more like those of today than not, but the list of committees has some surprises. There were 24 of them, spread among a total of 28 members: Aid to Girls, Welfare & Charity, Book Nook, Birthdays, Citizenship & Scholarship, Historian, Classification & Membership, Constitution & By-laws, Education in Soroptimism, Girl of the Month, Finance, Furniture, Grievance, Hospitality, Scrapbook, IGU, Nominating Committee, Public Affairs, Service Objectives (Entire Club), Youth Projects, Telephone, Soroptimist Park, Program, Women Helping Women, and Parliamentarian.

There is one mystery note in the scrapbook. Someone used a felt pen to make a thank-you note with a smiley faced flower. It reads "Thank You for our beautiful new rug!" and is signed "Ms. Todd," followed by the signatures of six children whose names were LaLandere, Carlson, Cooper, Wood, Francis, and Gordon. Most of the children later attended Sequim High School but not in the same class. Who became the proud possessor of the rug?

~Pat Willis, Club History



"I can only note that the past is beautiful because one never realises an emotion at the time. It expands later, and thus we don't have complete emotions about the present, only about the past." ~Virginia Woolf



LIKING US ON FACEBOOK

Our club has three Facebook sites: Soroptimist International of Sequim, Soroptimist Gala Garden Show and Soroptimist Gala Gift Show. In this age of social media we believe we have the potential to utilize this venue even more than we are now. Once a member has “Liked” a page any posts that are made by that page will appear in that person’s “News Feed.”



You may ask, “so what?” Well first of all it will keep you up to date on what is happening with the club—which is really great. But it also provides opportunities for you to then “share” that post with your friends, and them to share with their friends—and so on. This way, what we are doing as a club gets spread around—A LOT! This is what your Public Awareness Committee wants to accomplish.

So, if you are a facebook user just visit the links:

<https://www.facebook.com/pages/Soroptimist-International-of-Sequim/158833864161265?fref=ts>

<https://www.facebook.com/pages/Soroptimist-Gala-Garden-Show/113247612110367>

<https://www.facebook.com/pages/Soroptimist-Gala-Gift-Show/401452009908943?fref=ts>

When an event is shared via the organization because of your “Like” on your page, you can then share the event through the following manner.

- Share Now (Public)—*the event will just be shared to your friends.*
- Share—*allows for you to place a comment on the heading of event—this comment will now be shared with your friends when you post.*
- Send as a message—*this allows for you to send this via the personal message system through Facebook.*

Once you’re on that page look below the header and on the right there will be a box marked Like. Click on it and you’ve now liked that page. The box right next to it says “Following” and it has a drop down box. Open it and there is an option to have any posts from that page appear at the top of your newsfeed whenever you go there. This is optional but it makes getting the latest from your club really easy, no having to scroll through to find the posts. You can do this for all three pages and we encourage you to do so, but if you don’t like that idea then at least consider signing up for the club page.

Now, you’re a Facebook user and you’ve liked our three sites and you’re wondering how things get posted. If you have something you would like to see posted just forward it to Barb Thompson at barbt2@hotmail.com and she will get it posted. We thank Barb for being our Facebook guru.

Let’s let Sequim know that Soroptimist International of Sequim is a positive force doing great things for women and girls in our community!

~Kate Creasey, for Public Awareness



“Communication is a skill that you can learn. It’s like riding a bicycle or typing. If you’re willing to work at it, you can rapidly improve the quality of every part of your life.” ~Brian Tracy



START Meeting



September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 BOARD MEETING	5
6	7	8 Business Meeting	9	10	11	12  Clinic Fun Walk
13 Sandy Hutter 	14 Paulette Hill 	15	16	17	18	19  S·E·Q·U·I·M FARMERS MARKET
20	21 Pat Willis 	22 Program Meeting	23 Sally Sue Barry Fall Begins  	24	25	26
27 Gail Watson Super Lunar Eclipse of Harvest Moon 	28	29	30			

October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>OCTOBER IS BREAST CANCER AWARENESS MONTH</p>		 <p>OCTOBER NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH</p>		1	2	3
4	5	6	7	8	9 BOARD MEETING District 1 Meeting Shelton, WA 	10 District 1 Meeting Shelton, WA 
11 District 1 Meeting Shelton, WA 	12	13 Business Meeting	14	15	16	17
18	19	20 Jeanie Blaurock 	21	22	23	24 Jeani Penn 
25	26 Shelle Paulbitski 	27 Program Meeting	28	29	30	31 

Life Is

by Mother Teresa

Life is an opportunity, benefit from it.
Life is beauty, admire it.
Life is a dream, realize it.
Life is a challenge, meet it.
Life is a duty, complete it.
Life is a game, play it.
Life is a promise, fulfill it.
Life is sorrow, overcome it.
Life is a song, sing it.
Life is a struggle, accept it.
Life is a tragedy, confront it.
Life is an adventure, dare it.
Life is luck, make it.
Life is too precious, do not destroy it.
Life is life, fight for it.



Soroptimist International of Sequim
P.O. Box 126
Sequim, WA 98382

SOROPTIMIST

Best for Women

*improving the lives of women and
girls in local communities and
throughout the world.*

To A Woman Making A Difference For Women