

**Officers 2016 - 2017**

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**President-Elect:**

Gena Royal

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Kathy Cunha

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(one year remaining)**

Amala Kuster

**Director: 2 year**

Gloria Fitzpatrick

**Director: 1 year**

Sandy Hutter

**Director: 1 year**

Elaine Churchill

**Past President:**

Jane Manzer

**Newsletter Staff:**

Kathy Purcell  
Sally Sue Barry  
Pat Willis

**“You can give  
without loving,  
but you can never  
love without giving.”  
~Author Unknown**

**A Day of Giving and Love from Soroptimist Sequim to Our Community**



**Boys & Girls Club**



**Helen Haller Elementary**



**Greywolf Elementary**



**Healthy Families**

I can't think of a better job than to deliver checks filled with love and appreciation to our committed funds recipients. While we weren't able to get pictures of everyone, all our checks were heartedly accepted and appreciated.

Our first stop was the Boys and Girls Club. Mary Budke was “over the moon” with our \$1000.00 donation. She was enjoying a break from the kids who were still in school and were due to arrive any minute. She said 300 children would be running off the buses into the club laughing and joking as usual.

Our next stop was the Helen Haller Elementary School. A nice lady named Becca took us back to the Library to meet the Librarian. She was absolutely thrilled with our \$500 check for books.

We stopped at Peninsula Behavioral Health; our anonymous donor wanted to give them \$500 through us. They were very excited and wanted to put it towards the children's therapy program.

Greywolf Elementary was our next stop, and Reading Specialist Kristen Chatters came to the office and enthusiastically accepted our \$500.00 check also for books.

We headed to Port Angeles and the Healthy Families of Clallam County office. They were surprised and very happy that we hand-carried this great gift. The office manager took the picture with me. We gave them \$1000.00.

Our last stop was the Dungeness Valley Health and Wellness Clinic. The receptionist accepted the \$700.00 and said they could really use the money. She said she would pass it along to the manager.

I want to express my heartfelt thank you to all of you who worked hard to provide these monetary gifts to these exceptional recipients.

This was the best day, EVER.  
All my best to you,  
Kathryn Pacelli, President 2016-17



## Letter from the Editor

Dear Friends,

It's February—the second month of the calendar year. It's the first full month of the Season for Nonviolence. It begins January 30—the anniversary of Mahatma Gandhi's assassination, and ends April 4—the anniversary of Martin Luther King, Jr.'s assassination. Why do we have this season? The purpose of it is to focus attention on attaining peace through nonviolent action. Most people would give a thumbs-up to this. We recognize the index and middle fingers held up give us a peace sign. This handy symbol also represent the number two.

I was thinking about the number two. Why? Perhaps because February is month two—or because two year-olds are always asking questions—mostly why. I have my own two year-old—a dog named Blue. He might not be two by the time you read this; he will be turning three the day before Valentine's Day. We adopted Blue eight months ago. He went thru some of the two year-old questioning. I remember the first time we had him at the office and he brushed up against the handle of a filing cabinet. He stopped, sniffed it intently and had a look on his face as if to ask what's *that!* He quickly got a handle on it. Over the days, weeks and months Blue has had a lot of what's *that* looks as he's discovered new things.

Speaking about *that* and new things, I learned something new from Gene Bradbury—by way of Jane Manzer. What's *that*, you might ask. I wrote an article about our club to be published in the *Sequim Gazette* insert for the Garden Show. I sent it to Jane to review. She made some suggested changes, including removing the word *that* in a couple of places. She said she had attended the club's A.I.M. High sponsored Writer's Workshop presented by writer Gene Bradbury and he says *that* is overused and unnecessary almost all of the time. I thought this was awesome! Jane learned something from Gene—and now I learned it from Jane. It is a good example of how sometimes we are students, and other times we are teachers. What we learn doesn't just stay with us—it goes forward.

We are about to go forward into finding officers and directors for next year's board. Two of the three-member Nominating Committee are in place; President Kathryn Pacelli chose Elaine Bradford to chair the committee, and Sandy Hutter volunteered to be the member from the current board. A volunteer from the membership will be added at our February business meeting. Being on the board provides opportunities to learn more about the *this-and-that* of our club—and about ourselves. If the committee calls on you, please consider serving. Perhaps this is your season to step forward.

As we step through the Season for Nonviolence, let us keep peace and love in our hearts and minds. Some people equate violence with physical harm, but our thoughts and words can cause hurt too. If we have a thought that in any way feels uncomfortable to us, it probably isn't peaceful. We have the freedom to change it and choose peace.

Back in 1998 some principles for nonviolence were adapted—see page 11. It offers us 64 Ways in 64 Days—the length of the Season for Nonviolence. I was thinking about 64. In the last newsletter I mentioned we were sure to have a year of perfect 10s. Well, if you add  $6 + 4$  the total is 10. Isn't *that* perfect! The only thing more perfect is us continuing to season every day with peace.

Light and Love,  
Kathy Purcell, Editor



**“What I want in my life is compassion, a flow between myself and others based on a mutual giving from the heart.” ~Marshall B. Rosenberg**

## CALENDAR

### FEBRUARY

- 10 Board Meeting
- 14 Business Meeting (GOM Jan & Feb)
- 28 Program Meeting (GOM Jan & Feb)

### MARCH

- 10 Board Meeting
- 14 Business Meeting
- 18-19 GARDEN SHOW
- \*28 Potluck Dinner

### \*Evening Meeting



**“Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our being.”**

**~Mahatma Gandhi**



**“Love is the only force capable of transforming an enemy into a friend.” ~Martin Luther King, Jr.**

# Celebrate Life!

## FEBRUARY

- 2 Becky Archer
- 2 Cindy Rhodes
- 11 Missy Church-Smith
- 12 Su Howat
- 17 Joan Miller
- 22 Jan Chapman
- 25 Maureen Gebbia

## MARCH

- 21 Laura Rundle
- 24 Susan Meches
- 28 Kathryn Pacelli



Note the phone number for our  
MEDICAL LOAN CLOSET

**504-0231**



"In family life, love is the oil that eases friction, the cement that binds closer together, and the music that brings harmony."  
~Eva Burrows

## Area Meeting in Forks February 25th

SI Olympic Rain Forest is hosting our 2017 area meeting, which brings the nine clubs on the Olympic Peninsula together. February 25th and the meeting is scheduled for 9am to 2pm, with lunch included in the registration fee. The meeting will be held at the Rainforest Arts Center, which was updated and reopened in 2015 and is reportedly a beautiful venue.

The Forks club has chosen Days for Girls International as the charity they wish to support at this meeting, so each club will be bringing items for one "Weekend Get-Away" themed raffle basket. Deborah Carlson forwarded some great ideas, so our club is donating a French press coffeemaker, a pound of Rainshadow Coffee, and a *Boys in the Boat* book. I advised the Forks club President what we would be donating and she was pleased.

As of this writing, there are 12 members signed up and making the trip to Forks. We look forward to a day of networking and socializing and will provide a report for the next *Soropti-Scoop*.

Jane Manzer  
Area Representative



"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve.... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love." ~Martin Luther King, Jr.

## SOROPTIMIST MEETING DATES TO REMEMBER



Peninsula Area Meeting  
February 25, 2017  
SI of the Olympic Rain Forest



NWR Conference  
Vancouver, WA  
Hilton Vancouver  
April 27-30, 2017



## A.I.M. High - Reach for the Stars - Soroptimist Program for Elementary & Middle School Girls



Four 4th and 5th grade book clubs continue this spring in both elementary schools. Thank you to Elaine Churchill, Judy Field, Gloria Fitzpatrick, and Sandy Lawrence, who are dedicating their time and efforts to encourage a love of books and reading.

Have you ever thought about writing a book or short story? Ten Greywolf Elementary School girls are doing just that in a Writer's Workshop sponsored by our club. Gene Bradbury, a local author of children's books, skillfully guides the children through a step-by-step process. Each girl reads her story to the others. Gene encourages them to give positive praise and constructive critiques for each other's work. He says to the girls, *"Always remember when your story is critiqued: It is your story. Take what is helpful. Leave what is not."*

Gene's comments: *"What a delightful group of young ladies gather each Tuesday for the writer's workshop at Greywolf Elementary. I've been impressed with their imaginations and willingness to learn. Each student brings a unique interest to share with the other nine girls. Do we have a future J. K. Rowling or Francis Hodgson Burnett in the class? It's a little early to say, but that these young people are interested in writing at an early age sends a positive note."*

*"One of the difficult tasks today is to maintain a good reading level among young people. A common question asked in a writer's workshop is: "How do I become a writer?" My answer begins with READ, READ, READ. You cannot be a good writer unless you are a good reader. The proof positive is in their current writing. Greywolf's librarians and teachers seem to be doing a great job in encouraging children in this area."*

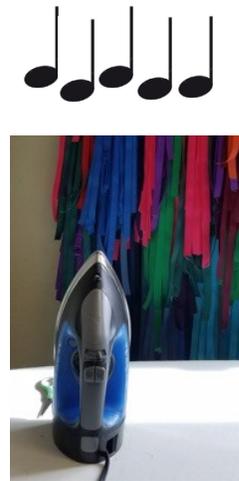
*"I, myself, have benefited from the class. As a writer for children it's always important to be in touch with young people. Soroptimists has given me that opportunity. Thank you."*

We have invited Gene to attend our February 28th Program Meeting. He will speak to us about his experiences and read some of the stories.

### Days for Girls — Hygiene kits for girls in Africa

Please donate wrapped hotel size bars of soap and 100% cotton quilting fabric, no white or pastels, only medium or dark colors, with florals, geometrics, batiks. There will be a basket at the next meeting. Amanda Beitzel, Missy Church-Smith, Sandy Lawrence and Jane Manzer, went to training on February 7. We now know more about volunteer opportunities and how the girls in Sequim Middle School can be involved. Jane will contact the middle school. Amanda will be asking for help making the shields.

~Amanda Beitzel, Elaine Churchill, Missy Church-Smith, Kecia Gilliam, Amala Kuster, Co-Chairs A.I.M. High



# January 5<sup>th</sup> Tuesday—A CHINESE NEW YEAR PARTY

I hope everyone had as much fun at our Chinese New Year party as I did. It was so good to see everyone and to celebrate the Year of the Rooster. We shared great food, played some fun mixer games, and enjoyed one another's company immensely. And by the way, we have some very talented chopsticks handlers in our club. We also heard about the most romantic fortune cookie ever. How would you like to receive a marriage proposal fortune cookie?



Thank you to everyone who helped set up and clean up. It was a blessing. And a special thank you to Deb Carlson who proved to be the Rooster Queen. I was absolutely amazed at the variety of roosters she brought for decorating!

Thanks again. Really looking forward to our next gathering.  
~Gena Royal, Programs Chair



## HONORING WOMEN WARRIORS



Debbie Hunt and Rita Frangione receive a \$1,000 check for Women Warriors from President-elect Gena Royal



## February program meeting:

Our February program meeting will be dedicated to honoring our Live Your Dream recipient and will feature a visit from the Aim High! Writer's Workshop presenter.

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## May 5<sup>th</sup> Tuesday event: ?????????

Our 5<sup>th</sup> Tuesday event in May will be a Murder Mystery Dinner. I'm bringing this up early because it will require some extra planning. I am going to need to know how many of you are interested in participating and to what level you are willing to commit. These are the levels available:

You want to be fully engaged (assigned a major character and willing to dress the part). Not fancy costumes, just an accessory or two that identifies the period, locale, or character trait of your role or you can go full-on Hollywood if you choose. I can provide you with ideas or possibly even wardrobe items. If this is your category, let me know asap as they will be the first roles to be assigned.

You want to be involved but are a little tentative about the whole role playing/dressing up thing.

Your character will be a part of the scenario, dressing up is optional.

You are in the "What the heck is a Mystery Dinner?" category. You can come as yourself, dressed in your usual regalia, and still try to solve the mystery.

So, think about it, ask me questions, and let me know where you think you would fit comfortably into the drama. Be adventurous, it will be fun! As soon as I have an idea of how many players we have, I can begin to prepare our event. It could be pirates, roaring twenties, or Deadwood Gulch...and whoever the culprit is...we will seek you out! The game is afoot!

~Gena Royal, Programs Chair



"Every solution to every problem is simple. It's the distance between the two where the mystery lies." ~*Derek Landy*

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"Educating the mind without educating the heart is no education at all" ~*Aristotle*

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Dear Soroptimist Sisters,

At the beginning of the year Mujeres receives the proposals for new and continuing programs. We were delighted to hear that a new children's program is starting. Our four existing programs focus on primary school children (with priority given to girls) in an attempt to encourage them to stay in school after the 5th grade. Please see our website for more details about what those programs include. ([www.MujeresDeMaizOF.org](http://www.MujeresDeMaizOF.org))

However, the new program, in the community of Huixtan, will be a pre-school experience for about 10 children, to better prepare them for first grade. The lessons will include work with colors, the alphabet, and numbers. The children will meet every Saturday and a meal will be provided.

We are now in our 12th year of supporting education in many forms for the indigenous women and girls in a weaving cooperative in Chiapas, Mexico. We very much value your continuing support.

Judith Pasco, Board Chair, Mujeres de Maiz Opportunity Foundation



## 2017 GALA GARDEN SHOW NEWS

We are nearing the end of the planning stage for the 2017 Gala Garden Show. Our Core Committee has already put in many, many hours in preparation and we appreciate their time and efforts. We're ALMOST ready, Ladies.



Here are some of the milestones we have met:

- Marketing has all the requested material into *The Sequim Gazette* for the newspaper insert
- Radio announcements have been recorded and talk show appearances have been scheduled
- The Cafe Committee has finalized the menu
- Sponsorship dollars are rolling in
- Vendors spaces are almost all sold
- Magnetic car signs and yard signs will be handed out at the next club meeting

The next Core Committee meeting will be Feb. 20th, 8:15, at the Gathering Place, where we will put the final touches on the planning and preparations for SHOW TIME!

~Jan Chapman and Elaine Churchill, Gala Garden Show Co-Chairs



“Love is like a beautiful flower which I may not touch, but whose fragrance makes the garden a place of delight just the same.” ~*Helen Keller*



# Soroptimist

## [suh-rop-tuh-mist]

**noun.** A global volunteer network of women working to improve the lives of women and girls.

*Best for women.* What the organization strives to be—women at our best, helping other women to be *their* best.

## WHO AM I? TEN FUN FACTS

### Director Amala Kuster

1. I've been know by 5 different first names.
  2. I have a Kashmiri "son" and 2 "grandsons."
  3. I used to teach Tai Chi.
  4. I used to teach Tantra.
  5. I studied with a Mayan priest.
  6. I studied with a Tantric yogi.
  7. I was present at a Hindu cremation.
  8. I was one of two women in Los Angeles certified in Risk Management. The other 98 were men.
  9. My parents told me we were German, but my DNA says I am over 50% Irish and English Isles.
  10. I used to do synchronized swimming in high school.
- 

### Member Jeanne Martin

1. My first name is "Donna", named after my father Donald as the first-born child. My brothers are Jack and Joe so you can easily see that "Jeanne, Jack and Joe" is easier.
  1. I was born in Indiana, and I have been convinced since the third grade that I was born in the wrong place.
  2. I enjoy travel. So far I have visited 31 states and 20 countries.
  3. I moved to Sequim on May 14, 1995 during the 100<sup>th</sup> Sequim Irrigation Festival Parade
  4. I am part of 5 women friends who met in 1975. We live in different parts of the country now, so since 2001 we have gathered annually in a city and enjoyed our time together.
  5. I love novelty sox and have at least 50 pairs, many with cats
  6. I love cats (and dogs too). Our two current cats are Carlos and Crystal.
  7. I have two brothers and no sisters which is why I need Soroptimist for the sisterhood.
  8. I consider myself to be most like a Tortoise. I'm slow and steady but sometimes things take a long time to complete
  9. I'm practically a twin to our SI/Sequim Club. The Club was founded May 2, 1947 and I was born on May 4, 1947.
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**“There are many types of participation. One can observe so intensely that one becomes part of the action, but without being an active participant.” ~Jerzy Kosinski**

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## PUBLIC AWARENESS

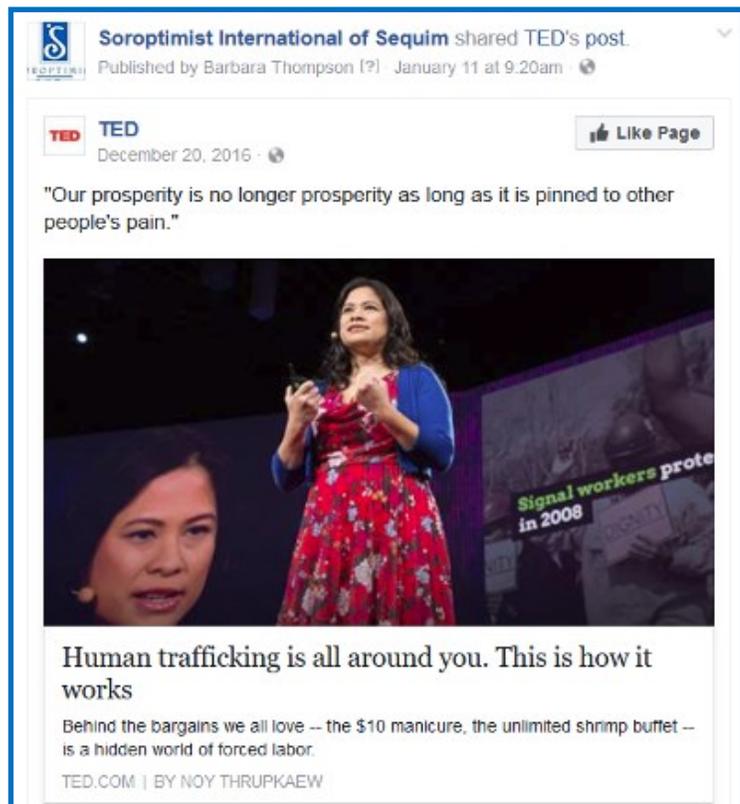
### SIS Facebook Page

You can “follow” SIS on Facebook - please find us and “like” & “follow” the page, for news of interest to our interests and concerns.

Our Facebook page came back to life when Jane Manzer, past president, asked me to revamp it. She liked the social concerns posts she saw on my personal Facebook page, and wanted me to share some with the club. As some of you know—as our dear *Soropti-Scoop* editor knows ALL too well—I am SO not a techy person; truth be told I am kind of a dinosaur. When my last kid left for college, I was like, “Dang, there goes my tech support!” I joined Facebook originally to keep in touch with my far-flung friends, and it’s great for that—but many groups and businesses utilize it as well, and it’s a nice platform to share news/ activities etc. I knew zero about being an administrator of such a page—and am still somewhat inept, but with Kathy’s help, as well as help from Linda Klinefelter and Elaine Bradford, we try to make the page relevant and interesting.

Now under the umbrella of the Public Awareness Committee, we would love to hear from you regarding the club’s Facebook page. What would you like to see more of? Less of? How can we make it more useful and helpful to you? Contact any of us, with questions, comments and suggestions—this is YOUR Facebook page! And, if you’re not Facebook savvy but would like to follow us, contact any of us and we will walk you through accessing it and participating. AHHH! Participation! If you like a post you see, please “like” it, or otherwise “react.” Please also feel free to leave a “comment” under the post—a good way to exchange ideas and perspectives. We want to hear from members!

Barbara Thompson  
Administrator  
SIS Facebook Page



“Communication leads to community, that is, to understanding, intimacy and mutual valuing.” ~*Rollo May*

## EXPRESSIONS OF GRATITUDE

I am not really sure how to say Thank You for your kindness and generosity. Eight months ago my children and I fled an abusive situation and it has been one of the most trying times of our lives. This holiday was brightened because of you and we would like to say thank you from the bottom of our hearts. William was so excited to get his tents, he wanted to go camping in the snow right away! Andrea almost cried when she got a prisma color set and I could not be happier to have our family tradition intact, our risk game was so much fun. After all we endured this year we will never forget your kindness towards our family.

Thank You,  
Rachell, Andrea and William

“Love is the condition in which the happiness of another person is essential to your own.”  
~Robert Heinlein

Dear Christmas Joy Angels,  
Thank you from the bottom of our hearts for the wonderful gifts you blessed our family with. You made our Christmas! Thank you. Winter Rose absolutely loved the Ariel bath doll! Her eyes lit up bright the moment she saw Ariel. She loved the shiny shoes and glittery top. David could not believe that he got a Seahawks hooded sweatshirt. He says he feels to spoiled wearing it. Everything is the perfect size too. Thank you for the white blanket. I've never felt anything so soft! Truly makes me feel like a princess. My husband is very thankful for the sweater. It will work great for his new job. The games are our absolute favorite! We played both on Christmas night. The kids played Zoot Suit several times. I cannot begin to tell you how grateful and blessed we feel. We will most definitely pay it forward!

Thank you from the bottom of our hearts.  
David, Winter Rose, Rachele and Mike.

A hand-written letter from one of the women we are sponsoring through Women for Women International



WFWI - NIGERIA

Name: Ayuba Djelmun

Gadi

ID#: 440868

Group: Pushit B

Dear Sponsor,

Hello! How are you and your family? I believe all is going on well with you all over there.

My name is Djelmun, I am married with 3 children. I live in Pushit in a place called Makor. My husband is a farmer who cultivates maize and sells especially on market days to earn an income. I am a trader who sells groundnuts.

I joined this program to enable me improve my life and that of my family.

Thank you  
Your Sister  
Djelmun

**A Season for Nonviolence - 64 Ways in 64 Days - Daily Commitments to Live By These principles for nonviolence were adapted by the Denver Area Task Force for: A Season for Nonviolence - January 30-April 4, 1998 Inspired by the 50th & 30th memorial anniversaries of Mahatma Gandhi and Dr. Martin Luther King, Jr.**

- 1 —Today, I will reflect on what peace means to me.
- 2 —Today, I will look at opportunities to be a peacemaker.
- 3 —Today, I will practice nonviolence and respect for Mother Earth by making good use of her resources.
- 4 —Today, I will take time to admire and appreciate nature.
- 5 —Today, I will plant seeds—plants or constructive ideas.
- 6 —Today, I will hold a vision of plenty for all the world's hungry and be open to guidance as to how I can help alleviate some of that hunger.
- 7 —Today, I will acknowledge every human being's fundamental right to justice, equity, and equality.
- 8 —Today, I will appreciate the earth's bounty and all of those who work to make my food available (i.e., grower, trucker, grocery clerk, cook, waitress, etc.)
- 9 —Today, I will work to understand and respect another culture.
- 10 —Today, I will oppose injustice, not people.
- 11 —Today, I will look beyond stereotypes and prejudices.
- 12 —Today, I will choose to be aware of what I talk about and I will refuse to gossip.
- 13 —Today, I will live in the present moment and release the past.
- 14 —Today, I will silently acknowledge all the leaders throughout the world.
- 15 —Today, I will speak with kindness, respect, and patience to every person that I talk with on the telephone.
- 16 —Today, I will affirm my value and worth with positive "self talk" and refuse to put myself down.
- 17 —Today, I will tell the truth and speak honestly from the heart.
- 18 —Today, I will cause a ripple effect of good by an act of kindness toward another.
- 19 —Today, I will choose to use my talents to serve others by volunteering a portion of my time.
- 20 —Today, I will say a blessing for greater understanding whenever I see evidence of crime, vandalism, or graffiti.
- 21 —Today, I will say "No" to ideas or actions that violate me or others.
- 22 —Today, I will turn off anything that portrays or supports violence whether on television, in the movies, or on the Internet.
- 23 —Today, I will greet this day—everyone and everything—with openness and acceptance as if I were encountering them for the first time.
- 24 —Today, I will drive with tolerance and patience.
- 25 —Today, I will constructively channel my anger, frustration, or jealousy into healthy physical activities (i.e., doing sit-ups, picking up trash, taking a walk, etc).
- 26 —Today, I will take time to appreciate the people who provide me with challenges in my life, especially those who make me angry or frustrated.
- 27 —Today, I will talk less and listen more.
- 28 —Today, I will notice the peacefulness in the world around me.
- 29 —Today, I will recognize that my actions directly affect others.
- 30 —Today, I will take time to tell a family member or friend how much they mean to me.
- 31 —Today, I will acknowledge and thank someone for acting kindly.
- 32 —Today, I will send a kind, anonymous message to someone.
- 33 —Today, I will identify something special in everyone I meet.
- 34 —Today, I will discuss ideas about nonviolence with a friend to gain new perspectives.
- 35 —Today, I will practice praise rather than criticism.
- 36 —Today, I will strive to learn from my mistakes.
- 37 —Today, I will tell at least one person they are special and important.
- 38 —Today, I will hold children tenderly in thought and/or action.
- 39 —Today, I will listen without defending and speak without judgment.
- 40 —Today, I will help someone in trouble.
- 41 —Today, I will listen with an open heart to at least one person.
- 42 —Today, I will treat the elderly I encounter with respect and dignity.
- 43 —Today, I will treat the children I encounter with respect and care, knowing that I serve as a model to them.
- 44 —Today, I will see my so-workers in a new light—with understanding and compassion.
- 45 —Today, I will be open to other ways of thinking and acting that are different from my own.
- 46 —Today, I will think of at least three alternate ways I can handle a situation when confronted with conflict.
- 47 —Today, I will work to help others resolve differences.
- 48 —Today, I will express my feeling honestly and nonviolently with respect for myself and others.
- 49 —Today, I will sit down with my family for one meal.
- 50 —Today, I will set an example of a peacemaker by promoting nonviolent responses.
- 51 —Today, I will use no violent language.
- 52 —Today, I will pause for reflection.
- 53 —Today, I will hold no one hostage to the past, seeing each-as I see myself-as a work in process.
- 54 —Today, I will make a conscious effort to smile at someone whom I have held a grudge against in the past.
- 55 —Today, I will practice compassion and forgiveness by apologizing to someone whom I have hurt in the past.
- 56 —Today, I will reflect on whom I need to forgive and take at least one step in that direction.
- 57 —Today, I will forgive myself.
- 58 —Today, I will embrace the spiritual belief of my heart in my own personal and reflective way.
- 59 —Today, I will enlarge my capacity to embrace differences and appreciate the value of every human being.
- 60 —Today, I will be compassionate in my thoughts, words, and actions.
- 61 —Today, I will cultivate my moral strength and courage through education and creative nonviolent action.
- 62 —Today, I will practice compassion and forgiveness for myself and others.
- 63 —Today, I will use my talents to serve others as well as myself.
- 64 —Today, I will serve humanity by dedicating myself to a vision greater than myself.

**A SEASON FOR  
NON VIOLENCE**



**carry the vision**

# February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Becky Archer Cindy Rhodes 	3	4
5	6	7	8	9	10 BOARD MEETING	11 Missy Church-Smith 
12 Su Howat 	13	14 Business Meeting <i>Happy Valentine's Day</i> 	15	16	17 Joan Miller 	18
19	20 Presidents' Day 	21	22 Jan Chapman 	23	24	25 Maureen Gebbia Peninsula Area Meeting Forks, WA 
26	27	28 Program Meeting				

# March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10 BOARD MEETING	11
12 	13	14 Business Meeting	15	16	17 Garden Show Setup	18 Gala Garden Show 
19 Gala Garden Show 	20 	21 Laura Rundle 	22	23	24 Susan Mesches 	25
26	27	28 Kathryn Pacelli Garden Show Potluck 	29	30	31	

## Love and Care Poem by Micron

Try always to be thoughtful and kind  
To be loving is much better I find  
Harsh works do not always work here  
Love speaks to the soul and brings no fear  
Speak gently so others it won't hurt  
And friends never please them dessert  
Be kind to those that tried and failed  
They tried don't need their soul impaled  
Try to be loving, caring, share others' joy  
Even if it's only a simple new toy  
Don't run if you see someone make a mistake  
Forgive as errors we all make  
Allow others their way to find  
Even if the path is steep and does wind  
Try to follow your heart stay loving and mild  
Try to see life as simple as through the eyes of a child  
Try to follow your heart and soul its better by far  
So others in this world we don't mar  
Love and care may seem a tiny thing  
But much good and joy to all it will bring



Photo by Cindy Rhodes



**SOROPTIMIST**  
Best for Women

Soroptimist International of Sequim  
PO Box 126  
Sequim, WA 98382

*improving the lives of women and  
girls through programs leading to  
social and economic empowerment.*

To a Woman Making a Difference for Women