

## Soropti-Scoop

A Communiqué by

women and men dedicated to improving the lives of women and girls through programs leading to social and economic empowerment.

Vol. 22, Issue 8

Soroptimist International of Sequim

**Celebrating 70+ Years of Service** 

February, 2018

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Gena Royal

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Elaine Bradford

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Kathryn Pacelli

#### Newsletter Staff:

Kathy Purcell

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Jane Manzer

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"Could a greater miracle take place than for us to look through each other's eyes for an instant?" ~Henry David Thoreau

#### **Message from the President**

#### Greetings!

Our SIS year is half over! How did that happen so quickly?

It seems as though it has been a whirlwind of activity, and several members have recently asked me how my year as president has been going. Answering has been a challenge, but I most often find myself saying that it is going well but that there are a number of areas where I feel I could be doing better. I think it's kind of like leaning over the edge of the boat half way across the English Channel and asking the swimmer, "and how's it going for you?" So, for this month's *Soropti-Scoop*, I wanted to expand on the answer a little.

It's going GREAT! I am continually amazed with the energy, compassion, and even tenacity with which our members strive to further our goal of improving the lives of women and girls! Event after event, gift after gift, hand-up after hand-up, this group excels in seeing the need and stepping up to fill it.

As my children grew up, they were often involved in musicals, plays, and recitals, and the one constant in all those activities was the heartfelt panic that, out of the chaos of rehearsals and preparations, we weren't prepared adequately. It was ALWAYS a miracle on the big night when everything went like clockwork!

Working with SIS, thankfully, is totally different! Everyone pitches in and does as much as they can. Everyone has a job to do and they actually do it. It is such a wonderful feeling to be able to count on everyone following through. Of course, the reason is that we all have the same passion and vision and want to see it to fruition! What a joy!

So, this is my half year thank you to all of you for making me look good. I hope that I have in some way made your efforts easier and a little more fun. I'm looking forward to the next five months with excitement and hope that you are, also! We do so many wonderful things for and with so many awesome people, I don't want to relax until it's over and we can look down from the mountain top and see it all!

Thanks again. Onward and upward! President Gena



"We are ever on the threshold of new journeys and new discoveries. Can you imagine the excitement of the Wright brothers on the morning of that first flight? The anticipation of Jonas Salk as he analyzed the data that demonstrated a way to prevent polio?" ~Joseph B. Wirthlin

Letter from the Editor

Dear Friends,

It's February—heart health month. When we hear *heart health* we usually think of the organ in our body that pumps blood to all our cells. The blood provides our bodies with the oxygen and nutrients it needs.

We know diet, exercise and sleep all play a role in our heart health. Our hearts beat more than 100,000 times each day. The heart beats without us thinking about it. Most of the time we're not even aware it is happening. However, when our hearts start to race—due to fear, anger, anxiety, or even being love-struck—we usually notice it.

Staying calm is important. Studies suggest angry outbursts can boost the chance of heart attack and stroke. We can bring our heartbeat back to normal by consciously taking several slow deep breaths. It's difficult to feel stress when blood is flowing normally through our bodies. Taking care of our hearts helps us live longer.

The American Heart Association says laughing may be good for our hearts and overall health. Research suggests a good belly laugh can increase our blood flow by 20%. The positive effects of this chuckle can last for 24 hours. How cool is that!

I remember when I was growing up we'd play the ha-ha game. For the game players lie down on their backs so that each player's head rests on another player's stomach. The first person says, "Ha," the second one says, "Ha Ha." Each player adds another "Ha" when it's his/her turn. The object is to say as many "Ha's" as you can without anybody giggling. When your head is bobbing up and down on the stomach of someone who is laughing, you start laughing too—and that becomes contagious. Research suggests laughter can decrease stress hormones, reduce artery inflammation and increase HDL, the good cholesterol. We were playing the game for fun. Who knew it was so good for our hearts?

Heart health is more than the condition of the physical organ. Heart health is also the state of our inner spirit—the passion that makes our hearts laugh. It's the Ah-ha! that feeds our soul. What interests us? What draws us to it?

This month we will be forming a Nominating Committee who will be searching for members to fill the slate for the 2018-2019 club board. If you are asked to be nominated, please think about it. Take several slow deep breaths and look inside. If a board position isn't right for you right now, consider heading up one of the committees. We all play a role. There are many places we can serve where our specific soul food can be found. The club provides nutrients that nurture what is important to us. We have the choice how we exercise our passion. When we live from that urge, we circulate good in our world.

The heart of Soroptimist flows through us. Our participation pumps that spirit throughout the body of our community. I am grateful to be part of the flow, along the Journey to the Mountaintop.

Light and Love, Kathy Purcell, Editor



"It is the ultimate luxury to combine passion and contribution. It's also a very clear path to happiness." ~*Sheryl Sandberg* 

#### **CALENDAR**

#### **FEBRUARY**

- 6 New Member Meet
- \*8 Finance Cmte Mtg
- 9 Board Meeting
- 13 Business Meeting Program Meeting
- \*20 Member Social
- 27 Program Meeting: Live Your Dream Awardee

#### **MARCH**

- 8 Finance Cmte Mtg
- 9 Board Meeting
- 13 Business Meeting
- 17-18 Gala Garden Show
  - \*27 Potluck Celebration



\*Evening Meeting

"Passion is energy. Feel the power that comes from focusing on what excites you." ~*Oprah Winfrey* 



"Love is of all passions the strongest, for it attacks simultaneously the head, the heart and the senses." 
~Lao Tzu

### Celebrate Life!

#### **FEBRUARY**

- 2 Becky Archer
- 2 Cindy Rhodes
- 11 Missy Church-Smith
- 12 Su Howat
- 15 Theresa Alcayaga
- 17 Joan Miller
- 22 Jan Chapman
- 25 Maureen Gebbia

#### **MARCH**

- 3 Susan Kalmar
- 21 Laura Rundle
- 24 Susan Mesches
- 28 Kathryn Pacelli



Note the phone number for our MEDICAL LOAN CLOSET

504-0231





#### PROGRAMS PAST AND FUTURE

The program meeting in January was fortunate to have three very informative speakers. First, Judith Pasco of Mujeres de Maiz Opportunity Foundation and Karen Rogers and Bruce Skinner of the Olympic Medical Foundation.

Our February program meeting will welcome our two Live Your Dream Award winners **Rylie Booth Roberts** and **Shaelee Evans**, two remarkable ladies with dreams and goals worthy of our support.

~Elaine Bradford, Programs Chair





Join us in Port Angeles for fun and friendship where the mountains meet the sea!

Soroptimist Olympic Peninsula Area Meeting Saturday, February 24, 2018

 $9{:}00$  a.m. to  $2{:}00$  p.m. / \$20 At the Port Angeles Senior Center, 328 East  $7^{th}$  Street

#### SOROPTIMIST MEETING DATES TO REMEMBER



**Area Meeting**Port Angeles Senior Center
February 24, 2018



**NWR Conference** Coeur d'Alene, ID Coeur d'Alene Resort April 20–22, 2018



**45th Biennial SIA Convention** Yokohama, Japan July 30–August 2, 2018

#### YOUTH COMMUNITY SERVICE AWARDS

Co-winners **Brittany Jensen** and **Ruth Lopez\*** exemplify the ideal of service and honor the memory of Violet Richardson, the Soroptimist founder and first President.

**Brittany**, a senior at Sequim High School, won \$250 for her long term commitment to Special Olympics and MOSAIC. Clallam County Orcas, a chapter of Special Olympics of Washington, also received a check for \$250. Brittany plans to attend Bellingham Technical College, training to become a surgical technician.

**Ruth Lopez** is a high school senior and was awarded \$250 in appreciation for her work as an animal socializer at Olympic Peninsula Humane Society, which also received a \$250 check. Ruth hopes to attend Washington State College and major in elementary education.

\*Both girls were born on the same day: May 1, 2000!

~Judy Field, Awards & Scholarships Committee





**Brittany Jensen** 



**Ruth Lopez** 

#### SCHOLARSHIP NOTEBOOK REVIEW

In April the club will be reading the Sequim High School scholarship notebooks. This is a fun night of food and drink, then we get down to work. All are welcome and enthusiastically encouraged to come! Last year we read 80 notebooks with only eight members—WAY TOO FEW READERS!! These scholarships are how we spend a good chunk of the money we work so hard to raise during the year. Please come and be a part of selecting who receives our awards. Their notebooks are amazing, their stories inspiring. We look forward to seeing you at the Notebook Reading Night!!

~Deb Carlson, Awards and Scholarship Chair



#### A.I.M. HIGH—HEART KIDS RAG DOLLS



Elaine Churchill and Amanda Beitzel have resurrected the community service project **Heart Kids Rag Dolls**. The last time we did this project was two years ago for the **A.I.M. High, Reach for the Stars** program at the elementary level. This spring we will be at the Sequim Middle School. The purpose is to foster a love of community service in young girls.

The girls were thrilled to make something for kids in need and wrote heartfelt messages of support to accompany the dolls. This time the dolls will be donated to the Boys & Girls Club's Comfort Closet.

We need help for about an hour or so after school. If you can thread a needle and tie a knot, you can help the girls with this project. The girls will be doing the sewing. We will supervise and answer questions. Please email Amanda Beitzel (amandabzl@olympus.net)

to help. If you can help on only one day of the three, that is great.

Date—March 27th (Tues.), 28th (Wed.), and 29th (Thus.) Time—about 3pm to 4pm Location—Sequim Middle School

~Amanda Beitzel

"They were using the dolls to project their dreams of their own futures as adult women." ~ Ruth Handler

#### **TEA TIME IN MAY**

Mark your calendars for the next **Tea With SHE**, **May 15**, **2018**, **12** p.m. - **1:30** p.m. at **Trinity United Methodist Church**. The event topic is "**HOSPICE CARE**— **BENEFITS & MYTHS**. We are very fortunate to have both Volunteer Hospice of Clallam County and Assured Hospice as our guest speakers. The format will be a panel of representatives from both organizations who will explain their services, followed with a Q&A of pre-identified questions, along with questions from the audience.

The Committee will meet at the end of the month to ramp up planning for this event.

~Jan Chapman, Tea With SHE Chair

"If you find it in your heart to care for somebody else, you will have succeeded." ~Maya Angelou



"One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden over the horizon instead of enjoying the roses that are blooming outside our windows today." ~*Dale Carnegie* 

#### **MEET OUR NEWEST MEMBERS**

#### **Sharron Empens**



Sharron Empens grew up in California, but moved to the Olympic Peninsula 29 years ago in search of a smaller community; her love of gardening/landscape design has *found a home* in the Sequim area!

She was a member of Soroptimist more than 40 years ago, and reconnected with the organization when she accessed equipment through our Medical Loan Closet. Her volunteer plans include the Medical Loan Closet, Gala Garden Show and KSQM.

Sharron's family includes 3 children, grandchildren, a sister and twin brother. Best advice: *Live every day as your last and best! Be kind and a good friend!* 

Welcome to Sharron!



#### **Cynthia Martin**



Cynthia has been a resident of Kitsap County and recently opened a new office in Sequim.

She has previous experience volunteering with Kitsap Community Foundation, the Navy League and Rotary and learned of

Soroptimist from Deborah Horn, a member of SI of Bremerton.

Her career has been in auditing, tax consulting, bookkeeping, as a CFO consultant and a CPA. Cynthia has a son, a daughter and a talent for sewing, gardening and math; is skilled at logic, running businesses and marketing and is passionate about the arts, working with not-for-profit organizations and quilting.

"Any time women come together with a collective intention, it's a powerful thing. Whether it's sitting down making a quilt, in a kitchen preparing a meal, in a club reading the same book, or around the table playing cards, or planning a birthday party, when women come together with a collective intention, magic happens." ~*Phylicia Rashad* 

At our last meeting **Amala Kuster** mentioned she is part of a grassroots group called **The Beginning**. The group of women is co-founded by Bertha Cooper and Shenna Younger to bring awareness and education about sexual abuse right here in Sequim and Clallam County. There are about seven women now who are putting on a forum at Sequim High on **February 22, 2018**, with speakers including Mark Ozias and Mark Nichols.

To learn more about
The Beginning, visit:
<a href="https://www.facebook.com/">https://www.facebook.com/</a>
<a href="thebeginningpage/">thebeginningpage/</a> or
thebeginningpage@gmail.com.





"When you do something with a lot of honesty, appetite and commitment, the input reflects in the output." ~A. R. Rahman

#### COME JOIN THE MLC COMMITTEE

We are pleased to announce that the Medical Loan Closet is doing very well this year with regards to donations. We have significant funds available to buy desired equipment and are in the process of pricing the items we need and making decisions on what to purchase.

Scheduling for the closet works best when we have 12 members on the committee. When we have that many, the commitment requires one week of service four times a year—or once each quarter. We currently have need for four members to join the team. If you are interested please contact Kate Creasey or Gena Royal.



This is a service that has a major impact on our community and is something we are known for as a club. In order to function well we need the support of our members. Please consider joining the Medical Loan Closet team. It is a rewarding and fulfilling experience. We look forward to hearing from you!

~Kate Creasey, MLC Co-Chair



#### FINANCE COMMITTEE UPDATE

The Finance Committee, our Treasurers particularly, is ramping up to draft a 2018-19 budget to present to the Board of Directors at their March meeting. The process was explained in detail by Jeanne Martin in last month's newsletter, but I'd like to reiterate a couple of points Jeanne made. First of all, our budget is the plan to spend our hard-earned monies to help women and girls locally and elsewhere. You helped earn those funds, so we want your help to decide where they should be spent. Please



look at the current budget in the Member's Only section of our website and familiarize yourself with what's in it. If you have ideas for this coming year's budget, pass those on to one of the Directors listed in your roster or to any one of us on the Finance Committee, so that we can work through those suggestions before the draft is presented to the club membership at the business meeting in April.

As part of the budget drafting process, Assistant Treasurer Shelle Paulbitski has sent out letters and applications for Committed Funds to various non-profits and we will use those responses in helping decide which organizations get Committed Funds next year. On January 23, we heard from Judith Pasco of Mujeres de Maiz, a non-profit we budgeted Committed Funds for this year. We didn't present Judith with a check in January, as the presentation of that \$1,000 check was made at their annual fundraiser dinner in October.

Our committee article in next month's newsletter will include information about a couple of specific items in our budget, along with attempts to answer any questions you might have after looking at this year's budget. Let us hear from you!

"See money—currency—as the flow of energy and giving that cycles between you, others and me. Now let it flow kindly, fairly and mindfully." ~ Rasheed Ogunlaru

~Jane Manzer, Finance Co-Chair



#### **EDUCATING WITH AWARENESS**

A friend who just happens to be a Soroptimist shared a conversation she recently had while on vacation with a fellow traveler. The topic was human trafficking. Unfortunately, the response from this new acquaintance was that this is something that happens in third world nations, not in the United States



this is something that happens in third world nations, not in the United States. What a shame that this type of denial is common in more affluent societies—but so real in every quarter of the world, including the United States. The statistics speak for themselves: (https://arkofhopeforchildren.org/child-trafficking/child-trafficking-statistics):

- Human trafficking has surpassed the illegal sale of arms.
- Trafficking will surpass the illegal sale of drugs in the next few years.
- Drugs are used once and they are gone. Victims of child trafficking can be used and abused over and over.
- A \$32 billion-a-year industry, human trafficking is on the rise and is in all 50 states (U.S. Government).
- 4.5 Million of trafficked persons are sexually exploited.
- Up to 300,000 Americans under 18 are lured into the commercial sex trade every year.
- From 14,500-17,500 of those victims are trafficked into the United States each year.

While these statistics are daunting, and hard for many to comprehend, they are true. Many of the victims are women and children. I'd like to think that my Soroptimist sister educated this woman on this unfathomable plight, and perhaps motivated her to become an advocate. Each of us has a responsibility to make the public aware of the issues we work to change.

Soroptimist International of Sequim is an organization that works to improve the lives of women and girls, helping them avoid the hopelessness that leaves them vulnerable. By providing scholarships, awards, a transition house for women and children escaping domestic violence, and many other services—we as a group make a difference in lives. I am proud to be a member and take seriously my role in public awareness.

Donna Carson, Public Awareness Co-Chair



#### UPDATE ON OUR SPONSOREE THRU WOMEN FOR WOMEN INTERNATIONAL

I'd like you to meet Fatuma Rebeka. She is a 25 year old woman living in the Democratic Republic of Congo (DRC). She is married with no children.

In the DRC, men, women and children continue to recover from the aftermath of a devastating civil war. Although a peace accord was signed in 2003 to end the war, violence still rages—and women are often targets. Rape is a common weapon of war with more than 70 armed groups. Widespread violence causes women to lose their homes, families, and livelihoods. Our sponsorship of Fatuma, and the other women we have sponsored and continue to sponsor, help support the critical programs to help these women rebuild their lives.

Fatuma started the training program with Women For Women International last May, and she will complete her year under our sponsorship this spring. During her third quarter Fatuma not only continued her chosen vocational training, she also learned about her rights and that girls have a right to education, the same as boys. Simple, we think But not simple for these wor

women for women
International
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eet your new sister:
atuma Rebeka
atuma lives in DR Congo, where

education, the same as boys. Simple, we think. But not simple for these women. It's life changing.

One lady who has already finished her training tells this story. Her name is Beatrice. Beatrice has lost a lot due to violence and war in DRC, including **five** of her children. Getting by after their deaths was difficult, and a strain on her relationship with her husband. With the instability of war and conflict in the area, jobs were hard to come by, so Beatrice maintained and harvested a small garden. But the earnings were small, and barely enough to feed her family.

One day, Beatrice learned about Women for Women International from a neighbor who saw that Beatrice was overwhelmed by the issues of the household and daily life. The neighbor had participated in the program, and encouraged her to join. Beatrice applied and has since learned restaurant and catering skills, the importance of hygiene and nutrition, and financial management for the household. With savings from her program stipend, she and her husband bought a canoe that they use to transport gravel from the shores to the main road.

Her next goal is to buy a fishing net so that she and her husband can start their own independent business. She is also part of a cooperative of women that sells rice, beans, flour, and charcoal. Beatrice now has a stronger bond with her husband and her surviving children. "The Women for Women International program has also given me confidence to talk to my children about taboo topics such as sexuality and health," she says. "My children are proud of me and I am an example to my daughter for what is possible in our community."

That, friends, is the power of sponsorship. Soroptimist International of Sequim is helping offer these women a life-changing experience. We should be proud and grateful.

~Deborah Carlson



"It really boils down to this: that all life is interrelated. We are all caught in an inescapable network of mutuality, tied into a single garment of destiny. Whatever affects one destiny, affects all indirectly." ~ Martin Luther King Jr.

#### **MUJERES CONNECTION**

Hello Soroptimist sisters,

The new year is the start of Mujeres' 13th year as well as our 13th year partnering with you. What an amazing ride it has been!

Our first event this year is coming up on March 4. Our Mexican breakfast has been very popular in past years, and we hope you come and enjoy it with us.

It was good to see all of you at your January 23rd meeting. Keep up the good work!!

Judith, Board Chair Mujeres de Maiz Opportunity Foundation www.MujeresDeMaizOF.org

"Sometimes I've believed as many as six impossible things before breakfast." ~Lewis Carroll



All proceeds go to educational programs and projects of Mujeres de Maiz Opportunity Foundation (tax exempt 501(c) (3) <a href="www.MujeresDeMaizOF.org">www.MujeresDeMaizOF.org</a>

"I think the best role models for women are people who are fruitfully and confidently themselves, who bring light into the world." ~*Meryl Streep* 

#### **5TH TUESDAY WONDER WOMAN**

The Wonder Women 5<sup>th</sup> Tuesday event was well-attended and we saw some lovely faces we don't usually see at these evening meetings. All the ladies brought such delicious salads—and of course our Jan Chapman brought a delightful cake. The killer team of Dave Fickes and Pauline Geraci won all the prizes from the Wonder Women quiz and Jeopardy games. Dave says he's recusing himself from future trivia games (tired of all the lady prizes), but I will make an effort to provide more "manly" or gender-neutral prizes in the future.

~Elaine Bradford, Programs Chair







More photos at: https://www.flickr.com/photos/108582458@N03/albums/72157692104555724

#### GALA GARDEN SHOW FLOWERING UP

It's February—the month of hearts and flowers—and who doesn't love the Soroptimist Gala Garden Show? Here are a few highlights:



- The Keynote Speaker for our 20<sup>th</sup> Annual Soroptimsit Gala Garden Show is world-renowned horticulturist Dan Hinkley. After his presentation on Sunday he will be at the Boys & Girls Club for an hour to sign books. We will have his book: "The Explorer's Garden: Rare and Unusual Perennials" available for sale at the show. Anyone who already has one of Dan's books is welcome to bring it on Sunday for Dan to sign.
- Those who ordered **t-shirts** can get them at the business meeting on Tuesday, February 13.
- Magnetic card signs and yard signs will be available at the next meetings.
- The Gala Garden Show will be sponsoring the **Sequim Chamber of Commerce lunch** on February 13. Linda Klinefelter will represent the club and will hand out ½ page flyers about the show.
- Radio announcements are already being played on KSQM.
- It's not too late to be a **sponsor** of the Gala Garden Show.
- The next Gala Garden Show Core Committee meeting is Wednesday, **February 21, 2018** at 8:30 a.m. at the Sunland Gathering Place.

Remember, the success of the Gala Garden Show depends on ALL members participating. In the process we have FUN and show the community who we are. Visit us on Facebook: <a href="https://www.facebook.com/">https://www.facebook.com/</a> Soroptimist-Gala-Garden-Show-113247612110367/

Thank you all for being part of this year's journey!

~Kathy Purcell & Su Howat, 2018 Gala Garden Show Co-chairs



"Love is like a beautiful flower which I may not touch, but whose fragrance makes the garden a place of delight just the same." ~ Helen Keller

#### **WORDS OF GRATITUDE**

Dear Friends,

We received your anonymous donor's generous contribution to Peninsula Behavioral Health's Children's Department, and we are truly thankful. Please forward our heartfelt gratitude to whoever made such a timely gift; we are ramping up for a major remodeling project this year to provide a separate building just for our children and family services. Daunting, yes, but thanks to this unexpected gift, we are now

that much closer to creating an inviting and comfortable space for these kids who have undue challenges.

Warm Regards, Rebekah Miller Dear Soroptimists,

I'm long overdue thanking you for the <u>fantastic</u> gardenhose basket I received as a volunteer at the Sequim Visitor's Center!

I've received numerous Ooooos and Ahhhhs from friends who have seen the very creative basket and the wonderful goodies inside. I'm so anxious to get out there and garden!

Thank you once again! Neva M. Miller

**NOTE**: We belong to Chamber of Commerce, who hosted an event for their volunteers. We were asked to contribute a gift basket and **Linda Rotmark** used her creativity to put together a garden-themed basket. Thanks, Linda!

#### **WORDS OF GRATITUDE**

Dear Soroptimists,

What would I do without the Soroptimists? Throughout the eleven years I've headed up Holiday Joy for Healthy Families of Clallam County, the Soroptimists have been stalwarts in their support. I think if your club tracked your generosity in both time and financial support toward Holiday Joy, you'd be amazed.

This year your help was again stellar. Twenty-four of your club members stepped forward to sponsor clients/their children. When I consider that we helped 130 people and know that some of your members took more than one family, I truly can ask myself what I'd do without you.

Linda Rotmark put together a lovely sock tree for Family Day, and the children loved choosing their own socks. They loved the wild ones the best. Jolene Sanborn connected people together in an amazing way. So many of your members helped at Family Day—Elaine Bradford, Missy Church-Smith, Jane Manzer, Deb Carlson, Jan Chapman, Elaine Churchill, and my side-kick Kathleen De Jong, who also coordinates sponsorships with me.

I've written the sponsors individual thank-you's but want to express my deep gratitude to your club who steps up to help so many women and children. You have a wonderful mission, and I think you're such hard-working women....amazing women.

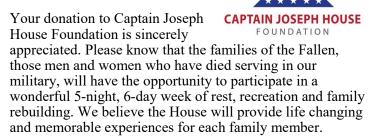
For your generous hearts and sweet spirits, I thank you. I do believe that when energies merge with the Divine, we experience Christmas miracles. I saw many this year...and Soroptimists had their finger in many of those.

In gratitude and in holiday joy, Beverly Hoffman



"Love is the expression of one's values, the greatest reward you can earn for the moral qualities you have achieved in your character and person, the emotional price paid by one man for the joy he receives from the virtues of another." ~Ayn Rand

Dear Soroptimists:



The Captain Joseph House Board of Directors and staff will "lead from the front" to assure the family left behind is well cared for during their visit. We believe this opportunity for renewal, building memories and sharing in a family ritual that has been forever changed, will also be one of the most healing steps these families can take together as they continue their journey in the loss of their loved one. Thank you for your interest and donation to assure that Captain Joseph House is available to all those families who choose to participate.

Sincerely, Betsy Reed Schultz, Gold Star Mother Executive Director

Dear Sequim Soroptomists,

I want to extend my sincere gratitude for the anonymous donation that was given to the Greywolf Library for the purpose of purchasing books. What an incredible surprise! Our school has such a lively reading community and when new books are brought into the library the kids go wild! I have always been a book lover, and it is exciting to be a part of a place where students share the same love for books. They have an insatiable appetite for more books and it is wonderful when that hunger can be fed.

As budgets change over the years, it becomes increasingly more difficult to purchase all of the books that are on our school wish list and "have-to" list. I encourage students to be a part of my book purchasing decisions by asking for their input, and it will be validating for them to see their voices being heard when some of their book choices arrive to become a part of our collection. Your donation is making their dream become a reality.

Thank you again for the generous and thoughtful donation that will directly affect our student's lives. Being able to offer high-interest, current books to students is what helps to build a strong foundation for life-long readers. Providing access to a wide variety of topics, genres, and levels in books is a critical component in creating a love of learning that will continue beyond the walls of our school, into the community.

Sincerely, Dena Riccobene GWE Teacher-Librarian

# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
V V V V V V V V V V V V V V V V V V V	American Heart Association. life is why	TREE for women		1	2 Becky Archer Cindy Rhodes	3
4	5	6 New Member Meet	7	8 Finance Committee Meeting	9 BOARD MEETING	10
11 Missy Church-Smith	12 Su Howat	13 Business Meeting	Happy Valentine's	15 Theresa Alcayaga	16	17 Joan Miller
18	19 Presidents' Day	20 Member Social at Solana	21 Gala Garden Show Core Committee Meeting	22 Jan Chapman	23	24 AREA MEETING Port Angeles Sr. Center STEM Saturday
25 Maureen Gebbia	26	27 Program Meeting Live Your Dream Award Recipient	28			

# March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Susan Kalmar
4	5	6	7	8 Finance Committee Meeting	9 BOARD MEETING	10
11 G A J S S S S S S S S S S S S S S S S S S	12	13 Business Meeting	14	15	16 SET UP FOR  Goroptimisk  Garden School	Garden Granden
20 Coptimistra Garden Garden	19	FIRST PAY OF MARCH 20	21 Laura Rundle	22	23	24 Susan Mesches
25	26	27 POTLUCK Celebration	28 Kathryn Pacelli	29	30	31

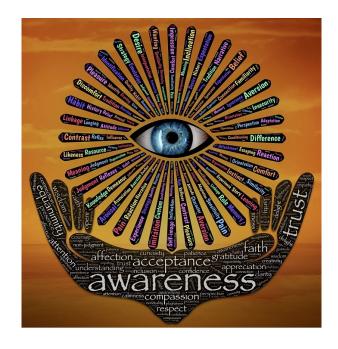
#### Start with Yourself by Matisha

Laugh when together in ways you will always remember, as you may, the ones with whom you have cried.

Love with a courageous heart that lives to express what's inside.

Play with the abandon of a child who not only is "in the moment," but "is" the moment. Open in each day as the flowers open to receive all that is available.

to receive all that is available.
Your receiving is up to you and comes
with the power and abundance of your "Yes!"
In the mind, it has seemed difficult, complex.
Let it be easy. It is already simple.
Love again and again with all your heart.
Loving is making room for the unloved
to move out of its frozen place.
Loving is allowing so called mistakes
and holding attention on intention.
Loving results in feeling O.K. about asking for help.
Forgive with the same conviction and fullness
with which you may have resisted love.
Start with yourself. You are at the top of the list
of those who benefit most from your forgiveness.
Look for and find many things





to be thankful for each day. Live as your Self, genuinely....

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improving the lives of women and girls through programs leading to social and economic empowerment.

To a Person Making a Difference for Women