



SOROPTIMIST®

Investing in Dreams

# Soropti-SCOOP

*A Communiqué by  
women and men dedicated to improving the lives of women and girls  
through programs leading to social and economic empowerment.*

Volume 24, Issue 12

Soroptimist International of Sequim

**Celebrating 70+ Years of Service**

June 2020

## Message from the President

### Officers 2019 - 2020

**President:**

Kathy Purcell

**President-Elect:**

Kris Osborn

**Secretary:**

Sandy Lawrence

**Treasurer:**

Shelle Paulbitski

**Assistant Treasurer:**

Caroline Smith

**Director: 2 year  
(one year remaining)**

Dave Fickes

**Director: 2 year**

Jan Chapman

**Director: 1 year**

Melody Albertson

**Director: 1 year**

Cat Xander

**Past President:**

Gena Royal

**Newsletter Staff:**

Kathy Purcell

Rose Jaeger

Jane Manzer

Pat Willis

**“When you imitate  
others in real life,  
you deny the world  
benefits of  
your uniqueness.  
So be who you were  
born to be.”  
~Gift Gugu Mona**

It's June. It is a time of endings and new beginnings. Graduates are ending their time in school and stepping out into the next phase of their lives. There are so many memories.

We all have memories—many not while in institutional school, but rather, in the school of life. A memory might be a situation with a co-worker or friend, or a comment we heard or said. One such memory for me was created a few decades ago when I worked for a company that manufactured pool accessories. They had come up with a new design for a pool vacuum—the FM100. The raw materials used were nothing special—it was the design that made it different. It was much more flexible than other pool vacuums at the time.

Soon after it was introduced, a co-worker expressed concern about being able to meet the demand. Could we get the raw materials? Could we produce the vacs fast enough? I told her there was no need to worry. We were flexible, like the FM100. I rolled my shoulders forward and back. Thereafter, whenever anyone felt worry or concern, a comment was made that they were an FM100. Some co-workers laughed, but in the process the tension was dispelled—and that left everyone open to see previously unnoticed possibilities.

We have made some memories of our own this year. We started with the booth at the Lavender Festival; what fun that was! We worked at the Olympic Cellars Summer Concert and got to listen to live music while gaining donations for the club. We gathered for an Area picnic, thanks to **Jeani Penn!** We moved our meetings to the Holiday Inn Express. What GREAT breakfasts we had (thank you, **breakfast TEAM!**). We participated in the Dungeness Valley Health & Wellness Clinic Fun Walk. We had an outstanding Gala Gift Show—resulting in a record amount of funds raised. We had a very effective Human Trafficking Awareness event in January—bringing together over 70 members from the community. Our Tea with SHE presentations were well-attended, members of the community happily absorbing information. Our Dignity for Women project provided feminine hygiene products, wipes and diapers. The New Member Committee collected items that also bettered the lives of many women. We gave a Vo-Tech Award, two Continuing Education Scholarships, a Live Your Dream Award, and a Youth Community Service Award. We honored Girls of the Month. These are just a few.

There were some things we missed out on this year because of COVID-19. We cancelled our 20<sup>th</sup> Annual Gala Garden Show—just two weeks before it was scheduled. This was disappointing on many levels. So much work went into preparing for it—work by our club members, our speakers and our vendors. We are in the process of working on a virtual Garden Show—stay tuned. The Sequim Irrigation Festival was cancelled so we didn't do a VIP Luncheon. The high school scholarship notebook review was done via email.

During the stay-at-home time we all slowed down a bit. However, members were still active—making masks, PPE, doing shopping for neighbors, providing baked rolls to the Boys & Girls Club—being present and helpful to others. Many members discovered—or rediscovered talents and passions—some inner treasures.

It's June. It is a time of endings and new beginnings. It is the ending of another Soroptimist year and the beginning of a new phase for our club. Things are a bit uncertain because of COVID-19. Whatever comes, I know we will be fine. I think of us as FM100s. We have the right raw materials—our members. We do not live in a vacuum. Joining our individual treasures, we recognize we are flexible. We create the design. In our unity we remove the obstacles that might otherwise prevent the free flow of our endeavors to improve the lives of women and girls.

It has been my pleasure to serve as your president this year. I am grateful to my board and all of you for your support and for all the work you did. It is each of us working together that makes our club successful. Let us continue to Discover Our Inner Treasures—and share them. I give a virtual Gold Coin to each of you!



My heartfelt Gratitude,

~President Kathy

**Discovering Our Inner Treasures (DO IT!)**



**This month we hear from Kathy Purcell  
President 2007-2008  
Theme: Awakening The Dream**



In 2005-2006 President Kate chose Dream Big as her theme. In 2006-2007 President Colleen chose Make Dreams Happen. Our members were definitely a Dream Team. The words awake and awaken started repeatedly showing up in various things I was reading. I took that as a sign, and Awakening the Dream was born.

Several years prior I saw a graphic with a caterpillar and butterfly similar to the one at the bottom of this page. The butterfly seemed the perfect symbol for Awakening the Dream. For the Installation Dinner I wanted to do something that would get attendees involved. The idea of a puzzle of that graphic came to mind. Not only was it interactive, it had meaning as well. Each person who placed a piece in the puzzle was important to the picture being whole. Just as each member's participation in club events/activities makes our club whole. The picture is complete only when we all add our part.

In July of 2007 while walking my dog I noticed a lot of slugs. They were moving slowly—barely visible unless I looked closely. The slugs made me think of our Soroptimist summer. Our club does not have regular meeting in July or August. During these months the general Soroptimist activity wanes—we slow down. I've seen many sizes and colors of slugs. This brought to mind the diversity among our membership.

I didn't know much about slugs, so I went online and did a search. I learned that most slugs have two pairs of 'feelers' or tentacles on their head. The upper pair—optical tentacles—are light sensors; the lower pair provide the sense of smell. Both pairs are retractable and can be regrown if lost. On top of the slug, behind the head, is the saddle-shaped mantle. The mantle also has a hole for respiration. The slug moves by rhythmic muscular action of its foot. Like humans, slugs are made up mostly of water.

As humans we don't have visible tentacles, but one definition of tentacles might apply: *something that gradually or unnoticeably insinuates its way into and around things and takes hold of them firmly or has a definite presence or effect.* That could refer to our tenacity in providing service to the community, our resolve to improve the lives of women and girls. We do have a presence and an effect.

The slug's tentacles are on its head. Although we have to use our heads, our feeling sensor is our heart. That is the place from where the light of who we are shines forth. Like the slug's mantle that provides a hole for respiration, when we share the responsibilities, we work as a whole and breathe easier as individuals. Slugs need to stay hydrated in order to survive. We receive hydration when we work together.

When I was installed for my first term as club president (2000-2001) I commented that our members are in tune with one another. So much so, that if one drops a pencil, another catches it before it hits the floor. I believed this during my second term as president and I still believe it today.

Looking over the theme from 2007-2008 I see a similarity to the current theme. The point of both is: who we are is realized when we allow our inner true self to be revealed. May all our caterpillars take flight!

~Kathy Purcell



**CALENDAR**

**JUNE**

- 5 Board Meeting
- 9 Business Meeting
- \*26 Installation

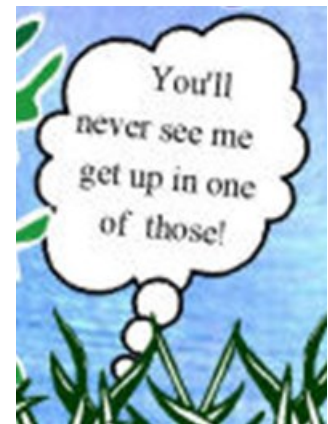
**SUMMER HIATUS**

**All Meetings are via  
GoToMeeting**

**\*Evening Meeting**



**"Your sole contribution to the  
sum of things is yourself."  
~Frank Crane**



**"Life is a gift, and it offers us  
the privilege, opportunity,  
and responsibility to give something  
back by becoming more."  
~Anthony Robbins**

*Celebrate Life!*

**JUNE**

Elaine Churchill  
Linda Chapman  
Sharron Empens  
Jess McNeil  
Caroline Smith  
Dorothy Ward

**JULY**

Athena Dunn  
Sharon Jensen  
Jane Manzer  
Kris Osborn  
Kathy Purcell  
Kimberly Renfro



Note the phone number for our  
**MEDICAL LOAN CLOSET**  
**360-504-0231**



*“The best teamwork comes from men who are working independently toward one goal in unison.”  
~James Cash Penney*

**SAVE THE DATE  
INSTALLATION—June 26, 5:00 p.m.**

**“Outside the Box”**

In this year of craziness and unrest, take some time to support your incoming Board of Directors by attending our virtual installation. As we look forward to the coming year, we’re all going to need to look "Outside the Box" for ways of reaching our goals and objectives as a club. Won't you do your part?



Look for a special request coming soon to enter you into a drawing for a Box of Goodies at installation!

Hope you can make it!

Info will be emailed a few days before the installation.

*“The creative habit is like a drug. The particular obsession changes, but the excitement, the thrill of your creation lasts.” ~Henry Moore*

**2020-2021 Board of Directors**

<b>President</b>	Kris Osborn
<b>President-elect</b>	Cat Xander
<b>Secretary</b>	Jan Chapman
<b>Treasurer</b>	Shelle Paulbitski
<b>Asst Treasurer</b>	Sharon Jensen
<b>2-yr Director</b>	Gloria Fitzpatrick
<b>(1-yr Remaining)</b>	
<b>2-yr Director</b>	Kim Renfro
<b>1-yr Director</b>	Kathy Cunha
<b>1-yr Director</b>	Elaine Churchill
<b>Past-President</b>	Kathy Purcell

**SOROPTIMIST MEETING DATES TO REMEMBER**



**SIA 46th Biennial Convention**  
Hyatt Regency Bellevue  
Bellevue, WA  
July 22-25, 2020

## 2020 HIGH SCHOOL SCHOLARSHIP RECIPIENTS

Our club is pleased to announce our 2020 high school scholarship recipients, Sammantha Church and Kjirstin Foresman. Both young women received \$2000 each to apply to their forthcoming college education. Both were recognized for their outstanding grades and contributions to their school and community.



**Sammantha Church**

Sammantha will be attending Ridgewater College in Minnesota and will be majoring in computer aided design and drafting.



**Kjirstin Foresman**

Kjirstin will be attending the University of Washington in Seattle and will major in nursing and minor in microbiology.

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## AWARDS AND SCHOLARSHIPS

We are now seeking applicants for two other awards. The **Vo-Tech Award** is open for applications until **August 1<sup>st</sup>** to a student enrolled in a non-degree program. The award is for **\$1500**. **We are looking for two members to head up the process of this award.** If you are interested in helping with this please let me know.

Next is our **Continuing Education Scholarship** for a female graduate of Sequim High School having completed one year of post-secondary education and continuing this fall. That award is for **\$2000**.

Please, advise anyone you know in these two categories to get their applications in.



~Melody Albertson, Awards & Scholarships Chair

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*“Education is a self-organizing system, where learning is an emergent phenomenon.” ~Sugata Mitra*

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## NEW MEMBER COMMITTEE

The New Member Committee had their last meeting by way of GoToMeeting on May 31. It was deemed by those in attendance to be a worthwhile committee, which should continue for 2020-2021. Comments were made as to what went well, what could be changed and what could be added. The components considered most valuable are social gatherings, service, and orientation. In addition, it was suggested for a new member’s mentor to accompany the new member to their first committee meeting, to invite a board member to a meeting, and to add food to all meetings. A new name for the committee will be announced in the fall. The next meeting will be held as soon as three new members have joined.



~Amanda Beitzel, Elaine Churchill, & Missy Church-Smith, Co-Chairs



## MEMBERSHIP

...notes from the *Membership Team*

What a year it has been...*memorable* for sure!! We've coined new phrases—*shelter in place, social distance*, as well as new habits—*no hugging, no handshaking, wearing masks*. Routine activities have become treasured memories; shopping at Costco is often the highlight of the week/month! We look forward to returning to meeting in person, recognizing friends without masks, enjoying a meal at a restaurant, attending a performance at OTA, going to a House of Worship. So, let's take a moment to look back at 2019-20, and then forward to a new beginning and renaissance of our club!

What fabulous and dedicated members we are blessed with; you **ALL** contribute in so many ways to the success of our club and the camaraderie we enjoy. Thanks to **ALL** of you for *feeding us at meetings... keeping us on the right path... managing our funds... making us look good to the community... offering programs for citizens... providing access to education to women and girls... being a source of needed medical equipment... planning and facilitating events and fundraisers... and welcoming new members to the SIS Family!*

As the weeks have passed and we learned new routines and creative ways to interact, many of us became introspective, focusing on what is truly important in each of our lives. Sometimes we realized that less is more, that savoring time with family and friends is good for the soul and psyche. Sometimes we realized that we had been too busy to enjoy the small pleasures of life. Sadly, we were unable to play and work together during Garden Show weekend *AHA* moment for us to realize again that we are all part of the greater **SIS Family**.

And now looking forward. Our club experienced an incredible growth spurt over the past 2 years. We welcomed 30 new members, bringing total membership to 79! However, as of June 1<sup>st</sup> our numbers have declined. Some members have opted not to renew for various reasons—from health, to travel, to new pursuits, to more time with family. We wish all well and want them to know that they will always be welcome to come back to **SI of Sequim** as a member or guest, *once in the family, always in the family!* It has been our privilege to serve as your Membership Committee Co-chairs this year and offer special thanks to our wonderful *Membership Team* for their support, enthusiasm, and laughter!

Warmly,



*Mary Fasching & Missy Church-Smith*  
2019-20 SIS Membership Co-chairs

“When we try to pick out anything by itself, we find it hitched to everything else in the Universe.”  
~John Muir



### UPDATE ON DAVE FICKES

Pauline and Dave are at the transplant house in Seattle and hope to be back home around mid-July. All Dave's test results so far have been excellent with no signs of rejection, and his rehab is going very well. Since the cardiac rehab centers were not open yet, he's doing the rehab on his own and walking extensively. [That's our Dave!]

## DIGNITY FOR WOMEN PROGRAM

The Dignity for Women Program had a very successful year. We were able to provide the Food Bank with various types of feminine products totaling \$1,789 as of March 13. Subsequently, we were unable to deliver additional products to the Food Bank because of the coronavirus pandemic. We then sent a check, earmarked for feminine products, for \$960 to close out the remainder of our budget for the year.



A new fiscal year approaches with changes to the budget. During the coming year, we will no longer deliver supplies to the Food Bank. However, Soroptimists will provide the Food Bank with a \$500 check designated for feminine supplies from committed funds.

We would like to thank Jeani Penn for initiating the DFW program and the anonymous donor for her very generous contribution. Recipients at the Food Bank were extremely grateful to receive these necessary supplies.



~Becky Archer, Elaine Churchill  
Co-Chairs for Dignity for Women Program

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*“We are constituted so that simple acts of kindness, such as giving to charity or expressing gratitude, have a positive effect on our long-term moods. The key to the happy life, it seems, is the good life: a life with sustained relationships, challenging work, and connections to community.” ~Paul Bloom*

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## MEDICAL LOAN CLOSET

The Medical Loan Closet reopened on June 5th, after a hiatus of almost three months, when Clallam County reentered Phase 2 of Washington’s Shelter in Place order. Although the MLC was closed on March 19th, Chris handled “urgent” phone calls resulting in lending **45** pieces of equipment to **25** callers; returning three items in short supply; and donations from **six** people who needed to clear out houses or move. We also received **\$80** in donations.

We have implemented enhanced safety procedures to protect our volunteers and clients from potential risks of contracting the corona virus. Some of the new procedures require clients to wear masks and remain in their cars until called by the volunteer on duty. All our volunteers will wear masks and gloves and maintain social distancing. We have thoroughly cleaned and reorganized the storage lockers and are ready to go!



We made the painful decision to limit appointments at the MLC to Tuesdays and Fridays until we have an adequate number of volunteers to operate seven days a week. We made this decision because several of our long-time volunteers have had to step back at the present time for family considerations. There is an immediate need for additional volunteers from our club to support the MLC. Please contact Becky Archer or Chris Snow if you would like to discuss volunteering at the MLC.



~Becky Archer and Chris Snow, MLC Co-Chairs

*“Great opportunities to help others seldom come, but small ones surround us every day.”  
~Sally Koch*

# Shredding Event

We are gearing up for the first Soroptimist Shredding event on **June 27th** from **9 am-noon!** The core committee is looking for volunteers and every volunteer gets a great new mask embroidered with the Soroptimist S!

The event runs from 9 am—when the truck arrives—to noon, but we need to have the signs in place before 8 am. The areas we need covered are: sign placement reporting to Paulette Hill, traffic reporting to Shawn Dreadla, donation solicitation reporting to Colleen Blazier, and document collection reporting to Cat Xander. You can volunteer for a two-hour (8-10) or a four-hour shift (8-12) as we would like to have a full crew in place by 8 am. If there is a particular job you would like to volunteer for, please contact the person from the core committee handling that area. (If you are concerned about contact with other people, those doing the sign placement will do their job before the event starts.)



The inspiration for a shredding event was all the cleaning done during the stay-at-home order. People were online asking where they could get things shredded more cheaply than nearly a dollar a pound for commercial shredding on the Peninsula. All the traditional local shredding events take place in late August or early September. Soroptimist to the rescue!



We were fortunate enough to partner with Kitsap Bank. They are allowing us to use their space and paid much of the cost for the truck. They even negotiated the biggest truck for the price of a smaller one. The truck will hold the equivalent of about 600 banker type boxes. Participants are limited to 75 pounds, or about four grocery bags of documents.

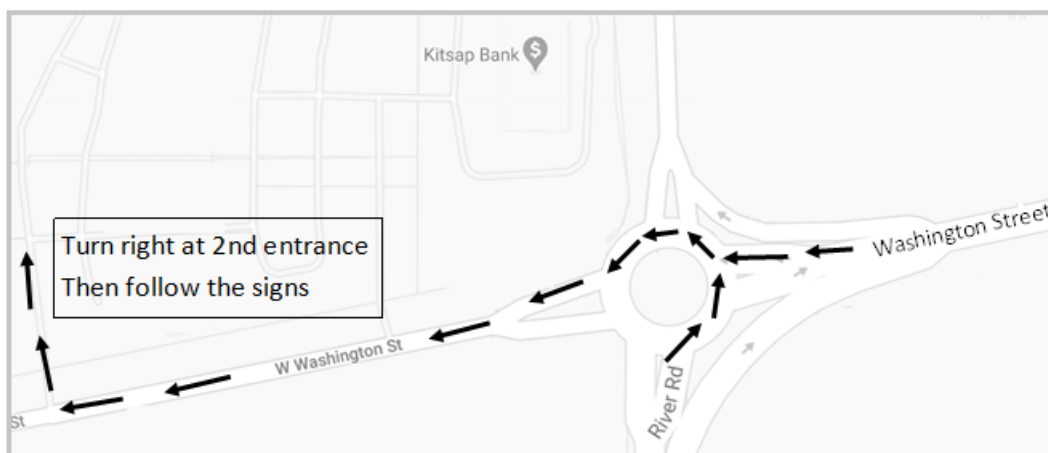
The idea is that this fundraiser will be safe for us and for people dropping off documents. It will allow people to socially distance and get rid of sensitive material at the same time. Participants put their documents in their trunk and stay in their cars throughout. We will move the materials from the trunks into wheeled cans and the shredding truck will do the rest. Even our request for donations will be at a distance! We will be using donation bowls on extensions to reach for what we hope will be generous gifts.

The beneficiaries of this extra fundraising event, will be Healthy Families, St. Vincent de Paul and First Step. The stay-at-home order has put more pressure on families because of job loss and enforced proximity. These organizations are helping to meet those needs—and Soroptimist International of Sequim is helping them through this fundraiser.



~Cat Xander, Shredding Event Co-chair

*“You leave old habits behind by starting out with the thought, 'I release the need for this in my life!'.”*  
~Wayne Dyer



## PUBLIC AWARENESS

As we approach the end of another business year, I would like to thank the Public Awareness committee for your support and for your articles. A good committee is only as good as the members and their commitment—you were all committed.

I believe this past year our committee has provided an enormous amount of information to our membership and to our community. I am proud of what we do and that is exemplified by the responses we get on our Facebook page, interfacing with the community, our girls of the month and their parents and from other Soroptimist organizations in the surrounding areas.

While Covid-19 is presenting challenges for our mission and our work, I believe we can and will prevail. We are united by a membership that is creative and is motivated to continue our mission—even with the limitations presented. The coming year will provide us with the ability to put our creative juices in full mode. I am convinced our public awareness committee will continue at full speed; we just will have to utilize different gears to keep our presence in the limelight.

Sending wishes of a safe and well summer.



~Linda Klinefelter, Public Awareness Chair

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“The two words ‘information’ and ‘communication’ are often used interchangeably, but they signify quite different things. Information is giving out; communication is getting through.” ~*Sydney J. Harris*

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### WORDS OF GRATITUDE

Dear Paulette,

Thank you so much for the wonderful write-up in the Soroptimist newsletter! We are proud to have a longstanding relationship with your organization and the work we've done together has reached many young women in the Sequim community.

We are very grateful for your continued support in this uncertain & unprecedented time.

Cheers,

Menssa  
SEF E.D.

and Board





“A healthy social life is found only, when in the mirror of each soul the whole community finds its reflection, and when in the whole community the virtue of each one is living.”  
~*Rudolf Steiner*



# June 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 BOARD MEETING Via GoToMeeting	6
7	8	9 Business Meeting Via GoToMeeting	10	11	12	13
14	15	16	17	18	19	20 
21 	22	23	24	25	26 INSTALLATION 	27 SHREDDING EVENT 9-Noon Kitsapp Bank 
28	29	30				

# July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>BIRTHDAYS THIS MONTH</b> Athena Dunn Sharon Jensen Jane Manzer Kris Osborn Kathy Purcell Kimberly Renfro Gena Royal Jolene Sanborn Janet Wicker 			1	2	3	4 
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Awakening by RoKu

the spirit of morning becomes I  
awakening and filling in the very deep soul  
within  
with laughter and light  
with jollity hugs tears  
with passion and kisses  
I am the awakening  
I am the glad surprise  
a tiny creature  
powerless and yet still arise before flashing  
rays  
learning to rejoice with all  
in the universe  
with all tribes of sea, land, and air  
awakening at the very first moment  
when the moonlight kisses the light  
dancing  
with laughter  
jollity and blushing  
sparkling the delight  
with love and cherish  
  
then I again realize  
~ the spirit of morning becomes I



SOROPTIMIST  
Best for Women

*improving the lives of women and  
girls through programs leading to  
social and economic empowerment.*

Soroptimist International of Sequim  
PO Box 126  
Sequim, WA 98382

To a Person Making a Difference for Women