



A Communiqué by women and men dedicated to improving the lives of women and girls through programs leading to social and economic empowerment.

Volume 23, Issue 2

Soroptimist International of Sequim

Celebrating 70+ Years of Service

August, 2018

Officers 2018 - 2019

President: Elaine Bradford

President-Elect: vacant

Secretary: Linda Chapman

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Director: 2 year Dave Fickes

Director: 1 year Kris Osborn

Director: 1 year Connie VanRoosendaal

Past President: Gena Royal

"For one person, organized files might be a crucial tool for creativity; another person finds inspiration in random juxtapositions." ~*Gretchen Rubin*

Message from the President

In my quest for a theme for this month's President's Message, I began thinking about inspiration.

Some of us find inspiration in music or art; some find it in nature, in flowers or trees, in the mountains or the ocean, in the animal world or even their own pets. Some find it in their family, a friend or teacher and others in their professional pursuits. I believe many of us find inspiration in how we, in SIS, are able to make a difference in the lives of the individuals we touch through this organization.

I find myself being inspired by many of you... your gifts, your energy, enthusiasm, willingness to share, your courage to meet life's challenges head-on or your fearlessness to take on projects you've never attempted before.

We have so much to accomplish this year and there's no doubt in my mind that all of you will rise to the occasion because you are each, in your own way, an inspiration.

President Elaine

"We Rise by Lifting Others"





Letter from the Editor

Dear Friends,

If a tree falls in the woods and no one is there, does it make a sound? Some people say no because an ear is needed to hear a noise in order for it to be a sound. Others say yes—a tree falling makes a sound regardless of whether or not an ear is near to hear it.

Dictionary.com gives this definition of sound: *the sensation produced by stimulation of the organs of hearing by vibrations transmitted through the air or other medium.* We can see the nay-sayers' point of view that part of the criteria for sound is an ear being nearby. Let's test the theory...

What if we are in the woods and we're wearing a headset hooked up to an ipod. Our favorite song is playing so we crank up the volume. A tree falls in our proximity while we are rockin' out to the tune. We didn't hear it fall because our focus was on the music. Did the tree make a sound? Our ear was nearby.

Although we didn't hear the tree fall, we might have felt the vibration from the earth when the tree hit the ground. To experience a sound we have to not merely be able to *hear*—we need to be *here*—in the present—aware of our surroundings.

Speaking of the ground, one morning last month when Blue and I were doing our morning walk, I saw a bird on the trail up ahead. It took flight and looked like it was going to land on a tree branch. However, it flew back down to the ground, barely touched it and headed back up toward the tree.

It reminded me of a student doing 'touch and go' in an airplane. Touch and go is a maneuver in which an aircraft touches the ground as in landing, but instead of stopping, it immediately takes off again. The aircraft circles around and does several more touch downs and quick take offs. This is good practice and helps the student become more proficient quicker. It's also a good skill to have when an attempted landing needs to be aborted and the pilot has to come around again.

The feathered pilot was not done with his practice that morning. He made a third touch to the ground and immediately headed back up. This time he landed on a branch of the tree. As he took flight it looked as if something fell to the ground. When we got to the place where the bird did his touch and go, I noticed a blackberry on the trail. Evidently, it was an early morning breakfast flight.

These two scenarios reminded me of Soroptimist. We are a bit like the bird. When we volunteer (maybe at a breakfast meeting) for something we've not done before, we touch down briefly initially, but perhaps don't fully alight. Over time we become more knowledgeable, more proficient and more confident. We then pilot things with ease. We realize we are grounded in the support of our members.

We are similar to the tree falling in the woods. What we do may seem to fall on deaf ears at times. But our good works vibrate throughout our community and beyond. We are always finding new medium through which to create a sensation and stimulate others with our passion. Through our focus we bring others to awareness and they hear our message. Let us remember the impact each of us makes as our words and deeds fall in line with the Soroptimist mission.

Light and Love, Kathy Purcell, Editor



"Doing good holds the power to transform us on the inside, and then ripples out in ever-expanding circles that positively impact the world at large." ~Shari Arison

CALENDAR

AUGUST

28* S.T.A.R.T. Meeting Potluck @ Solana

SEPTEMBER

- 7 Board Meeting
- 11 Business Meeting
- 25 Program Meeting



"You must get involved to have an impact. No one is impressed with the won-lost record of the referee." ~ Napoleon Hill



"The only limit to your impact is your imagination and commitment." ~*Tony Robbins*

Celebrate Life!

AUGUST

- 2 Sara Ellen Peterson
- 4 Janet Popelka
- 4 Janet Real
- 19 Colleen Blazier
- 23 Amanda Beitzel
- 24 Connie VanRoosendaal
- 30 Betty Osborn
- 30 Ann Salmon

SEPTEMBER

- 3 Mary Fasching
- 14 Paulette Hill
- 18 Kathi Vito
- 21 Pat Willis
- 23 Jennifer Weir
- 26 Elaine Bradford
- 27 Gail Watson



Note the phone number for our MEDICAL LOAN CLOSET



"But there's a sense of camaraderie in that, in knowing that you're on the same team of players all looking to play a different game." ~*Mandy Ashcraft*

S.T.A.R.T. MEETING Soroptimist Team and Reunion Time

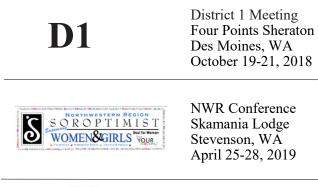
Coming on August 28, 2018! 5:30 PM at Solana

The Soroptimist Team and Reunion Time is scheduled for Tuesday, August 28th, at Solana. It's our **kickoff** and **first social** for the new club year. Bring your favorite summertime potluck dish, your personal refreshment, and high hopes that the weather is nice enough to be able to utilize the wonderful patio!!



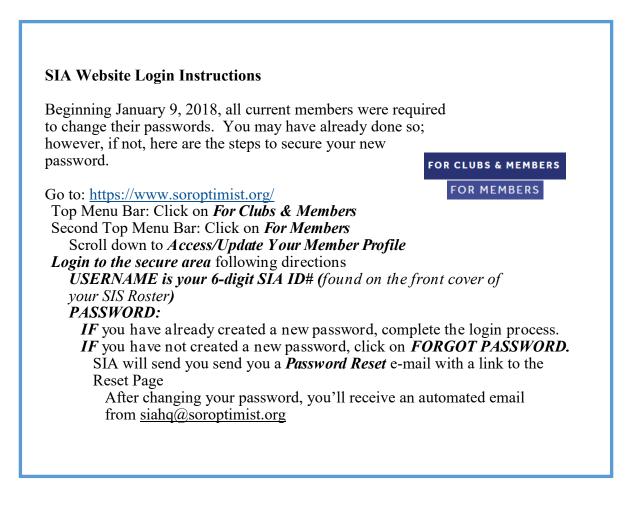
"Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishment toward organizational objectives. It is the fuel that allows common people to attain uncommon results." ~*Andrew Carnegie*

SOROPTIMIST MEETING DATES TO REMEMBER





21st Soroptimist International Convention Kuala Lumpur, Malaysia July 18–21, 2019



"Do not stop thinking of life as an adventure. You have no security unless you can live bravely, excitingly, imaginatively." ~*Eleanor Roosevelt*

DATE FOR THE NEXT TEA WITH SHE IS SET

Planning continues for the October Tea With SHE event to held at **noon** on **October 30, 2018** at **Trinity Methodist Church**. Presenters have been secured for our topic: **CONCERNS WITH LIVING ALONE: Safety, Security & Scams**. The poster is under design and will be presented at our first meeting in September.

~Jan Chapman, Tea With SHE Chair





FRIENDSHIP ACROSS THE MILES

I am a member of a Facebook page called "Soroptimist International Friendship Links" (**notice two spaces between International and Friendship if you are doing a search**). This is the link I have to this site. <u>https://www.facebook.com/groups/472894079390024/</u>

In May this year, I began corresponding with Kristin Moritz of SI Club Osnabruck, Germany. She was planning a trip and would be in the Pacific Northwest in late June. She kept us up-to-date on her travels with her husband across the states while visiting with Soroptimist clubs. I invited her to stop by the North Olympic Peninsula. A Facebook friend she has had for eight years lives in Victoria, BC, and this route to Port Angeles seemed perfect.



Kristin met with Sylvia Orth of the Port Angeles

Jet Set club and me at the Downrigger Restaurant. It was a lovely evening and we talked through dinner and beyond. Sylvia was heading to Germany where her family is, and was asking great questions about the area. We learned a bit about Kristin's club, and about her visits with other clubs along the way. Kristin owns a tour company and was going to go back to plan out a Pacific Northwest tour for her business. Listed below is a bit of information and a link to Kristin's club website.

~Sandy Lawrence



"Friendship is the bread of the heart." ~*Mary Russell Mitford*

JUL 29TH, 4:46AM



Dear sorores!

You asked for photos and information about our club. As I know you will soon need it, just now a short a link to our website: <u>https://clubosnabrueck.soroptimist.de/home/</u>

Right now we are 22 members. Every year we organize a classical concert with young musicians. The benefit goes to the women shelter house in Osnabrueck. The house is mainly financed by sponsors like us.

We also supported terre des hommes, helpAge and some other organizations. We mainly do fundraising, but we had a potato project in some schools, so the pupils could see how to plant and grow and harvest potatoes.

The problem is to find young members, but that is the problem of nearly every club, as far as I heard.

You find photos on our webpage and I will put some photos in an album on my facebook page. I hope that is okay. If not, don't hesitate to ask.

Now I have to clean the house and go into the garden. Can you image how the garden looks like after 8 weeks... More later.

Kind regards Kristin

MLC UPDATE

We had a meeting at the home of Jeani Penn on July 17th, and caught up on new procedures. First order of business was to elect the Chairs for the committee. Gena Royal, Su Howat and Jeani Penn were elected as Co-Chairs.

Colleen Blazier was there to explain to us what happens to the equipment when we can't use it or are done with it. She and her "partners" do such good work, and we appreciate her and all her efforts.

We, as Co-Chairs, are always grateful for the volunteers who give of their time to support the community, in what has become a necessary support system. And a big thank you to the public for having given us enough in donations that we were able to purchase knee scooters and some new feet for the wheelchairs and transport chairs.

The Medical Loan Closet continues to be an effort that is not only rewarding for all of us, but is fun!

~Jeani Penn, Gena Royal, Su Howat, MCL Co-Chairs



"Rather than waste or eliminate items which you don't currently use, discover a new way to improve and enjoy their value. What strengths and talents can you repurpose for a new endeavor? How can you repurpose your thoughts to ensure they help you rather than hinder?" ~*Susan C. Young*

A BIT OF MLC HISTORY

It was such a pleasure to be invited to a Medical Loan Closet (MLC) committee meeting on July 17. It was so impressive to hear about the outstanding service these committee members have contributed to people in our community. Gena Royal announced that there were over 2,000 opportunities to lend equipment to those in need last year. Two members were recognized for doing a great job on exceptionally busy weeks when they responded to over 70 requests for help.



I truly understand the effort and dedication it takes to maintain the records of each encounter and approach each person who comes to the storage unit with a smile. The willingness to meet their needs for equipment provides comfort and empathy as they share their stories. The spirit of cooperation is alive and thriving at the MLC.

Back in the olden days, I transitioned to the MLC when there were three or four members—plus Ed Beggs (former mayor of Sequim) as his wife Marcia basically ran the MLC out of their garage. Louella Hanson and Sally Sue Barry were my "go to members" when I needed anything 22 years ago.

I was in awe listening to members discuss the experiences they had while they were "on duty for the week." We decided to utilize the Vonage telephone system after I logged over 800 calls a year when I had a landline telephone. Now that number of calls are answered in 2 ½ months! Soroptimist certainly is well known for all the devotion the MLC members provide.

I was able to discuss our partnership with Gateway Medical Alliance (GMA) regarding the equipment we have that has outlived its usefulness locally. Rather than send it to the landfill, I was able to arrange a partnership with GMA in Kent, WA. When our storage unit is filled with unwanted medical equipment/ supplies, GMA sends a truck to Sequim. With a team of repairmen and volunteers, the equipment is repaired, sorted and packed in containers that are shipped to Morocco for clinics and hospitals. I was impressed with the GMA mission statement: "GMA International, through strategic partnerships, serves as a catalyst to improve the lives of the poor and disadvantaged by sharing healthcare resources worldwide." Soroptimst International of Sequim is a link to that partnership. I hope the MLC members know that they have my heartfelt admiration, plus the gratitude of local citizens and the lives transformed for the better in Morocco. So that's the rest of the story.

~Colleen Blazier



WINE POURING FUNDRAISER

In what is probably a first for a Soroptimist club fundraiser, SI of Sequim (SIS) raised money by selling wine and lavender lemonade at a festival to fund our programs and to deliver our mission of empowering and supporting women and girls in Sequim and Clallam County.

During the two-day annual lavender festival, SIS sold wine from the Port Townsend Vineyards, a local winery, as well as lavender lemonade at the Lost Mountain Lavender Farm, a local Sequim farm. "This event was so much fun for our members, and profitable for our SIS programs," commented President Elaine Bradford.

Our club was approached by the owner of the lavender farm because a winery wanted to sell their wines and work with a non-profit organization. "It was a win-win situation that didn't take a lot of planning," stated Dave Fickes, the first male member on the Olympic Peninsula. "We ordered wine and we only paid for what we used. The Port Townsend Vineyard was great to work with," he added. Dave also made the popular lavender lemonade. "We sold as much lavender lemonade as the wine," observed Dave.

Planning was done all by email; no meetings in person. Plenty of members volunteered to support the two-day event. The vineyard provided the tent, table and red and white wine. Another member, Jennifer Weir—who had decorated for past lavender festivals decorated the tent, while everyone else set things up. "As a new member, this was a great first fundraiser event for me. With more than a decade's worth of experience with festival production and special event wine and beer pouring, I felt that I was really able to contribute to the group and put my skills toward a cause for the greater good," remarked Jennifer.

"It was really fun to work the festival. What a great place to be. The weather was sunny and warm, there was live music, and people from all over the world visiting. What more could you ask for?" noted Pauline Geraci.

In addition to meeting people from all over the world, SIS members also got to meet other Soroptimist members visiting from other clubs. Several visitors mentioned they had friends or relatives who were Soroptimists in other parts of the country and they appreciated the good work that SIS was doing. According to Missy Church-Smith, "It was a great opportunity to share the mission of Soroptimist with the public. It was truly a FUNdraiser! I am looking forward to doing this again next year."

The club wants to do another wine and lavender lemonade sale next year. The lavender farm has invited us back and the vineyard is interested in working with us again. Jennifer declared, "We also received great encouragement from the festival patrons, many of whom inquired as to the Soroptimist's work and how they could be involved. I would say that, not only was it a successful fundraiser, but also a successful outreach event."











~Pauline Geraci, Wine-Pouring Event Co-Coordinator

More photos: https://www.flickr.com/photos/108582458@N03/albums/72157698422393661

JUST SAY THE WORD

"Living a life with meaning means spreading the word. Even if you can't move, you have a powerful effect with what you say." ~Christopher Reeves

This is such a simple but potent statement and it carries a powerful punch. On August 9th the Public Awareness committee met to plan its works on spreading the word for 2018-19 year. However, it is not just the responsibility of the PA committee to spread the word. It is also the responsibility of the entire membership of our organization! Each member has the accountability to share in spreading the good word of Soroptimists. When we strive to work on this goal, we support women and girls locally, nationally and internationally. In turn, we inform and impact our community, which in turn, supports our organization. So remember, YOU can have a powerful effect with what you say.

~Linda Klinefelter, Public Awareness Co-Chair



"Awareness without action is worthless." ~ Phil McGraw



BBQ / POTLUCK

GALA GIFT SHOW

Save the date—Saturday, December 1, 2018, 9:00am – 4:00pm

This will be our 7th Annual Gala Gift Show. We still need to fill a few more important positions on the core planning team. This would be a great opportunity for some of our new members to participate. What a perfect way to meet members of our club as you help plan one of our club fundraisers.

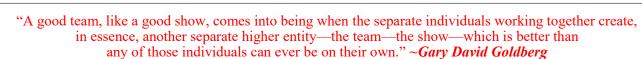
See our Facebook page: <u>https://www.facebook.com/Soroptimist-International-of-Sequim-Gala-Gift-Show-346489952474110/</u>. Like it and share it with all of your friends.

We also have a fabulous webpage: <u>galagiftshow.com</u>. You'll see examples of types of products our vendors will be offering.

Share these links with your friends so they can "save the date," and everyone can keep up on all the latest posts about the 7th Annual Gala Gift Show.

[Next planning meeting is August 14th at 3:30pm. Contact Sandy Lawrence for more information.]

~Sandy Lawrence, Gala Gift Show Chair



GALA GARDEN SHOW GETS ARTSY

Last month the Gala Garden Show Committee met to select the featured artwork for the 2019 show. We are grateful to all the artists who submitted artwork and encourage them to participate next year. The Artwork Co-Chairs, **Melody Albertson** and **Sharron Empens**, received 11 entries! They had them numbered on a display board for the core committee to view. Members in attendance voted for their top three. The overwhelming number one choice by the majority is a watercolor (11×17) titled **Fancy Fenceline**, done by **Melissa Penic**.

Melissa Penic is a past art league president and retired teacher for Peninsula College community art classes who owes much of her

inspiration to our local gardeners. Melissa mainly paints floral "portraits".... up close blooms that she photographs in gardens, yards—and in the case of our feature painting—alleyways. Due to her allergies, she can't indulge in the satisfying reward of gardening and is immensely grateful to her fellow nature lovers for providing an unending bounty of blooms to stimulate her own creativity.

This fence is alongside an alleyway. The artist says, "It impressed me that the gardener would decorate for the public in such a humble place!"

The Core Committee meets again Wednesday, September 19, 2018 at 8:30 a.m. in the First Security Bank's community room.

~Su Howat & Kathy Purcell, Gala Garden Show Co-Chairs





COMMITTEES

AWARDS AND SCHOLARSHIPS

Chair: Sharon Jensen Melody Albertson Marti Campbell Linda Chapman Deborah Carlson Susan Mesches Betty Osborn Jeani Penn Elaine Powlesland Ann Salmon Gail Watson



SHE—Soroptimist Helping & Empowering Chair: TBA

AIM High—Middle School

Co-Chair: TBD Amanda Beitzel Elaine Bradford Elaine Churchill Sherry Lacey Carol Pearson

Tea With SHE

Chair: Jan Chapman Becky Archer Amanda Beitzel Kathleen DeJong Mayme Faulk Judy Field Gloria Fitzpatrick Maureen Gebbia Pauline Geraci Amala Kuster Sandy Lawrence Susan Mesches Monica Ostrom Shelle Paulbitski Janet Popelka **Cindy Rhodes** Dorothy Ward Pat Willis



DREAM IT BE IT

Co-Chairs: Sandy Lawrence Jenni Dix Maureen Gebbia Carol Pearson Elaine Powlesland Joan Plumb Linda Rotmark Tina Thomson

FINANCE

Co-Chairs: Kris Osborn Kathy Cunha Dave Fickes Jane Manzer Shelle Paulbitski Linda Rotmark Gena Royal









FUNDRAISING

Chair:TBD Gala Gift Show: Chair: Sandy Lawrence





Gala Garden Show: Co-Chairs: Su Howat and Kathy Purcell

MEMBERSHIP

Co-Chairs: Amanda Beitzel and Missy Church-Smith **Becky Archer**

Jan Chapman Elaine Churchill Kathleen DeJong Mary Fasching Dave Fickes Sandy Lawrence Susan Mesches Shelle Paulbitski Ann Salmon Connie VanRoosendaal **Dorothy Ward**



PROGRAMS

Co-Chairs: Mary Fasching and Gena Royal Marilvn Buffer Deborah Carlson Mary Corcoran Mayme Faulk Maureen Gebbia (VIP Luncheon only) Jane Manzer Susan Mesches Kathi Vito

MLC

Co-Chairs: Su Howat, Jeanie Penn and Gena Royal **Becky Archer** Marilyn Buffer Marti Campbell Kathleen DeJong Jan Durham Judy Field Gloria Fitzpatrick Janet Real Jolene Sanborn Chris Snow Connie VanRoosendaal **Dorothy Ward**



PUBLIC AWARENESS

Co-Chairs: Elaine Bradford and Linda Klinefelter JoAnne Alford Marilyn Buffer Shirley Huntley Rose Jaeger Victoria Kellev Sandy Lawrence Kathryn Pacelli Sara Ellen Peterson Kathy Purcell Gerry Sladowski Pat Willis





WOMEN FOR WOMEN INTERNATIONAL

Our club has received a letter from one of the two women our club sponsors through Women for Women International (WFWI). This woman is in Nigeria and the other woman is in Afghanistan. ~JM

MEET YOUR NEW SISTER Keziah Yohanna



KEZIAH IS ONE OF MANY WOMEN LIVING IN NIGERIA

who have survived war and overcome hunger and abuse. Your sponsorship will help lead Keziah on a path to a better, brighter and happier future. Dear Sponsor,

Warm greeting to you and to your family. I hope everyone is fine.

I am 37 years old, married with 3 children, one girl and two boys. I live in Monguno, a small town in Plateau State, Central Nigeria. I am selling kosai (cooked bean cake), my husband is a farmer.

I am very hopeful that the Women For Women International training will give me the skills and knowledge to create a sustainable source of income to make a better life for my household. I sincerely appreciate your great support for me. Thank you!

Your Sister Keziah Yohanna

P.S. Today, in spin cycling class, where Dave provides trivia questions, one of the questions was "What is the official language of Nigeria?" I knew the answer—English—because I'd confirmed that after receiving Keziah's letter!! Interestingly enough, a 5th great grandmother of mine in the 1700's was also named Keziah! (In the Bible, Keziah was one of Job's three daughters) ~Jane Manzer

"It is in fact a part of the function of education to help us escape, not from our own time—for we are bound by that—but from the intellectual and emotional limitations of our time." ~**T.S. Eliot**

WORDS OF GRATITUDE

Dear Soroptimist International of Sequim,

As a recipient of a 2018 Soroptimist Scholarship, I'd like to thank you for choosing me. I was elated to find out I was chosen as a recipient of your scholarship. I will be attending Western Washington University this fall where I plan to pursue a career in the field of engineering. Thanks to you, I am one step closer to my goal.

Sincerely, Kaitlyn Davis Dear Soroptimist International of Sequim,

Thank you very much for the generous scholarship! I will be attending the University of Portland.

Sincerely, Abby Norman

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Sara Ellen Peterson	3	4 Janet Popelka Janet Real
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19 Colleen Blazier	20	21	22	23 Amanda Beitzel	24 Connie VanRoosendaal	25
26	27	28 S.T.A.R.T. Meeting	29	30 Betty Osborn Ann Salmon	31	

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Mary Fasching	4	5	6	7 BOARD MEETING	8
9	10	11 Business Meeting	12	13	14 Paulette Hill	15
16	17	18 Kathi Vito	19 Gala Garden Show Core Committee Meeting 8:30 First Security Community Room	20	21 Pat Willis	22 FALL Begins
23 Jennifer Weir	24	25 Program Meeting	26 Elaine Bradford	27 Gail Watson	28	29
30						

When On A Summer's Morn I wake By: William Henry Davies

When on a summer's morn I wake, And open my two eyes, Out to the clear, born-singing rills My bird-like spirit flies.

To hear the Blackbird, Cuckoo, Thrush, Or any bird in song; And common leaves that hum all day Without a throat or tongue.

And when Time strikes the hour for sleep, Back in my room alone, My heart has many a sweet bird's song— And one that's all my own.





improving the lives of women and girls through programs leading to social and economic empowerment. Soroptimist International of Sequim PO Box 126 Sequim, WA 98382

To a Person Making a Difference for Women