



**SOROPTIMIST**  
Best for Women

# Soropti-Scoop

*A Communiqué by  
women and men dedicated to improving the lives of women and girls  
through programs leading to social and economic empowerment.*

Volume 23, Issue 11

Soroptimist International of Sequim

**Celebrating 70+ Years of Service**

May, 2019

**Officers 2018 - 2019**

**President:**  
Gena Royal

**President-Elect:**  
Kathy Purcell

**Secretary:**  
Linda Chapman

**Treasurer:**  
Kathy Cunha

**Assistant Treasurer:**  
Shelle Paulbitski

**Director: 2 year  
(one year remaining)**  
Kathleen DeJong

**Director: 2 year**  
Dave Fickes

**Director: 1 year**  
Kris Osborn

**Director: 1 year**  
Connie Van Roosendaal

**Past President:**  
Gena Royal

**Newsletter Staff:**  
Kathy Purcell  
Rose Jaeger  
Jane Manzer  
Pat Willis

**“Be strong, be fearless,  
be beautiful.  
And believe that  
anything is possible  
when you have the  
right people there  
to support you.”  
~Misty Copeland**

**Message from the President**

“What’s this stuff?”  
“Some cereal. It’s supposed to be good for you.”  
“Did you try it?”  
“I’m not gonna to try it! You try it!”  
“I’m not gonna try it!”  
“Let’s get Mikey.”  
“He won’t eat it. He hates everything!”  
“He likes it!! Hey, Mikey.....”

Sadly, this is how we often approach the opportunity to try new things. Mikey got the best part of this scenario because, even though he “hates everything,” he was still willing to try something new!

SIS is a remarkable organization. I have maintained over the last two years that our club is so organized and there is such a high level of personal commitment from our members, that leadership in SIS is not a burden but a joy. However, our inability to fill the President-Elect position for the second year in a row is weighing heavily on my heart. My time of leadership is incomplete, as both my terms as President have ended with my President-Elect being unable to find someone willing to serve with them during the upcoming year and to commit to the Presidency the following year.

We all face, occasionally, the life-stress of family situations, career obligations, and health challenges that limit our participation and test our endurance. And during those times, the obligation to dedicate all our effort to tend to those situations is non-negotiable.

But, sometimes, we just don’t feel competent or skilled enough to take on a leadership role. We lack experience, expertise, or confidence for taking on the office. But, really, have you looked at this club? Do you really think that it would fail due to your lack of experience? Do you really think that the past officers would not be there beside you to help, guide, and even teach you what you need to know? Do you have that little faith in our sustainability? Believe me, I know, this may not be the perfect time to take on such a commitment. It will never be the perfect time! But somewhere in our club there are members who are holding back because of inexperience, insecurity, or lack of support, and those things are all attainable, all negotiable, and all easily overcome! I would willingly commit to serve as Parliamentarian if that is the scary part for you and there are others who can come along side to help in other areas. No one is in this alone!

~continued on page 3

## Letter from the Editor

Dear Friends,

It's May—the month that brings us Mother's Day. It is a time we honor not only our moms, but also those who have nurtured, encouraged and supported us. This May, at our business meeting, we will be presenting the slate of nominees for the 2019-2020 officers and board members.

This brings to mind a past Soroptimist member and past club president who passed on last month—Peg Rinker. Peg was our president 1999-2000, and that year she passed on a lot of lessons to me. During her term—my second full year as a member—I was the club's Corresponding Secretary. I noticed she sometimes called people the wrong name. Someone would correct her; she would acknowledge it, laugh and move on—it wasn't a big deal. That impressed me and endeared her to me. She had an unexpected impact on me. My ideas about leadership changed. I had a new perspective. A leader doesn't need to be perfect—especially when 'perfect' is subjective.

So when the 2000-2001 Nominating Committee asked me about being president, instead of declining—I accepted. Instead of feeling my lack of Soroptimist experience would be a detriment to the club, I felt I could trust the members to assist me along the way. And that is, indeed, what happened. I am so grateful for Peg's tutelage. This isn't the only area in which I learned from her—or followed her.

Peg handled Vendor Support for the Gala Garden Show for many years. She got to know a lot of the vendors. Early on, she started wearing a hat at the show that was adorned with flowers. Over the years things were added to it—the last being a small watering can. It was her signature hat. One year, when the vendor registration position abruptly became vacant just weeks before the show, I stepped in. I had a thin headband to which I attached multiple colored flowers. I wore it at the show. It has become my signature headband. Was this influenced by Peg and her hat?

Peg was the one who initiated taking photos of the vendors and, after the show, would send them a thank you card with their photo in it. One year Peg's camera malfunctioned and she asked me if I would be willing to take the vendors' photos. She knew I had my camera with me—no surprise. The mantle had been passed; after that I took the vendor pictures and sent out the thank you cards. Again, I followed Peg's lead.

Even after Peg moved away she made her way back to the Gala Garden Show. The vendors were happy to visit with her. It was heart-warming to see Peg since she had been so much a part of it. At our recent show in March, our only vendor who has been with us since the first show—all 21 years—asked if Peg was going to be there; Peg wasn't able to attend.

Days after the show I heard Peg was extremely ill. I was able to reach her by phone. I told her Edna and Manny had asked about her. She said that was nice; I could hear the smile in her voice. Then she said she heard I was coming back as president of the club. I told her that was true. Then I shared with her how it was her leadership that led me to accept the position the first time, back in 2000. She thanked me. I said I should be thanking her.

I am grateful I had the chance to talk with Peg and tell her what a difference she made in my life and in the life of our club. I share this with you to honor Peg, but also to help you understand a leader doesn't do the job solo. It takes a team to reach new heights. Please consider stepping up to the President-elect role, or to being a co-chair of a committee. Through our service we Rise By Lifting Others.

My heartfelt gratitude to all of you for nurturing, supporting and encouraging me to be the best version of myself.

Light and Love,  
Kathy Purcell, Editor



**“Only those who have learned the power of sincere and selfless contribution experience life's deepest joy: true fulfillment.”**  
~*Anthony Robbins*

## CALENDAR

### MAY

- 7 Tea with SHE—  
Noon
- 10 Board Meeting
- 14 Business Meeting
- 28 Program Meeting  
HS Scholarships

### JUNE

- 7 Board Meeting
- 11 Business Meeting
- \*22 Installation of  
Officers & Board



*We Rise By Lifting Others*

**\*Evening Meeting**

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**“Example is the school of mankind,  
and they will learn at no other.”**  
~*Edmund Burke*

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**“The purpose of learning is growth,  
and our minds, unlike our bodies,  
can continue growing as we  
continue to live.”** ~*Mortimer Adler*

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# Celebrate Life!

## MAY

- 1 Mary Cocoran
- 1 Shirley Huntley
- 3 Judy Field
- 4 Jeanne Martin
- 8 Marti Campbell
- 10 Sandy Reed
- 15 Barbara Brenner
- 18 Pauline Geraci
- 20 Cynthia Martin
- 23 Linda Klinefelter

## JUNE

- 3 Dorothy Ward
- 13 Elaine Churchill
- 14 Sharron Empens
- 19 Linda Chapman
- 20 Jess McNeil
- 22 Caroline Smith
- 23 Jodi Olson



Note the phone number for our  
MEDICAL LOAN CLOSET

**360-504-0231**



*“In a relationship each person  
should support the other;  
they should lift each other up.”  
~Taylor Swift*

~continued from page 1

We each need to re-examine our commitment to SIS and its goals. We should consider stepping up, stretching our limits, trying new things. Here are a few things to consider about holding the Pres-Elect/President office:

Everyone who has done it, stepped into the unknown the first time they did it.

No one ever does it alone.

New ideas can and should blend with old traditions.

Leading can be fun when you realize you are just a member of the team.

“The only thing we have to fear is fear itself.” FDR’s first inaugural address.

- Our goal of improving the lives of women and girls can only be realized through our projects and programs.
- Our projects and programs can only be realized through active and dedicated members.
- Our active and dedicated members can only be supported by servant leadership.
- No leadership, no member support.
- No member support, no projects and programs.
- No projects and programs, no mission goals completed.

“I will put forth my greatest effort to promote, uphold and defend these ideals, for a larger fellowship in home, in society, in business....For Country and for God.”

~President Gena  
*“We Rise by Lifting Others”*



## PROGRAM MEETING

For our May Program meeting we will meet and hear from this year’s High School Scholarship recipients.

## SOROPTIMIST MEETING DATES TO REMEMBER



**21st Soroptimist International  
Convention**  
Kuala Lumpur, Malaysia  
July 18–21, 2019



**District 1 Meeting**  
Suquamish Clearwater Casino Resort  
Suquamish, WA  
April 25-28, 2019

## AWARDS AND SCHOLARSHIPS

### MARCH GIRL OF THE MONTH

#### Isabelle Hugoniot



Soroptimist International of Sequim is proud to present the March Girl of the Month award to Isabelle Hugoniot. Isabelle actively participates in the community and in school as a middle school youth leader at Dungeness Community Church, treasurer of Honor Society and the Interact Club at Sequim High School, as well as member of the STEM club. Her academic achievements are reflected as a member of the Honor Roll from her freshman to senior year, and sport achievements are in tennis. She has been a member of the Sequim varsity Tennis team for four years. Isabelle will be attending Westmont College in the fall and will major in biology and pre-veterinary.

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### VOCATIONAL TECHNICAL AWARD

#### Sondra Pedlar



SI of Sequim is pleased to announce the winner of our Vocational Technical Award to **Sondra Pedlar**. A single mom, Sondra keeps a busy schedule around raising three children, working several part-time positions while enrolled in the Peninsula College nursing program. Sondra is in the first year of her nursing program and is dedicated to becoming a nurse and to be an example to her children, showing the importance of setting goals and working hard to achieve them.

*“Educating the mind without educating the heart is no education at all.” ~Aristotle*

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### UPDATE ON PAST CONTINUING EDUCATION AWARDEE

#### DeAnna Kubas



**DeAnna Kubas** is a past recipient SI of Sequim’s Continuing Education Award. DeAnna visited us at our April program meeting to give us an update on things and to express her gratitude. DeAnna holds a bachelor’s in political science and has returned to school to become a registered nurse thru the Peninsula College nursing program. This journey was started years ago when her mother was diagnosed with early-onset Alzheimer’s disease. This experience of caring for her mother and working closely with hospice laid the groundwork for her to return to school and become a hospice registered nurse. She will soon start a preceptorship with Assured Hospice as part of her education. We wish DeAnna well as she continues on her journey.

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### HIGH SCHOOL SCHOLARSHIPS

It’s High School Scholarship time! This year we were once again focusing on girls who really want to attend college but have roadblocks due to hardship, not necessary high academics. Because of that, we asked Mitzi Sanders to select only those notebooks that fit our criteria, not the entire senior class. The Awards and Scholarship committee was able to read the notebooks without an “all call” to club members for assistance. Our reading was May 8th; scholarship night at the high school is May 29<sup>th</sup> at 6 p.m. It was a long evening, but a happy and inspiring one. Thank you to all who were there to choose such deserving recipients for the two scholarships. You can meet them in person at our May 28<sup>th</sup> Program Meeting.



~Deborah Carlson, Awards and Scholarships





## TEA With SHE

**Dr. Monica Dixon** gave a wonderful program on **10 TOOLS TO TURN YOUR LIFE AROUND**. She is so knowledgeable, energetic, and just fun to watch! Her tips were extremely meaningful and easy to implement, and very well received by our audience. Everyone learned something that I'm sure they started implementing the next day. It was a terrific program!

Thanks.

~Jan Chapman, Tea with SHE Chair



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**“If I could give one tip for people - it’s not just an exercise or nutrition regimen. It’s to walk your walk and believe in yourself, because at the end of the day, the dumbbell and diet don’t get you in shape. It’s your accountability to your word.” ~Brett Hoebel**

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## MEMBERSHIP COMMITTEE REVIEW

A meeting was held on April 30 prior to the Fifth Tuesday event at Salona in Sequim. Missy Church-Smith guided us through examining our efforts this year to help new members feel comfortable and welcome in our club, did we accomplish what we set out to do and if not why. There were a lot of good suggestions and constructive feedback.

The goals of this committee are:

- To help new members comfortably adjust to **SIS**: expectations, organization, opportunities, mission
- To provide tools for active membership and participation
- To provide opportunities for greater interaction with fellow new members, as well as the general membership.

Sponsors/Mentors can play a valuable role in accomplishing these goals. It was indicated that in some instances the sponsor/new member relationship did not happen or fell apart. Next year Elaine Churchill will be the Sponsor/Mentor Membership Team Liaison and ensure that mentors are aware of their roles and responsibilities.

Membership dues for the coming year will be increased to \$150, with new members paying an additional \$15 for Soroptimist International administration fee.

Thanks to all the members, new and current, who attended the meeting on April 30.

~Kathleen DeJong, Membership Committee



### THREE CHEERS FOR THE THREE CHAIRS OF MLC

We have a new co-Chair for the Medical Loan Closet. Chris Snow has joined Becky and me to manage, inventory and supervise all things closet. She has already jumped right in and is helping us rewrite the procedures for the Medical Loan Closet.

Thanks, Chris, for bringing your energy and expertise to our operation.

~Jeani Penn and Becky Archer, MLC Co-Chairs



Gena's **GAVEL**  
(hand-crafted  
by her  
grandfather)  
made an  
appearance  
at the  
NWR Conference  
last month!



### WOMEN FOR WOMEN INTERNATIONAL SPONSOREE

We've received our last letter (see below) from Yohanna Keziah, a woman in Nigeria we sponsor through Women for Women International. She will graduate soon and we will be receiving another woman to sponsor.

~Jane Manzer



Dear Sponsor,

It pleases my heart to send my warm greetings to you with hope that you and your loved ones are doing great.

The training I received in Women for Women International has enabled me to manage stress through meditation, involving myself in group support, dancing, and watching my local entertainments. I no longer discriminate against HIV/AIDS patients as I learned safe ways to relate with them without fear of being infected. Moreso, the training I acquired on pregnancy, birth, and infant care has encouraged me in anti-natal and child immunization.

I plan to expand my trading after my graduation to enable me to be of continued support to my household. I appreciate your kind support.

~Yohanna Keziah



## FEATURING OUR BOARD

We want to acquaint our membership about our board members—especially those who are new to our board. Each month we will be featuring a board member.

### CONNIE VanROOSENDAAL—1-Year Director



We often ask what is in name? I was asking that very question, when I was going to interview Connie Van Roosendaal. I was fascinated by her last name and decided to Google it. I learned there is a town in the Netherlands called Roosendaal. So, my interview of our one-year director, Connie Van Roosendaal, started with “I learned there is a town in the Netherlands called Roosendaal.” Connie shared her husband is related to descendants from this very town, who came to the United States as indentured servants.

Connie has her roots in the Northwest and indicates she is a small-town girl. She was born and raised in Eugene, Oregon, and then after high school graduation moved to the Seattle area. This is where she eventually married, and she and her husband raised two sons. A call from her dad one day led to her career! Connie’s dad owned a mortgage and escrow company and he asked if she would come and answer phones while he was out of town. Connie shared “I knew I could do that.” Answering phones led to her becoming an escrow officer in her father’s firm and she did so for twelve years. She continued as an escrow officer for another 18 years in Utah. Although Connie is now retired, she still works as a certified signer as a mobile notary. Although, not full-time, it has allowed her to meet some wonderful people and learn the area. Connie’s sons live afar and close! One lives in Wisconsin and the other just down the road in Port Hadlock. Port Hadlock is just a skip and jump in today’s commute schedules, so Connie and her husband enjoy a weekly overnight visit from their 4-year-old granddaughter.

Connie has only been a member since September, 2017, but took her membership seriously and stepped-up to leadership roles. She immediately responded to the request to become a board member and then became the chair for the garden show raffle. Her commitment to the mission of Soroptimist is exemplified by her willingness to assume responsibility to endorse and achieve the goals promoting “best for women.”

~Linda Klinefelter

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“The choice to lead is nurtured by the willingness to rise above challenges of life.” ~*Israelmore Ayivor*

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## FLAT STANLEY SPREADS THE WORD ABOUT SOROPTIMIST

As we slowly approach the end of our business year 2018-19, I want to share a recent experience with our membership.

How many of you are familiar with Flat Stanley? If you are not, Flat Stanley is a book series that recounts the adventures of Stanley Lambchop after surviving being squashed flat while sleeping by a falling bulletin board. His adventures are now incorporated into classrooms projects across the United States. Recently, my great niece, Piper, asked me to participate in a Flat Stanley adventure, which bought him/her to our home. Piper's teacher gave the students the option of a boy or girl. Piper chose a girl.



At our last meeting, I slipped Flat Stanley into my planner so I could say she came to one of our meetings. I included a brief narrative for Piper, about Soroptimist. Shortly thereafter, her adventures with us were done. I packaged her up and sent postcards and small trinkets from her adventures while she was with me, and sent her back to Piper in California.

What followed was worth Stanley's trip to our Soroptimist meeting! Piper's Mom asked about Soroptimist as she had never heard about us. While I know my niece, Morgan, won't be joining our club, she was delighted to know more about us and said she was going to check out if there was a Soroptimist club in her community. Even projects from afar can bring awareness with and around Soroptimist.

~Linda Klinefelter, Public Awareness Chair



*“Certainly, travel is more than the seeing of sights; it is a change that goes on, deep and permanent, in the ideas of living.” ~Mary Ritter Beard*

## 5<sup>th</sup> TUESDAY GONE TO THE DOGS

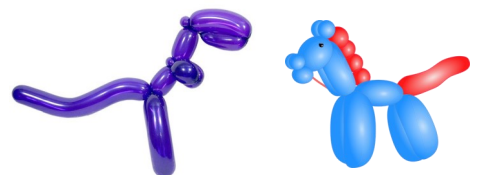
The 5<sup>th</sup> Tuesday event was a combination of potatoes and puppies. Well, there were lots of potatoes and only one puppy, but it was a smashing success. Thank you to all of you, who brought scrumptious toppings and an array of desserts. I do believe, we are an organization that likes our sweets, if the dessert table is any example of our affection for confections.

April is Prevention of Cruelty to Animals month and we decided to carry a little of that theme into our 5<sup>th</sup> Tuesday gathering. We invited the local puppy trainers for the Guide Dogs for the Blind to share how they care and train the puppies. Kim Rosales and Kelli Walker provided our members with a wonderful presentation. While there is lots of work that goes into preparing these dogs, no dog fails! If they are not cut out to be a guide dog, they are re-careered. Kathleen DeJong indicated she has been a puppy sitter for these trainers and invites anyone to sign-up to be a sitter. If you are interested you can contact [deb@puppypilots.org](mailto:deb@puppypilots.org) or if you would like information on volunteering to be a puppy trainer more information is available at [www.guidedogs.com](http://www.guidedogs.com).



We also had our club clown—Elaine Churchill—show us how to make balloon dogs. Thanks, Elaine. What an array of colorful puppies!

~Linda Klinefelter



Some pics from 5<sup>th</sup> Tuesday: <https://www.flickr.com/photos/108582458@N03/>





## 2020 GALA GARDEN SHOW

Looking for Co-Chairs for the 2020 Gala Garden Show Core Committee

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*“The glory of gardening: hands in the dirt, head in the sun, heart with nature.  
To nurture a garden is to feed not just on the body, but the soul.” ~Alfred Austin*

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### GALA GIFT SHOW BAKE SALE REQUEST Searching for Jam and Jelly Jars...

As many of you know, the last couple of years, I have made jam and jelly for the bake sale that is part of our December fundraiser. In the past two years, I have utilized my ample collection of jam and jelly jars for this event. I am looking forward to making this contribution again to the fundraiser, but I would like to minimize my purchase of jars this summer as much as possible. If any of our members have 4-ounce or 8-ounce canning jars and would like to re-home them, please let know. Thank You!



~Linda Klinefelter



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### WORDS OF GRATITUDE

Dear Soroptimist International of Sequim,







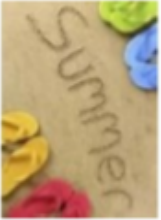


I would like to thank you again so much for recognizing me for one of your Girl of the Month awards. It meant so much to me to receive this award from an organization that is so passionate about helping young women succeed and thrive in their future. Your selfless commitment amazes me.

Thank you again,  
Isabelle Hugoniot

# May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Mary Cocoran Shirley Huntley 	2	3 Judy Field 	4 Jeanne Martin 
5	6	7 Tea with SHE Trinity United Methodist Church 12:00 p.m. 	8 Martí Campbell 	9	10 BOARD MEETING Sandy Reed 	11 VIP Luncheon 
12 	13	14 Business Meeting	15 Barbara Brenner 	16	17	18 Pauline Geraci 
19	20 Cynthia Martin 	21	22	23	24	25
26	27	28 Program Meeting H.S. Scholarships Linda Klinefelter 	29	30	31	

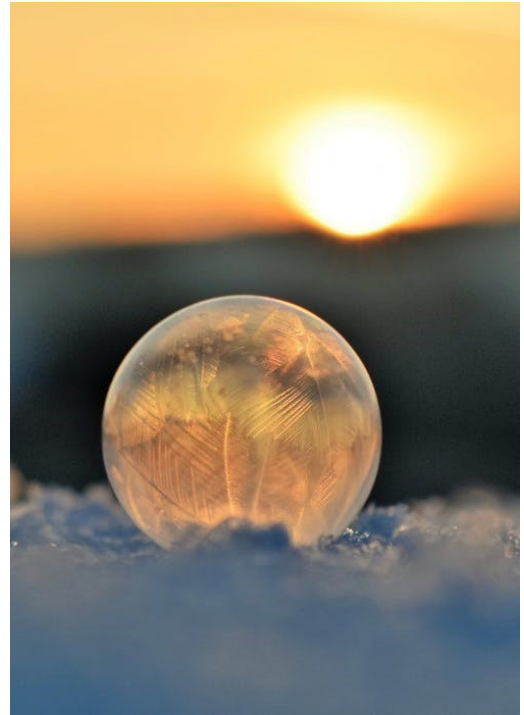
# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Dorothy Ward 	4	5	6	7	8
9	10	11 Business Meeting	12	13 Elaine Churchill 	14 Sharron Empens 	15
16 	17	18	19 Linda Chapman 	20 Jess McNeil 	21 	22 Caroline Smith Installation 
23 Jodi Olson 	24	25	26	27	28	29
30						

## **The Sun**

by: Amitav Radiance

Every sunrise is a new awakening  
Illuminating the intellect with power  
To dispel darkness from the world  
Embracing every heart with its warmth  
And nurturing love to full blown flowers  
Making this celestial garden resplendent  
Its beautiful rays prancing in every particle  
Holding the brightness of the sun, within.



**SOROPTIMIST**  
Best for Women

*improving the lives of women and  
girls through programs leading to  
social and economic empowerment.*

Soroptimist International of Sequim  
PO Box 126  
Sequim, WA 98382

To a Person Making a Difference for Women