



SOROPTIMIST
Best for Women

Soropti-Scoop

*A Communiqué by
women and men dedicated to improving the lives of women and girls
through programs leading to social and economic empowerment.*

Volume 23, Issue 9

Soroptimist International of Sequim

Celebrating 70+ Years of Service

March, 2019

Officers 2018 - 2019

President:

Gena Royal

President-Elect:

Vacant

Secretary:

Linda Chapman

Treasurer:

Kathy Cunha

Assistant Treasurer:

Shelle Paulbitski

Director: 2 year (one year remaining)

Kathleen DeJong

Director: 2 year

Dave Fickes

Director: 1 year

Kris Osborn

Director: 1 year

Connie Van Rosendaal

Past President:

Gena Royal

Newsletter Staff:

Kathy Purcell

Rose Jaeger

Jane Manzer

Pat Willis

*“Every spring is
the only spring
—a perpetual
astonishment.”
~Ellis Peters*

Message from the President

I hope you all fared well during the snow.

When the weather turned cold, I was glad our club had been so generous to the Warming Center. All the hats, gloves, socks, and the cash donation must have been a nice boost. What a blessing to have such a valuable resource in our community and what an honor to be able to help them. Our homeless population doesn't usually have to deal with such severe weather for such a prolonged period of time. I can only imagine what it must be like in areas where winter means long months of icy winds and frigid temperatures. Hopefully we will not have any more of that to deal with this year!

And now we can move on to spring, sunny days, mild temperatures, and busier schedules. We will be throwing a great Gala Garden Show, finalizing our budget, electing officers, and attending the region conference.

One of the items up for discussion at the Region 1 Conference, April 25-28, in Stevenson, WA, will be the possibility of re-districting our Northwestern Region. The NWR is divided into four districts. SIS is currently in District 1 with the rest of the western Washington. The suggestion is to create a fifth district within the region. I will bring it up at our business meeting in March or April, but will not have time to go into depth. If you are interested in the impact that this will have on SIS, our district, and our region, please let me know and I will give you additional information.

President Gena

“We Rise by Lifting Others”



*“Every day you have the opportunity to learn and experience some-thing
and some-one new. Seize the opportunity. Learn and experience everything you can,
and use it to change the world.” ~Rodney Williams*

Letter from the Editor

Dear Friends,

It's March. Some people are happy February is over. It is the shortest month; however, this year it seemed quite long. That is probably because many folks were house-bound for a while because of the snow. Before we write it off, I want to go over a few good things that happened in February.

On **February 23** the Olympic Peninsula Area Meeting was held in Port Angeles. This was the first District 1 area meeting this biennium, and both our District 1 Director, Karen Marshall, and our District 1 Secretary, Kate Espy, were there. They took their area meeting maiden voyage with us. I was impressed how well they work as a team, and how approachable they are.

This year's topic for the breakout table discussion was redistricting—what it would look like and what it would mean for clubs. Lots of good comments and thoughts were brought up. We will learn more ideas after all the area meetings are completed. There will be info shared at the Northwestern Region Conference.

At the area meeting I learned who next year's presidents will be for the Forks and the two Port Angeles clubs. We now can put faces with names. There was talk of collaboration and there are lots of possibilities—including an Olympic Peninsula Area Picnic scheduled for **August 10** at Jeani Penn's house—**Save the Date**.

Later that same day (2/23) the official Call to Conference was sent out. The 101 Northwestern Region Conference will be April 22-25, 2019, at Skamania Lodge in Stevenson, WA. It will be a chance to share with other members in our region.

On **February 26** we had the opportunity to meet and hear from our club's 2019 **Live Your Dream Award** recipient, **Luisa Sheppard** (see page 4 of this newsletter). She is an amazing woman. What struck me most was her genuine appreciation and humility. This is a woman who will continue to go far. She uses all the tools she has available to her. Luisa is an inspiration to all of us and a reminder of why we do the work we do.

Speaking of reminders of what we do, at that same meeting, we had a past member visit—**Louella Hanson**. This was especially meaningful to me because Louella is my Soroptimist sponsor. I thanked her for sponsoring me and told her Soroptimist has changed my life. Then she thanked me for what I do. The mission of Soroptimist is to improve the lives of women and girls. I am one of those women.



Phew! For a short month that was a lot of activity. But time marches on. The big thing in March is our annual Gala Garden Show. This is our main fundraiser and all members play a role in the event. I'm sure we'll even see some past members visit the show. Proceeds from this become awards and scholarships that go to women and girls, giving them more opportunities to improve their lives. We can all know we are part of that. And in the process We Rise By Lifting Others.

Light and Love,
Kathy Purcell, Editor



“The successful always has a number of projects planned, to which he looks forward. Anyone of them could change the course of his life overnight.” ~ Mark Caine

See photos from the area meeting:

<https://www.flickr.com/photos/108582458@N03/albums/72157703640516832>

CALENDAR

MARCH

- 8 Board Meeting
- 12 Business Meeting
- 16-17 Gala Garden Show
- *26 Gala Garden Show
Potluck Celebration

APRIL

- 5 Board Meeting
- 9 Business Meeting
- 23 Program Meeting
- 25-28 NWR Conference
- *30 5th Tuesday



We Rise By Lifting Others

***Evening Meeting**

**“Gratitude is the fairest blossom which springs from the soul.”
~Henry Ward Beecher**



“Whatever kind of seed is sown in a field, prepared in due season, a plant of that same kind, marked with the peculiar qualities of the seed, springs up in it.” ~Guru Nanak

Celebrate Life!

MARCH

- 4 Anji Scalf
- 21 Laura Rundle
- 24 Susan Mesches
- 24 Rita McCabe
- 27 Gerry Sladowski
- 28 Kathryn Pacelli
- 29 Tina Thomson
- 31 Carol Pearson

APRIL

- 18 Linda Rotmark
- 29 Chris Snow



Note the phone number for our
MEDICAL LOAN CLOSET

360-504-0231



“Spring is when life’s alive
in everything”.
~Christina Rossetti

POTLUCK AFTER GARDEN SHOW CELEBRATION

March 26, 2019

5:00 p.m.

Solana Clubhouse

Join us as we celebrate the results of our
21st Annual Gala Garden Show!
(Be sure to get your receipts in asap.)

ELEVATOR SPEECH CONTEST

We have two winning entries in the Elevator Speech Contest. Both of them have value and because they have different “voices” one might be better than the other depending on the situation.

SIS helps women and girls locally, nationally, and internationally. Sequim's Soroptimist is a fantastic, hardworking group of 80 members. Many of our friends are in SIS. You can work as much or as little as you are able to.

Soroptimist is an international organization whose focus is educating, encouraging and empowering women and girls. Our Sequim club gives out over \$10,000 in awards and scholarships yearly and an additional \$7,000 to local organizations whose missions align with ours.

Keep spreading the word!

“Words mean more than what is set down on paper. It takes the human voice to infuse them with deeper meaning.” ~*Maya Angelou*

SOROPTIMIST MEETING DATES TO REMEMBER



NWR Conference
Skamania Lodge
Stevenson, WA
April 25-28, 2019



21st Soroptimist International
Convention
Kuala Lumpur, Malaysia
July 18-21, 2019

AWARDS AND SCHOLARSHIPS

LIVE YOUR DREAM AWARDEE ANNOUNCED



Luisa Sheppard

Our club was fortunate to receive many LIVE YOUR DREAM applications for 2019.

Our 2019 LYD choice is **Luisa Sheppard**, a single mother of seven children. They moved to Sequim from Seattle from a domestic violence situation. She was married to the father of the children for 16 years, many of those years were spent in verbal, emotional and physical abuse as the father's addiction spiraled out of control. Luisa and all of her children were moved out of the county to a safe house where they had to start their lives over. Eventually they stayed at a hotel in Port Angeles in one room for eight months. When Luisa was laid off from the job associated with that sheltering situation, she went to Serenity House in Sequim with her children and they were placed in the family shelter.



Luisa worked with her case manager and she was hired at Reflections Counseling Center in Port Angeles. With the encouragement from management she applied for a Chemical Dependency Professional Trainee license and started working as a CDPT in November of 2016. Moving here changed her whole world and her kids' world. Luisa is the embodiment of those whom we hope to assist through our work as Soroptimists and our Live Your Dream program. She has lived through sexual abuse as a child and through domestic violence as a teenager and through her early to mid-adult years. As she accepted the award we could see that she is a survivor and a fighter and her opportunities to succeed are endless.

~Sharon Jensen, Awards & Scholarships Chair



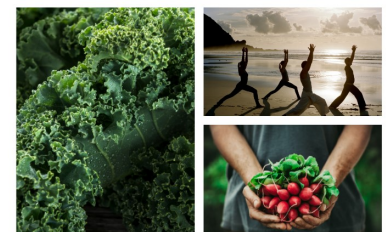
“I want to be around people that do things. I don't want to be around people anymore that judge or talk about what people do. I want to be around people that dream and support and do things.” ~Amy Poehler

Tea With SHE – Living Well: Ten Tools For A Healthier YOU!

Check out the poster for our Tea With SHE event coming up **May 7th, 12 Noon to 1:30 p.m.** The committee will get together in early April to finalize our planning.

Click the link to view, download, and share the poster with all your friends:
<http://sisequim.org/wp-content/uploads/2019/02/May-TwSHE-Poster.pdf>

~Jan Chapman, Tea with SHE Chair



LIVING WELL: 10 TOOLS FOR A HEALTHIER YOU!

PRESENTER: DR. MONICA DIXON

TUESDAY MAY 7, 2019

12 PM - 1:30 PM

TRINITY UNITED METHODIST CHURCH,
100 S. BLAKE AVE., SEQUIM

Optimize your health in the 2nd half of your life.



SOROPTIMIST HELPING & EMPOWERING



“A healthy outside starts from the inside.” ~Robert Urich

MEMBERSHIP UPDATE

This month is all about the Garden Show. For all you new members this is an event we ask you all to participate in. The Garden Show is the biggest money maker for our club and we need all hands on deck. Also, following the Garden Show is the club potluck on March 26 in the evening. Be sure to attend this fun event and find out just how we did on the Garden Show.

The May luncheon will be scheduled and is intended for ALL new members and membership committee to review 2018-19 membership activities and make recommendations for 2019-2020. The date for the luncheon will be rescheduled when we've heard back from all new members.

Prospective members are encouraged to come to meetings; however, wait until May, when dues are paid for our next fiscal year beginning July 1.

Membership renewal invoices will be sent out by the treasurer by May 15. Please be sure to update/correct roster information.

The 2018-19 Membership Team



MLC NEW EQUIPMENT

Thanks to the generosity of our grateful clients, the Medical Loan Closet was able to purchase two bariatric wheelchairs and two bariatric commodes. Now those in the community that are a little larger than normal can have access to our equipment too. We also purchased four new transport chairs and four new foldable commodes.

Once again, thanks to all the volunteers that keep the closet humming.

Jeani Penn, Co-Chair, Medical Loan Closet



Spice up your Sunday morning by treating yourself to a delicious

Mexican Breakfast!

Including corn tortillas, cheese and scrambled eggs, tomato-chili salsa, black beans and freshly brewed Ravens Brew coffee and tea

Sunday, March 31, 2019

8:30 to 12:00

Suggested donation: \$12

Macleay Hall

290 Macleay Road, Sequim

For further information call: 360-809-0393

No advance tickets

All proceeds go to educational programs and projects of **Mujeres de Maiz Opportunity Foundation** tax exempt 501(c) (3) www.MujeresDeMaizOF.org

FEATURING OUR BOARD

We want to acquaint our membership about our board members—especially those who are new to our board. Each month we will be featuring a board member.

KATHLEEN DeJONG – 2-Year Director, 1-yr remaining



Kathleen De Jong would love to have been raised on a farm. Even though she grew up in Kirkland, Washington, she learned about providing nourishment from an early age. Her father was the owner of a chain of grocery stores, culminating in Art's Food Center in the Crown Hill section of Seattle, where Kathleen and her brothers learned the grocery business from top to bottom.

After majoring in history and sociology at Washington State University, Kathleen worked for some years at the Bon Marché in Seattle and later at Geotechnical Engineering on Mercer Island. She returned to school for computer programming and applied her

new skills to Dairgold's Seattle headquarters. There, she first worked in operational support, advancing ultimately to manager of telecommunications, responsible for the company's vast phone system. Although she did not live on a farm, she was helping to put dairy products on American tables.

Fast forward some years to Sequim where Kathleen and Ray bought a farm on Lost Mountain, fifteen acres that welcomed a herd of Hereford beef cattle crossed with Angus. Here there was room for two golden retrievers and Dudley, a large American Paint horse who took to the trails in the Olympics with ease. A few years ago, Kathleen and Ray sold the farm and moved to a beautiful home in Carlsborg—with only the smaller animals.

While Kathleen says that she and Ray do not travel extensively, she has made several trips to Ireland to visit relatives. Those may have led her to a serious interest in genealogy and the chance to share a stash of family photographs among many cousins.

Serving on Soroptimist's board this year is by no means Kathleen's first leadership role in the club. She was club president in 2008-2009.

“Leadership: Converting dreams into goals and goals into success.” ~T Jay Taylor

PUBLIC AWARENESS—SPREADING THE WORD

Here we are and it's March! We are down to the final stretch for the garden show. So much has been done to develop and promote the show. We just completed the *Gazette* tab insert that came out this past week; we listed our show on four chamber sites; we recorded advertisements being broadcast on KSQM and public service announcements on four other stations—not to mention several other news publications, along with our Facebook page and the development of posters. So, I am sure you are wondering why I have mentioned the foregoing. Well, we are all familiar with word-of-mouth advertising. It is the oldest form of advertising to promote a great business, event or celebration. There is a simple concept in advertising, and I want to share its relationship with our membership.

We have 86 members! If 86 members told four family members, friends, co-workers or neighbors, that is 344 individuals who then would be informed. It is known in the world of advertising that those 344 will tell at least two family members, friends, co-workers or neighbors—so that number soon goes to 688 who know about the garden show. Those 688 are known to tell at least one family member, friend, co-worker or neighbor and that number soon becomes 1,376. That's a lot of advertising!

As the chair for Public Awareness, I ask all of you to jump on board and participate in our word-of-mouth advertising. Tell four family members, friends, co-workers or neighbors and ask them to pass it on. It is simple, easy and helps promotes and build a successful garden show.

~Linda Klinefelter, Public Awareness Chair



GALA GARDEN SHOW UPDATE

It's March and the 21st Annual Gala Garden Show is less than a week away. Remember, all members work on the Gala Garden Show. Here are some things we want to share.



- ◆ Pre-sale tickets are available! They make nice gifts for clients, friends, family or neighbors.
- ◆ The insert in the *Sequim Gazette* came out this past Wednesday.
- ◆ Two slots in the Café are still open; please let Missy Church-Smith know if you can fill either of them.
- ◆ The posters are starting to show up around town.
- ◆ Some magnets and yard signs are still looking for a place to show off. Pick them up at Deb Carlson's.
- ◆ **A reminder:** We are doing something slightly different this year. We are asking vendors to park in the grassy area to the north and west of the Boys & Girls Club and NOT in the B&G Club parking lot and NOT in the elementary school parking lot next door; we are giving vendors a sign to put inside their cars that says VENDOR. Also, we are asking ALL members to NOT park in the B&G Club lot and NOT in the elementary school's lot. This will leave more spaces open for patrons. There are several off-site areas for members to park.
- ◆ If you have expenses for the show for which you want reimbursement, please get your check request form—and receipts—submitted as soon as possible to Gala Garden Show Treasurer, Shelle Paulbitski. For your convenience, here is a link to the form: <http://sisequim.org/forms/CheckRequestForm.pdf>

Thank you all for doing your part to make this a great show.



~Su Howat & Kathy Purcell, Gala Garden Show Co-Chairs

“Show me your garden and
I shall tell you what you are.”
~Alfred Austin

GALA GIFT SHOW – December 7, 2019

The Gala Gift Show core team will meet shortly after the Gala Garden Show event is over. If you are interested in being on the Gift Show core team, we would love to have your help making some important decisions regarding this year's event. Contact Sandy Lawrence jandslawrence@hughes.net for more information.

~Sandy Lawrence, Gala Gift Show Chair



WORDS OF GRATITUDE

Dear Soroptimist International of Sequim,

We are thrilled to receive the very generous gift of \$1000 from you. With these funds, we can continue to deliver on our mission to promote the healthy development of children and families on the North Olympic Peninsula by building family strengths! It is with deep gratitude that we thank you for your support of First Step and the families in our community.

Your funding provides the opportunity for the families that we serve to thrive. Along with you, we hope to build strong families who have the resources that they need to care for themselves and the information and tools that they need for future success. You are instrumental in making this happen.

On behalf of our Board of Directors, staff and clients, THANK YOU for your support of families and children through First Step Family Support Center. Because of YOU, we can strive to ensure that every child will grow up feeling loved, safe, well cared for and healthy.

Warm Regards,
Priscilla Schaefer, Fiscal Manager
First Step Family Support Center

P.S — Thanks for all that you do! We appreciate you and all that your donation and generosity does for the families we serve throughout the North Olympic Peninsula.



Dear Members of Soroptimist International of Sequim,

Thank you for your generous gift of \$2,000 on February 21, 2019 for the expansion and remodel of the Dungeness River Audubon Center. Your show of support means so much to us. Your contribution pushes us closer to our goal. Together we will make it happen.

Thanks to your support, expansion of the Center will benefit our community, and improvements to the Park will enhance the unique experience of our natural setting.











We are fortunate to be sharing this exciting time with you, and greatly appreciate the trust you have placed in us, our mission, and our project.

Sincerely,
Powell Jones, Director
Dungeness River Audubon Center



“Thankfulness creates gratitude which generates contentment that causes peace.” ~Todd Stocker

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Anji Scalf 	5	6	7	8	9
10 	11	12 Business Meeting	13	14	15 Gala Garden Show Setup	16 Gala Garden Show 
17 Gala Garden Show 	18	19	20 FIRST DAY OF Spring MARCH 20 	21 Laura Rundle 	22	23
24 Susan Mesches	25	26 Gala Garden Show Potluck Celebration	27 Gerry Sladowski 	28 Kathryn Pacelli 	29 Tina Thomsson 	30
31 Carol Pearson 						

April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> 	<p>2</p> 	<p>3</p>	<p>4</p> <p>Linda Rotmark</p> 	<p>5</p> <p>BOARD MEETING</p>	<p>6</p>
<p>7</p>	<p>8</p>	<p>9</p> <p>Business Meeting</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>
<p>21</p>	<p>22</p> 	<p>23</p> <p>Program Meeting</p>	<p>24</p>	<p>25</p> <p>101st NWR Conference Stevenson, WA</p> 	<p>26</p> <p>101st NWR Conference Stevenson, WA</p> 	<p>27</p> <p>101st NWR Conference Stevenson, WA</p> 
<p>28</p> <p>101st NWR Conference Stevenson, WA</p> 	<p>29</p> <p>Chris Snow</p> 	<p>30</p> <p>5th Tuesday</p>				

Spring is like a perhaps hand by: E. E. Cummings

Spring is like a perhaps hand
(which comes carefully
out of Nowhere) arranging
a window, into which people look (while
people stare
arranging and changing placing
carefully there a strange
thing and a known thing here) and

changing everything carefully

spring is like a perhaps
Hand in a window
(carefully to
and fro moving New and
Old things, while
people stare carefully
moving a perhaps
fraction of flower here placing
an inch of air there) and

without breaking anything.



SOROPTIMIST
Best for Women

Soroptimist International of Sequim
PO Box 126
Sequim, WA 98382

*improving the lives of women and
girls through programs leading to
social and economic empowerment.*

To a Person Making a Difference for Women