



SOROPTIMIST®

Investing in Dreams

Soropti-SCOOP

*A Communiqué by
women and men dedicated to improving the lives of women and girls
through programs leading to social and economic empowerment.*

Volume 24, Issue 5

Soroptimist International of Sequim

Celebrating 70+ Years of Service

November, 2019

Message from the President

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*“Expressing gratitude is a natural state of being and reminds us that we are all connected.”
~Valerie Elster*

It’s November. Early this month we turned back our clocks one hour. This gives us a little more light in the mornings.

Speaking of mornings and turning back, I want to turn back to a morning meeting last month—Domestic Violence Awareness Month. We received a double dose of information at our October program meeting from our two speakers—Daryl Trowbridge and Viola Ware. Daryl is a Domestic Violence/Sexual Assault Advocate for Healthy Families of Clallam County. He is also a ventriloquist. As part of his presentation, Daryl introduced us to Charles—his teddy bear puppet. Charles grabbed our attention and kept our interest as they shared some facts about abuse. It’s easy to see how beneficial puppets are when Daryl goes to schools to educate the children; it helps them learn in a non-scary way. It helped us learn too, balancing the serious subject with some lightness, making the info easier to absorb. Daryl found a way to share his talents and improve the lives others.

Viola is the director of operations for Serenity House of Callam County and works out of the office in Sequim. Viola grew up a quiet and shy person—but you wouldn’t know it based on how confidently she spoke at our meeting. Viola knows her stuff. The words she said flowed from her so easily. She drew us in; we were all listening. It’s a good example of how when we have a passion, we find our voice and our strength.

The following day a woman walked into Viola’s office, being directed by one of our members who attended the previous day’s meeting. What we learn allows us to be a better resource for others.

Turning back to November... It is a time of turkey and stuffing, pumpkin pie, football and leftovers. It is a time of gathering with family and friends. This brings to mind the theme of last month’s District 1 Meeting—A Gathering. It was a family reunion of sorts—a reunion of our Sorptimist family. Seven of our club members attended—three were first-timers. Many of us actively participated.

Friday night at the reunion brag session Cat Xander reported about our Dignity for Women project. Friday and Saturday Sandy Lawrence, Linda Klinefelter and I assisted in the registration area. During the Saturday morning general session, I gave a PowerPoint presentation about the new secure members only area of the NWR website. Saturday at lunch Linda and I each facilitated a round table discussion. Saturday afternoon Sandy Lawrence facilitated a workshop about cultivating a club culture of gratitude. Sunday morning Gena Royal gave the inspiration message. See reports on pages 10-12.



Attending meetings beyond our club gives us opportunities to learn, to share, to grow—to empower others and ourselves.

It’s November. Turning the clocks back this month is a good reminder to reflect back on the many blessings we have and all the people and things for which we are grateful. I am grateful to all of you for sharing your many talents and for encouraging me and one another to keep Discovering Our Inner Treasures.



~President Kathy

Discovering Our Inner Treasures (DO IT!)



This month we hear from Shelle Paulbitski, President 2012-2013



I joined Soroptimist in July 2010 and jumped in with both feet; after all, that is why I joined—to be involved and give back to society where I could.

It was just a year later when I was asked to be president-elect. Although I felt like I would be a fish out of water, the encouragement of others led me to make the commitment, even knowing that I would have to be president the following year.

Let me tell you, I have made more than one or two mistakes. The first one occurred when I was president-elect. We held the gift show—called Fall Mall back then—in early October, thinking that we would attract a lot of early Christmas shoppers. We didn't! As I recall it was a beautiful fall day and all of the shoppers were out on the soccer fields or who knows where. Because of the dismal attendance we offered to refund the vendors one-half of their booth fee as a goodwill gesture. I think that went a long way in cementing our reputation with them. In turn, many of them showed their generosity by telling us to keep the money as a donation. How great is that?!

When I was president, we changed the name to Gala Gift Show and held it on December 1st. It was a success! The Gala Gift Show has evolved since then, with each president and committee putting their own touch on the event.

Was that the only lesson learned? Heavens no—I had other learning opportunities! But the most important thing I learned is that SIS members step in when you need them! Our members are kind, thoughtful, encouraging and willing to help each other.

So, if you are asked to step into a leadership role—whether it be a member of the board, president-elect, co-chairing one of our major fundraisers or heading a committee—don't worry or think you are too new to the club. With 70 plus members you are not alone. There is always someone there to walk with you or talk with you or to just listen.

Do It!

~Shelle Paulbitski



CALENDAR

NOVEMBER

- 8 Board Meeting
- 12 Business Meeting
- 26 Program Meeting

DECEMBER

- 6 Board Meeting
- 7 Gala Gift Show
- 10 Business Meeting
- 17 Christmas Party

*Evening Meeting



“When we know ourselves to be connected to all others, acting compassionately is simply the natural thing to do.”
~Rachel Naomi Remen



“I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship.”
~Brené Brown

Celebrate Life!

NOVEMBER

Donna Carson
Kathleen DeJong
Mayme Faulk
Gloria Fitzpatrick
Marilyn Hooser
Wei Lindstrom
Joan Plumb

DECEMBER

Deborah Carlson
Wendy Duede
Jan Durham
Dave Fickes
Sandy Lawrence
Karin Pease
Elaine Powlesland



Note the phone number for our
MEDICAL LOAN CLOSET
360-504-0231



*“Gratitude makes sense of our past,
brings peace for today,
and creates a vision for tomorrow.”
~Author Unknown*

OCTOBER PROGRAM MEETING

This month’s program meeting will be “Soroptimist Sustainable Development Goals.” While at the District 1 Meeting, our Sisters were blown away with the facts so I’d like to share with our members as a whole. Get ready to be thankful for what you have and want to do more for our world!



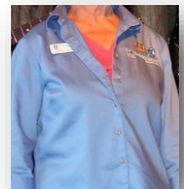
Thanks!
~Kris Osborn, Programs Chair

*“A photograph shouldn’t be just a picture, it should
be a philosophy.” ~Amit Kalantri*

PICTURE PERFECT

A picture is worth a thousand words! So, with that thought in mind, put on your smiles, **Soroptimist** shirts or something similar in color and be at the November 12th meeting.

We are having our pictures taken by Ernst Schafer of Ernst Fine Photography. A decision was made to update our group picture which we have used from time-to-time for various events and for media submissions, as well as on our website. So please come to this meeting with your smiles and “Blues” on.



We could have an excellent turn-out, so please carpool from QFC.

~Linda Klinefelter, Public Awareness Chair

SOROPTIMIST MEETING DATES TO REMEMBER

Peninsula Area

Peninsula Area Meeting
Location TBA
February 22, 2020



NWR Conference
Hyatt Regency Lake Washington
Renton, WA
April 16-19, 2020

AWARDS AND SCHOLARSHIPS

CONTINUING EDUCATION WINNER ANNOUNCED

This year's Continuing Education Scholarship was awarded to **Claire Henninger** of Sequim. She is studying behavioral neuroscience at Western Washington University with the intent of becoming a physician's assistant. A dedicated member of the community, you may have seen Claire around town volunteering with the Sequim Food Bank, Habitat for Humanity, coaching the Junior Soccer team, or participating in a variety of charity events.

Claire finished her Sophomore year at Western with a 3.88 GPA, despite a severe head injury while playing soccer on the university's varsity team. Along with other family struggles, these medical and recovery bills have threatened Claire's financial ability to continue her course of study. Trying to save for tuition, she worked two jobs and 13-hour days over the summer and is hoping to find flexible hours to work between her school and team schedules.

Claire has demonstrated a strong commitment to the community of Sequim and the greater community around her. She clearly gives it her all, whether in school, soccer, or volunteering, and embodies the spirit of the Soroptimists. We are proud to be a part of furthering Claire's goals in her education!

~Jennifer Weir



MEMBERSHIP

On Tuesday, October 22nd SIS participated in the 13th Annual Business Showcase in Sequim. The event was held at the Guy Cole Convention Center, with a wide variety of businesses represented. Linda Klinefelter set up our booth, and I joined her along with a friend of Linda's—who was a great promoter of our organization. There was a lot of interest from the attendees, and the three of us had great fun sharing the mission of SIS. We received many "Thank You's" from the community for the medical loan closet and were able to expand on the many other things that we do. We are hopeful that the interest expressed by the public, along with the enthusiasm we expressed for our club, will result in new membership.



~Mary Fasching, Membership Co-chair

"Gratitude helps you to grow and expand; gratitude brings joy and laughter into your life and into the lives of all those around you."

~Eileen Caddy

HISTORY OF THE SOROPTIMIST PLEDGE

The search for a Soroptimist 'creed' began six months prior to the 1930 convention. The delegates chose to defer making a decision for another six months so that each club could receive copies of the proposed creeds to make an informed decision. Ethel Knight Pollard, director of Midwestern/South Atlantic regions, noted "we want a creed that we can use and work by and live by, not one that will simply be printed and stuck away to get dusty and have no use to us."

Six months later the federation chose as its creed a pledge that simply stated the ideals of the organization. The pledge was written in 1927 by Candis Nelson, a charter member of the Seattle, WA club. The pledge was set to music in 1947 by Dorothy Miller Dunlap, a member of Huntington Beach, CA club. The setting was adopted as the official musical arrangement of the pledge at the 1950 convention in Seattle, WA- the city of the Soroptimist Pledge's birth.



~Sandy Lawrence

MEDICAL LOAN CLOSET STATS

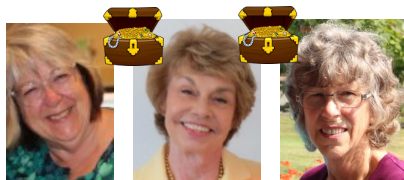
The Medical Loan Closet was busy again this month, but donations are down a bit. These numbers may seem like a lot, but October is a long month (31 days) and the count started on September 27, so that makes it even longer.

We received **\$334** in donations, loaned out **127** pieces of equipment and had **74** returns. This was the result of approximately **242** phone calls.

It seems that every year we are more and more in demand and the word spreads about our service. This is a service we should all be proud of, whether you work at the closet or not. It's just one more example of our club's dedication and service to the community.

Thanks to all!

~Jeani Penn, Becky Archer, Chris Snow, MLC Co-Chairs



*“When we give cheerfully and accept gratefully,
everyone is blessed.” ~Maya Angelou*



TEA WITH SHE—SOROPTIMIST HELPING AND EMPOWERING

Tea with SHE's first program for the 2019-2020 year was held on Thursday, October 24th from noon to 1:30 p.m. at Trinity United Methodist Church. The topic, Better Balance with Tai Chi, presented by Michael Siegel, Physical Therapist and Tai Chi Instructor, hit a resounding cord with the community as 150 people flooded through the doors. One of the attendees commented, “He was very personable—the session was well planned and very effective. So many people were inspired to try the exercises being demonstrated, which was a real testament to both their interest and the presenter’s skill.” Another person surprised us with a \$50 donation to show appreciation.



Our second program will be in May 2020, topic to-be-determined. Kudos to the entire Tea with SHE Committee who made the event so successful!

~Connie VanRoosendaal and Janet Popelka, Tea with SHE Co-chairs



HUMAN TRAFFICKING AWARENESS

Human trafficking is often referred to as “modern day slavery,” but combating the crime is complicated.

The best practices for identification of the victims include:

Increased education and awareness for law enforcement, border officials and school personnel. Programs which “cast a wide net” and provide education to or survey members of high-risk groups. English radio stations.

Best practices for legal remedies include:

Extra care and sensitivity must be employed by law enforcement officers when working with minors and foreign-born workers who may have more distrust of the police than most members of the population.

Victims need assistance pursuing both criminal and civil charges against trafficking perpetrators.

Best practices for services for victims include:

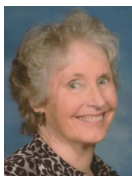
Offer victims comprehensive, wrap around services including housing, security, counseling and job training.

Washington State and Human Trafficking Definition

Human trafficking is the illegal trade in human beings for the purpose of exploitation. The United Palermo Protocol defines human trafficking as “the recruitment, transportation, transfer, harboring or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction of fraud, of deception, of the abuse of power or of a position of vulnerability or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person for the purposes of exploitation.”

SAVE THE DATE

WHAT: Human Trafficking 101 Presentation
WHERE: Trinity United Methodist Church (Sequim)
WHEN: January 21, 2020 / 6:30 p.m.



~Colleen Blazier, Human Trafficking Awareness



HUMAN TRAFFICKING AWARENESS (HTA) FACTS

In 2018 in Washington:

229 Human Trafficking Cases Reported

Type of Trafficking:

- 171 Sex Trafficking
- 20 Labor Trafficking
- 17 Labor & Sex Trafficking
- 15 Type of trafficking not specified

- 207 Calls From Victims and Survivors
- 26 Top Venues/Industries for Labor Trafficking:
 - 8 Domestic Work
 - 6 Agriculture
 - 4 Sales Crews
 - 4 Begging Rings
 - 4 Restaurants/Food Service

Gender

149 Female
26 Male

Age

120 Adult
45 Minors

Citizenship

33 US Citizens
19 Foreign Nationals



“Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude.” ~Dennis Waitley

PUBLIC AWARENESS—CHAMBER SHOWCASE

I have made several trips to and from Tacoma this past month and have enjoyed watching fall emerge into such a vibrant and expansive explosion of colors. According to Cliff Mass, Professor of Atmospheric Sciences at the University of Washington, the fall colors are associated with a moist growing season followed by a dry autumn period with sunny days and cool, frostless nights. This certainly has been the prescription for this fall. Along with my travels, I have been invested in a month that has been energetic and filled with enthusiasm. Much like the colors of fall!

This lively and full-spirited month really came to life beginning with Public Awareness collaborating with our Membership Committee and participating at the Sequim Chamber of Commerce Business Showcase. Mary Fasching and I were a team of energy and information. We were also accompanied by our “honorary member.” My good friend of fifty-plus years, Susan Donahue, joined us at this event and supported our enthusiasm by asking visitors, “what do you know about Soroptimist?” This led to Mary and me sharing information about our programs and fundraisers. The interest was phenomenal not only in what we do, but also in the inquiries from visitors about membership. We went away feeling a real sense of accomplishment.



Then a few days later, seven of us meandered our way through the beautiful colors of fall and planted our feet at the Clearwater Casino for the Sixty-Sixth Meeting of District 1, Soroptimist Northwestern Region. I had the honor of leading a Round Table discussion on branding and promoting our organization, which falls under Public Awareness. In addition, it was for me, an adventure in learning how to better navigate through the structure of Soroptimist. I came away with a sense of strength and love for our new tagline “**Investing in Dreams.**” It was like the explosive colors of fall, except for me it was an explosion of awareness.



As the chair of Public Awareness it is my goal to help our community and all our residents, better understand what we do, why we do it and how the community benefits. So I will be using the tagline “Investing in Dreams” frequently, because when you invest in a woman and/or girl there is a definite return. It is a better return than the stock market, a savings account or that 401K. I hope, when you share with friends, family, colleagues, co-workers, you too will share how important it is to invest in the dreams of women and girls through Soroptimist; it not only benefits the recipient, but benefits all of us. Join the Public Awareness team and make that your permanent tagline when educating those around you. Be like our beautiful fall colors and leave a profound impression...“Investing in Dreams.”



~Linda Klinefelter, Public Awareness Chair

PAC focus: We are raising awareness of SIA’s mission to improve the lives of women and girls and club work that supports the mission. This is less about promoting one event or project, than about the club’s collective efforts to raise awareness throughout the year.

SOROPTIMIST REACHING OUT

Ladies and Gentlemen my name is Susan Donahue and to be very honest I am, by nature, not a joiner. I enjoy people, helping and having fun. Life is too short to not embrace it every day with a sense of expectation and gratitude. Admittedly some days are greeted more enthusiastically than others, however, always as a gift.

Tuesday, October 22, I was asked to join Linda Klinefelter, my friend of 50+ years who I had been visiting, at a Soroptimist function. I have, over the years known that Linda has been a member of Soroptimist. I've heard much about the financial support the organization provides women and girls to empower them to succeed, grow, and plant seeds for future accomplishments. For a few hours I was a part of the Soroptimist Team, along with Linda and Mary Fasching—imparting information to others to take a closer look at what Soroptimist International does and how becoming a member would enrich their lives and subsequently that of the girls and women they benefactor.



I would ask anyone that came near our table "What do you know about Soroptimist." When they responded, and they always did (it is hard to resist a question when given with a smile), I would launch into the main purpose of helping girls and women to succeed. Once their interest was piqued, I would hand them off to Linda or Mary for specifics of the what, where and how of Soroptimist International of Sequim.

I stated in the beginning that I am not a joiner; however if I lived in Sequim, I am pretty sure that would change when it came to Soroptimist International of Sequim.



~Susan Donahue

"Adaptability is flexibility with values." ~Virendra Rajput



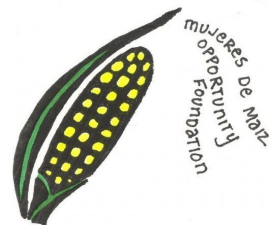
5th Tuesday Halloween Party



MUJERES HOLIDAY IDEA

Dear Soroptimist Sisters and Brothers,

November is the time of year when we are perhaps more aware of the blessings in our life and our feelings of gratitude. We at Mujeres de Maiz are very grateful for your continued support since 2006. November is also the time of year when we start to think about holiday gifts. I would like to put forth an “alternative idea”... that of giving an “alternative gift.”



Alternative Gifts International (AGI) has been a major support for Mujeres over the years. AGI, a non-profit organization, publishes a catalogue that showcases 30 non-profit agencies spread across the world. Instead of buying another shirt for your uncle, how about contributing to a group that works against sex trafficking in your uncle’s name? Or instead of buying yet another kitchen appliance for your daughter, how about donating to a group that helps care for expectant mothers in Guatemala?



These are non-traditional gifts but they add an extra layer of meaning to holiday giving. Go to <https://alternativegifts.org> and check out their “Causes” page. Mujeres de Maiz is not included in the current catalog, but you can find us at www.MujeresDeMaizOF.org if you would like to donate to us as an alternative gift. There is so much need in the world, and this season is a good time to make alternative gifting solutions. Thank you.

Judith, Board Chair
www.MujeresDeMaizOF.org
mujeres@olypen.com

“It isn’t the size of the gift that matters, but the size of the heart that gives it.” ~*Eileen Elias Freeman*

WORDS OF GRATITUDE

Dear Soroptimists,

Your very thoughtful and generous loan of a wheelchair made our Alaskan cruise seem possible and one Bob could enjoy in comfort and mobility. He celebrated his 91st birthday on board. Please accept this token of our deep appreciation with our thanks and in his memory.

Sincerely,
Mildred Tain

Hi,

A lot of thoughtfulness from my family for the kindness and support for our Soroptimist sisters [and brothers] of Sequim.

Love you all! 😊
Wei



“Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.” ~*Henry Van Dyke*

SOROPTIMIST DISTRICT 1 MEETING

As a first time District Meeting goer, it was eye opening to see the bigger picture outside of our local club. Laughs, sister bonding and a new focus were all things I enjoyed while attending. Would recommend to all members to attend at least once to see how SI/Sequim fits into the big picture of Soroptimists.



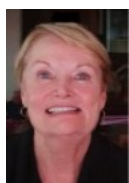
~Kris Osborn

I just attended my first Soroptimist District 1 Meeting. It was a good conference because it offered many chances to meet and talk to people from throughout the district, short enough sessions that you never had a chance to get bored, and interesting enough topics that you came away with much to think about.

The Friday night brag session, where we shared our “Dignity for Women” initiative, was interesting and inspiring as other clubs shared their clever money-making events, productive ways to handle “Live Your Dream,” and other strengths. At least two of the clubs run their own thrift stores, and one earns more than \$10,000 a month from a store in a building they own.



Some learning was personal. I attended one workshop on organizing. Having just crammed all my summer clothes into my guest room closet, leaving no room for any guest's clothing, I was inspired to come home and weed things out. Some new knowledge was technical. A session on “Keeping Private Information Private,” meant to give tools to help ensure our website is secure, introduced me to the idea of a Google phone number. It can be given out instead of a personal number, and then it transfers the information to a designated personal number. This allows contact without sacrificing individual privacy.



What else I found is that Soroptimists sure like their bling! Everyone had multiple pins, shirts, t-shirts, vests, etc. emblazoned with the S logo or the Soroptimist name—often in rhinestones and sometimes in LOTS of rhinestones. And I saw that Soroptimist International Sequim is not unique in having intelligent, active, and nice members.

~Cat Xander

An important piece of our district meeting is the general session workshop. Our region has phenomenal professional development providers. This session did not disappoint. As a part of the session, we broke into round table groups to discuss the dilemma: Sheryl’s she shed has just burnt down with the club records, donation baskets for an event happening in two weeks, and most importantly some personal items of some of the members.

Even though we may never have this crisis occur in our various clubs, it makes one consider how do I react in “crisis mode?” I’m hoping that I would fall back on the four cornerstones of The FISH! Philosophy. **Be There:** Listen to the concerns of others, dig right in to figure out a solution; **Make Their Day:** As you take care of others, your wellbeing, health, attitude is boosted. Fill up the cup of your buddy, so they can turn around to fill up the cup of someone else; **Choose Your Attitude:** when you approach any situation you choose your attitude.

You may not be able to choose the work you have to do, but you can choose how you do the work. Which leads us to the **Fun or Play** cornerstone. In any crisis situation, it is hard to find humor. Often times, humor is what drives our attitude. We can’t often change what happens, but we can change how we react to it.



I am grateful that my Soroptimist club has “been there,” “made my day,” helped me “choose my attitude,” and has allowed me to “play” with some pretty awesome people.

~Sandy Lawrence

SOROPTIMIST DISTRICT 1 MEETING

If you haven't been to a district meeting or region conference you should consider attending one. Here are just a few of the reasons taken from the District 1 meeting in Poulsbo.

Getting to Better Know SIS Club Members

There were seven of us attending the meeting. I had the opportunity to room with Kris Osborn and let me tell you, she is one interesting lady. Had we not been roommates I would know Kris only from the time spent with her at our club or board meetings. That would be my loss! She is smart, funny and humble.

She is not the only funny club member that was there. Gena Royal gave the inspiration on Sunday morning. While many tasked with that are somber and serious, Gena was funny and refreshing, often poking fun at her gardening talents, or lack thereof. She was Gena and she was great!

Hearing How Other Clubs Operate

Hearing what other clubs are doing—be it fundraising, scholarships and awards or membership — can spark ideas of what we may want to do—or not—in our club.

As an example, specifically to raise money to send club members to the district meeting, one club had a progressive dinner for members. At each location members would contribute to the kitty. The funds raised were used to send club members to the district meeting.

Some clubs use funds raised at the Tell and Sell event. Raffle baskets are a popular item. With enough crazy women in attendance you can make a decent return. Hmm . . . maybe we should raffle something at the region conference.

Scholarships are a two-year commitment to the recipient of one club. To be eligible for a second scholarship, the student must submit a transcript of her grades for her first year of college, along with a written summary of how things are going and what they are doing. I know there is a specified grade level but I didn't listen fast enough.

Learning About All Things Soroptimist

There are workshops on Friday afternoon and during the day on Saturday, along with topical round table discussions at lunch. They are designed to provide a lot of information in a limited amount of time. Sometimes it is tough to decide which one to attend.

During the general session there was information about the rebranding of SIA's vision and mission and the new tagline—Investing in Dreams. For now you can use the old tagline or the new one. I think Investing in Dreams better reflects what Soroptimist is all about. If you haven't heard about this and want more information, look for "FAQ: Branding Messaging Refinement" on the SIA website. <https://soroptimist.imgix.net/05-for-members/region-governor-resources/administration/FAQ-Mission-final-english.pdf>



This is only a snippet of information about the district meeting. Stay tuned because I think you'll hear more.



And, if your interest has been piqued, the region conference is in late April just across the pond in Renton. Think about it!

~Shelle Paulbitski

“Even if you're on the right track, you'll get run over if you just sit there.” ~Will Rogers

SOROPTIMIST DISTRICT 1 MEETING



I attended the **Live Your Dream Award** Workshop. Three key benefits were presented regarding having applications done online.

1. All your club applications will be in one place.
2. The application is entirely online so there will be no more blank applications!
3. The application has required questions which means no more incomplete applications!

To help get the word about the LYD award, SIA has designed a Live Your Dream Award Flyer downloadable on their website for clubs to use. Clubs are able to personalize it with the club's contact information and have those available at the same locations they have used before. There is also a link to the application that is sharable for social media usage such as their club website, Facebook, Instagram or Twitter.

Clubs that do **NOT** receive any eligible application by the November 15 deadline, are encouraged to contact Region Chair Marilee Paddock or their district rep. Many clubs frequently receive multiple applications from eligible women, and Marilee will ask these clubs to share 1-2 overflow applicants with clubs in need within their district by January 1. This will give the receiving club time to judge and forward their club winners to district judging.

When submitting club packets for district winners, it is important to make sure they include the completed Club Transmittal Form. It is vital that each club fill out the Transmittal Form completely and accurately in order for it to be considered/processed.

The SIA website has many resources in their members only section to assist with this award including a newly updated LYD Awards Toolkit. In addition, specific instructions for using the online application portal are available.

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CAT—Club Advisory Team

Round table discussions at last years' Area Meetings provided another suggestion from members: to develop a task force to help struggling clubs. The board took that idea and ran with it. The region listened and started a new group called CAT—Club Advisory Team. CAT exists to provide positive coaching resources to clubs. CAT facilitators can be brought in to assist clubs in creating solutions in an interactive process that focuses on addressing the members' desired outcomes. The team consists of a leader with facilitation and mediation experience, the Governor-Elect as the board representative and at least one representative from each District.



The members for District 1 this biennium are: Team Leader, Past Governor Carene Davis-Stitt from SI of Eugene; Governor Elect Kristi Puckett from SI of La Grande; District 1 representatives are Immediate Past Governor Stephanie Smith from SI of Oak Harbor and Vanessa Horning from SI of Centralia-Chehalis.

Clubs that need assistance of any kind such as help with low membership, internal conflict, etc., will reach out to the board representative, Governor Elect Kristi, and describe their situation. Kristi will contact the team leader and she will activate the CAT. The team will brainstorm ideas and a team member will be assigned to work with the club to arrange a planning meeting to help them create their own solutions. CAT members are ready and willing to travel to the club location and region funds are available for this. Any member can reach out to the Club Advisory Team. The goal is to help clubs find the Purrfect solutions for any problems before any situation gets to the point of no return and they end up disbanding. It is a great resource.



~Kathy Purcell

“The best way to inspire people to superior performance is to convince them by everything you do and by your everyday attitude that you are wholeheartedly supporting them.” ~Harold S. Geneen

GALA GIFT SHOW—COUNT DOWN

Final countdown ladies! Only four short weeks until our *elegant* Gala Gift Show doors open and the throngs of eager shoppers fill the bedecked Boys & Girls Club with the energy of anticipation and holiday joy. Lucky us, we'll **ALL** be there to soak it in!

Plans are made, teams are ready, goodies are baking. The holidays are such a loving time anyway that folks seem to open themselves a bit more to others, take chances, put themselves out there a little farther than normal. Let's all take advantage of this advantage, reach out to each other, get to know our new members a bit better, make our shopping guests feel welcome and appreciated. We'd all return to a place we felt welcomed and wanted.

We encourage you all to attend and **spend the day**. More smiling Soroptimist faces strengthen our reputation of cohesive women's support in our community, and what better image could we portray, given our mission?

We'd like to remind you all, bake, bake, bake and keep baking! Freezer space is available in numerous places; contact Deb Carlson for info.

Gowns, Glitz, Glitter. Black and Gold and White, our theme colors. Dress, have fun, we are the party within the party!

Once the doors open our only job is to have fun and represent our club, support each other and make our vendors and guests feel pampered. That is, until 4:00. PLEASE stay and help clean up. We are historically out of the B&G club before 6:00; our credo is "leave it better than we found it." Many hands. . .

Thank you to all for your hard work up to this point. We know our show will be another great success because of YOU!

~Sandy Lawrence and Deb Carlson, Gala Gift Show Co-Chairs



There will be a Gala Gift Show Core Committee Meeting immediately following the business meeting on November 12. **Please plan to stay if you can.**

Bake, Bake, Bake...



"Let's choose today to quench our thirst for the 'good life' we think others lead by acknowledging the good that already exists in our lives. We can then offer the universe the gift of our grateful hearts." ~*Sarah Ban Breathnach*

GALA GARDEN SHOW CORE COMMITTEE UPDATE

Winter seems to be here and the Holidays upon us and everyone is busy. Spring will be here before you know it, along with the Gala Garden Show (GGS). With everyone so busy, we are hoping that we can ask some people to go above and beyond and to volunteer for some GGS Committee positions that we currently have open.

The following positions are currently open: Sponsorship Solicitation, Raffle, T-Shirt orders and Volunteer Coordinator.

Sponsorship Solicitation: Sponsor letters have been sent out and we have had some response but we are looking for someone to organize the follow up on the letters. Currently we are asking for volunteers to do follow up calls. We do have a script for the calls and it would only be around 5 calls or so per person. See Kim Renfro for information and scripts.

Raffle: We need someone to spearhead this position and to continue to obtain raffle items. We already have people working on getting items for the Raffle and need to continue thinking out of the box to obtain more raffle items. If you are interested in this position or know of anyone who is willing to donate items to the Raffle contact Kathy Purcell.

Volunteer Coordinator: this position organizes sign-ups and ensures we have all positions covered for the days of the GGS. See Kim or Kathy for information on this position.

T-Shirt orders: Ordering the Flower Power T-Shirts for members to wear the days they volunteer for GGS. See Kim or Kathy about information on this position.

Thank you to all that are out their working on the committees behind the scenes, we do appreciate all you do.

The next Gala Garden Show Core Committee meeting is
Wednesday, November 13, at 8:30 a.m. at
the **First Security** community room in Sequim.

~Kim Renfro and Kathy Purcell, Gala Garden Show Co-Chairs



“Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.”
~*Marcel Proust*



November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BIRTHDAYS THIS MONTH Donna Carson Kathleen DeJong Mayme Faulk Gloria Fitzpatrick Marilyn Hooser Wei Lindstrom Joan Plumb 					1	2
3	4	5	6	7	8 BOARD MEETING	9
						
10	11	12 Business Meeting	13 Gala Garden Show Core Committee Meeting 8:30 a.m. First Security Community Room	14	15	16
17	18	19			22	23
24	25	26 Program Meeting	27	28 	29	30

December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 BOARD MEETING	7 Gala Gift Show 
8	9	10 Business Meeting	11	12	13	14 Gift Show
15	16	17 Christmas Party 	18	19	20	21
22	23	24	25 Merry Christmas 	26	27	28
29	30	31 Happy New Year! 			BIRTHDAYS THIS MONTH Deborah Carlson Wendy Duede Jan Durham Dave Fickes Sandy Lawrence Karin Pease Elaine Powlesland 	



How It Might Continue

by: Rosemerry Wahtola Trommer

Wherever we go, there's a chance for joy,
whole orchards of amazement—

one more reason to always travel
with our pockets full of exclamation marks,
so we might scatter them for others
like apple seeds.

Some will dry out, some will blow away,
but some will take root

and grow exuberant groves
filled with long thin fruits

that resemble one hand clapping—
so much enthusiasm as they flutter back and forth

that although nothing's heard
and though nothing's really changed,

people everywhere for years to come
will swear that the world

is ripe with applause, will fill
their own pockets with new seeds to scatter.



SOROPTIMIST
Best for Women

Soroptimist International of Sequim
PO Box 126
Sequim, WA 98382

*improving the lives of women and
girls through programs leading to
social and economic empowerment.*

To a Person Making a Difference for Women