

Soropti-Scoop

A Communiqué by

women and men dedicated to improving the lives of women and girls through programs leading to social and economic empowerment.

Volume 23, Issue 4

Soroptimist International of Sequim

Celebrating 70+ Years of Service

October, 2018

Officers 2018 - 2019

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"When we shift our perception, our experience changes." ~Lindsay Wagner

Message from the President

Some thoughts on perceptions –

At our most recent program meeting on September 25, our guest speaker was Andra Smith, Executive Director of Sequim Food Bank. Andra asked us what we thought of when someone mentioned the food bank. What are our perceptions of food bank visitors? Actual statistics are that 24% of people served by the Sequim Food Bank are over the age of 55, 41% are working...either full or part time and 32% are retired. Maybe not what you were thinking? I know Andra certainly educated me on the subject.

I belong to a Facebook group of people that have the same condition as I, Abductor Spasmodic Dysphonia. Many have shared how disheartening it is to have people assume because they have a speech disability, they are somehow mentally impaired, especially when forced to speak on the phone. Prior to the onset of their condition, they were quick-witted and the first to have an answer; they're still quick-witted and have an answer, they just can't verbalize it quickly enough to make the same impact. They had lives full of strong, fluid voices. A significant number were teachers, some spent a great deal of time on the phone or doing public speaking with flawless ease. Individuals with disabilities may not have all the limitations that we might expect.

Age is another area where preconceived ideas about what we can and cannot do either physically or mentally, is prevalent. All one has to do is observe a Gala Garden Show or Gala Gift Show from set-up to tear-down to disprove any idea that individuals of a certain age aren't capable of anything they put their minds to. We are not only capable, but in some instances totally outshine our younger counterparts. I know plenty of Generation X or Millennials who wouldn't be up to building a parade float, writing a newsletter or cycling across Europe.

Let's keep our minds open to all the possibilities.

"Just remember that sometimes, the way you think about a person isn't the way they actually are." ~Harper Lee, To Kill a Mockingbird

President Elaine

"We Rise by Lifting Others"



Letter from the Editor

Dear Friends,

It's October—breast cancer awareness month. Most of us know someone who has had this disease; it is something that touches the lives of all of us. This issue is on our minds especially this year because our own (club member) Linda Klinefelter was the Mistress of Ceremony for the Mad Hatters' Tea held on October 5, 2018.

I don't often get to attend the event because of work, but I was able to go this year. Our club filled two tables—if you include Melody Albertson's two friends.

The Mad Hatters' Tea began in Sequim in October, 1997, as a small party to support a friend undergoing chemotherapy for breast cancer. The honoree, Jan Chatfield, had no hair and commented how she was always the only one wearing a hat. Her friends decided to have a tea party and wear hats in solidarity with their friend. Over time the word spread and more women wanted to come to the party. They all had their own stories. It's now in its 21st year.

The annual Mad Hatters' Tea provides donations to local cancer organizations. The event offers fellowship to women with breast cancer and educates the public on early detection of breast cancer and other aspects of the disease.

The venue had a stage in the front with a podium and microphone. Along one wall there were silent auction items; along another wall there were more than a dozen raffle items. At the end of the event there was a 'hat dance' which is sort of like a free-style conga line. This year's theme was *Pretty in Pink*. Most attendees wore some pink in their hats and/or in their clothing. It created a beautiful picture.

The two speakers, Dr. Loraine Lovejoy-Evans and Juliet Pierce, spoke not just from their hearts, but from their souls. Their passion drew us in and took us to a new level of awareness. They spoke on lymphedema and post mastectomy syndrome respectively. They were well-versed in the subjects. Speakers are assigned only a certain amount of time. Often there is more to share than what can fit into the time allotted. This is where questions and answers come into play. People in the audience got to ask about things that were important to them. To each query came the same reply, "That's a good question." The inquiries assisted the speakers in expanding on, and filling in pieces of information.

I was reminded by both speakers the importance of collaboration and of trying new things. Juliet Pierce mentioned several times, if we know someone who is experiencing chronic pain and we have an idea of what might help, we should share it with them. She said we all have an inner inventor within us. What an empowering thought!

The event reminded me of Soroptimist meetings—especially district and region conferences. Our main meeting room has a stage at the front with a podium and microphone. We have raffle items. We usually do at least one conga line dance. There's always a theme for dressing up—and we support one another with compassion and love.

Our District 1 Meeting is just around the corner. Four from our club will be attending. We will collaborate with members from other clubs in our district and increase our awareness. We will glean new insights and bring back ideas that will empower all of us as a club. We will continue to rise higher as we lift others.

Light and Love, Kathy Purcell, Editor



See photos from the Tea: https://www.flickr.com/photos/108582458@N03/sets/72157700570750261

"Enlightened leadership is spiritual if we understand spirituality not as some kind of religious dogma or ideology but as the domain of awareness where we experience values like truth, goodness, beauty, love and compassion, and also intuition, creativity, insight and focused attention." ~Deepak Chopra

CALENDAR

OCTOBER

- 5 Board Meeting
- 9 Business Meeting GOM—Sept/Oct
- 23 Program Meeting
- 30 Tea With SHE
- *30 5th Tuesday

NOVEMBER

- 9 Board Meeting
- 13 Business Meeting
- 27 Program Meeting



...

*Evening Meeting

"Every creator painfully experiences the chasm between his inner vision and its ultimate expression." ~Isaac Bashevis Singer



"Discovery consists of looking at the same thing as everyone else and thinking something different."

~Albert Szent-Gyorgyi

Celebrate Life!

OCTOBER

- 11 Melody Albertson
- 12 Marilyn Buffer
- 20 Jeanie Blaurock
- 24 Jeani Penn
- 26 Shelle Paulbitski

NOVEMBER

- 2 Mayme Faulk
- 6 Kathleen DeJong
- 9 Donna Carson
- 10 Gloria Fitzpatrick
- 15 Monica Ostrom
- 21 Joan Plumb



Note the phone number for our MEDICAL LOAN CLOSET 360-504-0231



"Do one thing every day that scares you." ~ *Eleanor Roosevelt*



Just in Case you

The Program Committee invites you to October's 5th Tuesday Harvest Party.

It will be held at the Solana Clubhouse at 5:30pm on Oct. 30, 2018
We will be potlucking salads and desserts, sharing fall memories, and finding our own Leaf Royalty.

OCTOBER'S PROGRAM MEETING

Our October program meeting speakers will be **Brooke Taylor**, Board President, and **Chris Fidler**, Executive Director, who will share information about the **Port Angeles Waterfront Center**. Our own Jeanne Martin is treasurer for the organization.

~Gena Royal, Programs Chair



SOROPTIMIST MEETING DATES TO REMEMBER





District 1 Meeting Four Points Sheraton Des Moines, WA October 19-21, 2018



NWR Conference Skamania Lodge Stevenson, WA April 25-28, 2019



21st Soroptimist International ConventionKuala Lumpur, Malaysia
July 18–21, 2019

AWARDS AND SCHOLARSHIPS

VOCATIONAL/TECHINICAL AWARDEE

Soroptimist International of Sequim is pleased to announce the recipient of our 2018 Vocational Technical Award. The \$1500 award was presented to **Elizabeth Gleason**. She is enrolled in the nursing program at Peninsula College and is a US Marine veteran. At our September Program meeting Elizabeth shared her story and said her family is her driving force to become a registered nurse.



YOUTH COMMUNITY SERVICE AWARD



There is one award of \$500.00 to a girl 14 - 17 years old who is deeply involved in community service. The award is divided 50% directly to the award winner and 50% to the organization the award winner represents.

LIVE YOUR DREAM AWARD

This award of \$1500.00 is granted to one deserving female head of household with dependents who wishes to further pursue her education.



"The world needs dreamers and the world needs doers. But above all, the world needs dreamers who do." ~*Sarah Ban Breathnach*

Dream It Be It

The Dream It Be It program committee and the Middle School project committee will meet jointly in October to plan our year. The Soroptimist signature program Dream It Be It (DIBI) helps students identify characteristics of those they admire and use those ideals and values to set goals. We have some ideas for working together jointly. If you are not listed in the roster book as a part of either committee (DIBI or Middle School), please contact Sandy Lawrence so that you can be included in any communications or meetings we may hold.

~Sandy Lawrence, DIBI Chair



TIME FOR TEA with SHE—Soroptimist Helping and Empowering

Don't forget, the next **Tea With S.H.E**. event is on Tuesday, October 30th, at noon, at the Trinity **Methodist Church**. Come and join us, and bring a friend! Our presenters are Brian King from the Clallam Co, Sheriff's Dept. and Devin McBride from the Sequim Police Dept. You will learn about home and personal safety and security; and, how to recognize the various scams that are so prevalent today.

~Jan Chapman, Tea With SHE Chair







"Adversity, and perseverance and all these things can shape you. They can give you a value and a self-esteem that is priceless." ~ Scott Hamilton

MEET OUR NEWEST MEMBERS

CAROLINE SMITH



...sponsored by Kathy Purcell



Caroline is a former member of our club; business ownership (Olympic Mailing & Printing Services) and a hectic schedule left little room for volunteering through SIS, but now she is ready to renew her membership and become reacquainted with the club—

we are delighted to have her back! She and her husband Terry enjoy life in this small town environment. Volunteer venues include the Museum & Arts Center, International Footprint Association (IFA) and the Sequim Chamber of Commerce. Her talents/hobbies include painting, fiber arts, gardening, geocaching, reading, biking, hiking and music—just to name a few!

Her advice: Don't give up! Welcome back to Caroline!

CAT XANDER

...sponsored by Janet Real



Cat and her husband Larry moved from San Diego, CA, to Sequim 10 years ago - a decade that has flown by! Having worked in a number of fields—television, marketing, education, drama, puppetry, clownology—she now puts her wide-ranging talents to

good use volunteering at the Habitat for Humanity store. Here in Sequim she has also been active in the OPES wine club and worked for a time as a volunteer bartender at Sunland. Cat enjoys public speaking, yoga, reading, writing, marketing, friendships and is fascinated by the Myers-Briggs Personality Sorter.

Her advice: **Don't sweat the small stuff**—and it's all small stuff.

Welcome to Cat!

MEMBERSHIP —COOL STUFF

Sunland Golf and Country Club sponsored a golf tournament to raise money for cancer care in the local area. You could donate by purchasing a sign in support of the cause. There were also signs in remembrance of those who lost their lives to cancer.

I decided to buy a sign showing the support of the local Soroptimist Club. This sign was on the 6th green.

~Kathleen DeJong





NEW MEMBER ORIENTATION

Six new members and three Sponsors met on September 18th for New Member Orientation, lead by **Connie Van Roosendaal**. Connie provided wonderful snacks and **Dave Fickes** hosted at Solana with a "SIS in Review" video. To help new members better understand the beneficiaries of our funds, Connie explained scholarships, committed and uncommitted funds. Then she focused on committees and different aspects of the roster. Everyone was encouraged to keep their roster handy and to refer to it often, as answers to many questions can be found there, along with names and contact



information of knowledgeable people. There was a short discussion of the Area, District, and Region meetings. After Q & A, the evening concluded on time making everyone happy. Good job, Connie. For new members who missed this orientation, there will another one in February.

~Amanda Beitzel, Membership Co-Chair













MEDICAL LOAN CLOSET UPDATE

We would like to welcome our new committee members **Marilyn Buffer** and **Jan Durham**. We appreciate your willingness to serve our community.

September has brought an influx of returning equipment, swamping our units with items stacked and hung from the rafters. Our clients have been so faithful to return items just in time for the autumn slips, falls, and surgeries!

~Gena Royal, MLC Co-Chair



RECOGNIZING DIGNITY

I'm firmly convinced that good deeds lead to other good deeds! A friend of mine, after hearing about our **Dignity For Women Project**, told her church about it. I would like to thank The Crossing Church and Olympic View Church for their example of how good deeds multiply. They partnered in a yard sale—and with part of the proceeds they purchased seven big boxes of diapers from Costco and provided the Food Bank with 1200 diapers of various sizes.



Small deeds are just as important as the big and more obvious deeds. It's the small deeds that make a difference in a person's life more than the big deeds that make a difference in a community. As the old saying goes, I can't change the world, but I can change the world for one person at time. Thank you, my Soroptimist sisters, for helping me to make the world a better place for one woman at a time.

~Jeani Penn, Dignity For Women Project Chair

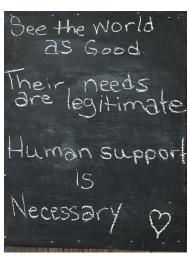


"Dignity is as essential to human life as water, food, and oxygen." ~*Laura Hillenbrand*

SEQUIM FOOD BANK

Andra Smith, the Executive Director of the Sequim Food Bank was the speaker at our program meeting on Tuesday, September 25. She spoke from the heart, educating all of us. It was surprising to learn over 65% of their visitors use the food bank as their regular food source. The Sequim Food Bank provides not only food, but resources that are helpful to the visitors. They network with other food banks so the abundance is shared with those who benefit the most.

The Mission of the Sequim Food Bank is "To provide food and assistance to individuals and organizations in our community." Their Vision is to ensure that "No one goes hungry in Sequim." People can participate by giving food or money, or by being a volunteer. If you want to learn more visit: https://www.sequimfoodbank.org/. ~kp



The message on the board in Andra Smith's office.

"Your diet is a bank account. Good food choices are good investments." ~ Bethenny Frankel

November 3, 2018

13th Annual Día de Muertos Fall Auction Benefit

2 Silent Auctions

(3:30-4:15 and 5:15-6:00)
Program begins 4:45
Snacks included
Wine and beer
no-host bar
Mexican tin ornament
painting (\$5)

Suggested donation \$12
Pioneer Park

387 E. Washington St., Sequim
No advance tickets
Doors open at 3:30

(Day of the Dead)







Our silent auctions have over 70 unique items, many hand-crafted from Mexico or other parts of the world...unique gifts for everyone on your holiday list.

We promise an afternoon of delicious snacks and great shopping!

This is our most important fundraiser of the year!!! All proceeds go to educational programs and projects of Mujeres de Maiz (Women of Corn) Opportunity Foundation, a tax exempt 501(c)(3) organization www.MujeresDeMaizOF.org



Commission between the male

Soroptimist International Port Angeles Jet Set presents

Bewitching High Tea & Silent Auction
Scholarship Fundraiser

Saturday, October 27, 2018 / 1-3 P.M.



Tickets: \$35



Elks Naval Lodge Ballroom

131 E. First Street, Port Angeles, WA

Costumes Encouraged!

SUPPORTING OUR COMMUNITY



A \$1,000 donation from Soroptimist International of Sequim was presented to the Kathleen Sutton Fund Board by President Elaine Bradford.

Photo taken at KSF Annual Auction at Port Gamble Pavilion, October 6, 2018.

FEATURING OUR BOARD

We want to acquaint our membership about our board members—especially those who are new to our board. Each month we will be featuring a board member, but this month we will be featuring our Past-President and our President. Both equally come with a varied background and lots of experience.



Gena Royal, who served us so royally this past year, is a full fledged lifelong Sequim resident. She graduated from Sequim High School in 1965. Gena went to college and for a brief time lived in Seattle, but eventually returned to her roots, met her husband and had two children. She and her husband are now grandparents to seven children, not to mention a whole slew of foster children. Gena and her husband fostered approximately 50 teens during their tenure as foster parents, sharing, "some came for few days, some came for few years." Along with teaching school, Gena worked for Washington State University as the county 4H agent, retiring in 2013. It seems now that her presidency is over, she has decided to maintain her busy pace and is working part-time for Edward Jones Investments in Port Angeles.

Gena served Soroptimist well as our president, and continues to do so, along with her humor and her goal of improving the lives of women and girls.



The 2018-19 Soroptimist business year welcomes **Elaine Bradford** as our President. Elaine comes to us from California. She was born and raised in Alhambra, CA. After living 46 years in Southern California, she moved to Northern California and eventually—via Forbestown and Yuba City, California, she and husband came to reside in Sequim in 2014.

Elaine and her husband have two children, four grandchildren and one great-grandchild. She has worked in a variety of settings with a varied background in purchasing, supervisor, clerical and as a Public Information Officer for the California Department of Transportation.

Elaine is quite the techie and discovered Soroptimist on Facebook. She attended a meeting with another soon-to-be member, Maureen Gebbia, because of a welcoming post on Facebook. It is all history now, as Elaine dove in and became a very active member. She represents the goals of Soroptimist through her work and tenacity to serve the organization and the community.

~Linda Klinefelter, Public Awareness Co-Chair



"Leadership is about creating, day by day, a domain in which we and those around us continually deepen our understanding of reality and are able to participate in shaping the future. This, then, is the deeper territory of leadership—collectively 'listening' to what is wanting to emerge in the world, and then having the courage to do what is required." ~ Joseph Jaworski

GALA GIFT SHOW

As I write this, we have two months left to prepare for this years' **Gala Gift Show.** Do you have this important date—**December 1**—on your calendar? The Gala theme is festive and our colors are Black and Gold and White. This is the time when "all good Soroptimists come to the aid of their club," and we begin to **bake** holiday goodies by the gajillion. Decorate your goodies for the holiday, but don't wrap them (except to freeze). If you don't have freezer space, contact Deb Carlson, Jeani Penn, Pat Willis or Elaine Churchill.

A volunteer signup sheet will be going around at one of our next meetings. Some of the areas we will ask for help are: tree decorators/main room décor, Friday night set up, bake sale wrapping, delivery, and sales, raffle sales, wine garden sales, and vendor support and clean up. We will need posters distributed in November and signs placed in the city on the day of the event. I'm sure I've forgotten something, but Deb Carlson will have the lists, so sign up for your favorite tasks. Don't just work an hour or two, if you can spend the day please plan to.



Something new this year will be the closure of the south parallel parking between 5th and 4th streets. Cones will be placed indicating no parking on that side of the street. Keeping our patrons safe coming and going from our event is of utmost importance. We look forward to a fun, festive time while earning money to enable women and girls to live their dreams. To view, print or share the poster visit: http://galagiftshow.com/wp-content/uploads/2018/09/2018-Gala-Gift-Show-Poster.pdf

~Sandy Lawrence, Gala Gift Show Chair



GALA GARDEN SHOW UPDATE

Plans for the 2019 Gala Garden Show are moving ahead. We are looking for several volunteers to head up a new sub-committee: **Parking**. These volunteers will organize workers who will direct the flow of traffic into and out of the parking lot. Vendors will be directed to park to the north and west of the building in the grass area only. Members will be directed to NOT park on the paved area in the parking lot—including at Helen Haller Elementary. This will leave as many spaces as possible open for visitors.

The yard signs have been updated—big THANK YOU to **Deb Carlson!**

Business sponsorship solicitation letters have gone out and contributions are already coming in! The Gala Garden Show website www.sequimgardenshow.com is updated as the donations are received, so check it often to see who has become a sponsor. We are looking for someone to coordinate the follow-up on the sponsorship mailing.

The sample personal letter regarding sponsorship was recently sent to members. Remember, every donation counts.

Linda Klinefelter met with the Sequim Gazette to start planning the special insert/tab. They had some ideas for changes—more action photos, less text. Deadline for submissions for inclusion in the tab is January 31, 2019.



The next Gala Garden Show Core Committee meeting is Wednesday, October 17, at 8:30 a.m. at the First Security community room in Sequim.

~Su Howat & Kathy Purcell, Gala Garden Show Co-Chairs

WORDS OF GRATITUDE

Dear Soroptimist Members,

I am writing to personally thank you and the members of the Sequim Soroptimist International organization for annually funding the Continuing Education Scholarships. I am honored to be one of the recipients of this \$2,000.00 award for the academic year of 2018/2019. I am also honored that you have chosen to award this scholarship to me for a second academic year.

This fall I will be a second year nursing student at Peninsula College. Prior to school, I have worked at Sequim Health & Rehabilitation as a Certified Nurse Assistant and I provide respite care through Volunteer Hospice. On top of my academic and career obligations, I am also a full time single parent to a 12 year old boy. My life is full and busy, and yet I am determined to stay focused on my goal, that of finishing nursing school and becoming a Registered Nurse. After nursing school is over, I plan on staying and working as a Registered Nurse here on the Olympic Peninsula. Specifically, I hope to provide comfort and support as a Hospice Nurse.

Going to school full time is stressful both emotionally and financially. Thanks to your generous scholarship support, a substantial portion of my financial burden has been relieved. This scholarship has also provided me with a sense of emotional support. Just knowing that there are people in the community such as you, who are willing to support me and believe in my academic goals, helps me push forward and stay strong. Thank you again for your continued support and for helping me reach my goal of becoming a Nurse.

Sincerely, Dena Kubas

Dear Sequim Soropttrnists:

Thank you! Thank you! Thank you!

I am thrilled to be a recipient of your generosity and gratefully accept the \$2000 Continuing Education Scholarship. I felt excited to open the envelope containing the news today, and my Mom is still doing a happy dance!

Please know how thankful I am to receive this scholarship. Two thousand dollars is going to help me TREMENDOUSLY in the coming year at Western, and it is the key to my not taking out any loans. I owe you gratitude and I promise you I will do you all proud, academically and athletically at Western Washington University.

With ongoing gratitude and appreciation, I remain yours sincerely, Claire Henninger Dear Soroptimists of Sequim,

Thank you very much for selecting me as a Continuing Education Scholarship recipient. I was very excited to open this letter and it just happened to arrive at my mother's PO box the same day she drove across the state to see me.

This year I have started my program in the school of engineering and architecture. I am taking a computer software class to learn to use all the different programs necessary in architecture. I also have a construction materials class, history of architecture and design class, a Peninsular Spanish culture class, and a studio class (which is like a science lab but instead of experiments you do architecture projects). These past few weeks I've been doing paper projects where you learn how paper moves and use its natural form to create abstract and interesting designs.

In my Spanish class, the male/female ratio is about half and half but in all my major classes, it is about 80/20. I have a studio on campus that I use all the time and is also the location of my studio class. There are only four females in a class of about 25. I wish there were more women in those classes. I know quite a few women in my sorority that are in STEM fields, but I'd really like to help make it an equal playing field. Scholarships like yours really promote and support women and obviously really help me. One of the biggest helps is that it means I don't have to work in the evenings and can spend this time in the studio instead.

Thank you so much for your support. I'm enclosing the form WSU prefers for scholarships and have filled in the personal parts.

Have a wonderful Fall back in Sequim.

Sincerely, Danica D. Miller

"The discipline of gratitude is the explicit effort to acknowledge that all I am and have is given to me as a gift of love, a gift to be celebrated with joy."
~Henri Nouwen

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
OCTOBER IS BREAST GANCER AWARENESS MONTH	OCTOBER NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH	2	3	4	5 BOARD MEETING	6
7	8	9 Business Meeting—GOM Sept & Oct	10	11 Melody Albertson	Marilyn Buffer	13
14	15	16	17 Gala Garden Show Core Committee Meeting 8:30 First Security Community Room	18	District 1 Meeting Sheraton 4 Points Des Moines, WA	Jeanie Blaurock District 1 Meeting Sheraton 4 Points Des Moines, WA
21 District 1 Meeting Sheraton 4 Points Des Moines, WA	22	23 Program Meeting Chamber Showcase 5:00—7:00 p.m. Guy Cole Event Center	24 Jeani Penn	25	26 Shelle Paulbitski	27
28	29	Tea with SHE 5th Tuesday	31			

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Mayme Faulk	3
DON'T FIRRET TO FALL	5	6 Kathleen DeJong	7	8	9 BOARD MEETING Donna Carson	10 Gloria Fitzpatrick
11	12	13 Business Meeting	14 Gala Garden Show Core Committee Meeting 8:30 First Security Community Room	15 Monica Ostrom	16	17
18	19	20	21 Joan Plumb	Than kegiving	23	24
25	26	27 Program Meeting	28	29	30	

PECEPTION by: Linda Ori

I have come to the conclusion Through a process of perusion That the source of our confusion Lies in concepts we believe; There's a purpose in revision It facilitates decision And delineates our mission -Understand what we believe; When we fail to seek direction And refuse to make correction Then our truth is a reflection Of the thoughts that we conceive; Now's the time to make concession We must join in the procession If we hope to learn the lesson That we struggle to achieve -Put an end to persecution Let the soul seek evolution Look inside for the solution -We become what we believe.





Soroptimist International of Sequim PO Box 126 Sequim, WA 98382

improving the lives of women and girls through programs leading to social and economic empowerment.

To a Person Making a Difference for Women