



SOROPTIMIST®

Investing in Dreams

Soropti-SCOOP

*A Communiqué by
women and men dedicated to improving the lives of women and girls
through programs leading to social and economic empowerment.*

Volume 26, Issue 10

Soroptimist International of Sequim

Celebrating 75 Years of Service

April 2022

Officers 2021— 2022

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Cat Xander

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(one year remaining)**
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Director: 2 year
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Director: 1 year
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Director: 1 year
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*“Little assistance
is better than
the largest intention.”
~Amit Kalantri*

Message from the President

When we write out the name of our club—Soroptimist International of Sequim—we mostly think about the Sequim part: the scholarships, Live Your Dream Award, the Medical Loan Closet, and committed funds. But at this time, the concept of being part of an International organization is more than important, it is crucial.

As of 28th March 2022, **more than 2,300,000 refugees from Ukraine have entered Poland**, and every day more and more women and children in need of help are arriving.

Around us people have been listening to the news and wondering what they could do to help. We took action as a club, and by taking action we inspired others in our area to do so. Our first round of donations added \$20,100 to the \$10,000 the club had committed. Even after we sent off \$30,100 people kept contacting us to see if they could contribute. So a second round of donations totaling \$12,730 has gone out.

When there is a crisis and someone wants to help, it's tough to pick just the organization that will get the money to the people who need it. And everyone has to be careful not to fall victim to a scam—especially since it seems like the Russians are likely to be the ones doing the scamming.

Because we belong to an international organization, we are fortunate to be able to send our money directly to people we know will help. We sent the funds to a Soroptimist International club in Poland, a country which is absorbing so many of the refugees. By sending it to SI/Poland, we know that it will be watched over and used carefully. Their plan includes:

- the purchase of food and other essential items such as hygiene products,
- help in finding accommodation,
- help with access to psychological assistance,
- help with access to legal assistance,
- help with access to interpreters and translators.

Their goal is to help as many people as possible and every Soroptimist Club in Poland has plans in place for assistance **to support the refugees, mainly women and children.**

It's good to remember that we do things like the Garden Show and Auction to raise money so we can help more than Sequim, we do them so we can help women and girls wherever there is a need.



President Cat
A Brand New Normal



*“We can all make a difference in the lives of others
in need, because it is the most simple of gestures
that make the most significant of differences.”
~Miya Yamanouchi*

Letter from the Editor

Dear Friends,

It's April, the month with the reputation for having showers—though it is not the only month with rain.

Case in point A couple of weeks ago—before April made an appearance—Blue and I encountered some precipitation while on our morning walk. It couldn't be snow because the temperature wasn't cold enough. It didn't look like rain because it wasn't drops. It wasn't sleet—again, not cold enough. As Blue pulled on the leash I looked to the side and noticed foliage moving. Ah, wind. The precipitation was indeed rain, but the wind was blowing, making it streak across my field of view. I had been looking straight ahead and didn't see what was in the periphery. Sometimes we don't notice something until our attention is drawn to it.

One example of this is relative to the money we sent to SI of Poland to assist the Ukrainian refugees. As President Cat states in her article on page 1, our first round of donations was \$30,100. A press release about it was sent to the Sequim Gazette and an article was published. The following Monday one of our members was dropping something off at the Sequim Food Bank. The president of the local Rotary was volunteering that day and commented about the article in the newspaper. Our member asked him what his organization was doing for the Ukrainians. He said a lot of communication about that had been circulating via email and they decided to send Shelter Boxes. Our action spurred others to take action.

Our first round of donations was sent within a few days of our decision to do it. More people wanted to donate. Treasurer Shelle Paulbitski came up with the idea of a 10 x 10 campaign—members would contact 10 family/friends and invite them to donate \$10. The deadline was set to be about two weeks out. If 30 of our members participated, the amount collected would be \$3,000. Most folks would be willing to donate \$10, and some would donate a little more. The second round resulted in \$12,730.00.

The campaign offered people the opportunity to be part of something bigger than themselves. It doesn't matter if they gave \$10 or \$100. Each donation came from the same place—the desire to help in time of need. I am grateful to our members, their families/friends and our community. We are showering the Ukrainians with our caring and funds for necessities.

More showering April showers bring May flowers. Our Virtual Garden Show will begin blooming with webinars April 23 and April 30, followed by our Online Auction April 27-May 1. See pages 2-3 for details, including links to register for the webinars. The funds brought in from the auction will allow us to continue showering others with scholarships, Live Your Dream Awards, donations for those in need.

I was thinking of the showers on that morning walk with Blue, and of course Soroptimist came to mind. Some of our members are so quick at what they do, we might not even notice. Some work behind the scenes. To all of those members, I say thank you.

I was thinking about the 10 x 10 campaign. Each donation, on its own, would do little. However, putting all those donations together created something with a definite impact. It's like that with our members. Each of us is important to the whole. Each of us, participating at whatever level we can, produces the greatest results. Our collective impact is seen even in the periphery. We will continue to work in unity as we move through A Brand New Normal.



Light and Love,
Kathy Purcell, Editor



“The first step binds one to the second.” ~French Proverb

CALENDAR

April

- 8 Board Meeting
- 12 Business Meeting
- GOM March & April
- 26 Program Meeting

May

- 6 Board Meeting
- 10 Business Meeting
- 24 HS Scholarships
- 31 5th Tuesday

*Evening Meeting



**“Contribute a little,
it doesn't look much but it's sure
worth something to someone.
Together we can change the world.”
~Stephen Magnus**



**“Character may be manifested
in the great moments,
but it is made in the small ones.”
~Phillips Brooks**

Celebrate Life!

APRIL

Linda Rotmark
Chris Snow

MAY

Marti Campbell
Judy Field
Pauline Geraci
Shirly Huntley
Linda Klinefelter
Cynthia Martin

HAPPY EARTH DAY



Note the phone number for our
MEDICAL LOAN CLOSET
360-504-0231



MLC is OPEN

*“No occupation is so delightful to me as the culture of the earth, and no culture comparable to that of the garden.”
~Thomas Jefferson*

24th Annual SOROPTIMIST Virtual Garden Show and Auction

Online Auction Wednesday, April 27 - Sunday, May 1, 2022



- ◇ **Webinars**
- ◇ **Online Auction**
- ◇ **Meet our Vendors and Sponsors on Facebook by clicking [here](#).**

**SATURDAY, APRIL 23:
Container Gardening with Clallam County
Master Gardeners**

2 sessions – join for one or both!

Click link below to register.

https://us02web.zoom.us/webinar/register/WN_RAI5Jcb9RWa6QLoo3krmUg



**1:00 p.m. – 2:00 p.m.
Container Gardening—Veggies,
Berries and Fruit Trees**

Jeanette Stehr-Green and Judy English will discuss the benefits of growing veggies, berries, and fruit trees in containers: share which plants and trees are well-suited for container gardening, and give advice on how to select a container appropriate for the desired crop. They also will outline the necessary care for plants grown in containers with a focus on watering and fertilizing practices.



**2:30 p.m. – 3:30 p.m.
Ornamental Container Gardening—
One Pot, Four Seasons**

Susan Kalmar will answer the question, “What do you do with those big beautiful flowerpots once the flowers start to fade? The answer: “Rejuvenate your special container to look beautiful year-round without replanting the entire pot!” You will learn design basics, plant selection, seasonal bloom rotation, as well as adding holiday decorations and clever shortcuts. With a few tricks of the trade, you can make your planters say “wow”!

~continued on page 4

WEBINARS CONTINUED

SATURDAY, APRIL 30, 2022

1:00 p.m. – 2:30 p.m.

You CAN Garden for Life - Sponsored by Cascade Bark

Click link below to register.

https://us02web.zoom.us/webinar/register/WN_JUXP8vKORT63LmH82sYuJA



Featured Speaker: Toni Gattone, author and nationally recognized Adaptive Gardening expert & inspirational change-agent, will deliver dozens of tips, tools, and techniques that enable gardeners of all ages and abilities to adapt and be resilient, so they can garden for life in comfort and safety, with ease and joy. This seminar was the basis for her book: *The Lifelong Gardener, Garden with Ease & Joy at Any Age*. You will:

- ⇒ Cultivate new ways to garden to save time, money, and above all, energy.
- ⇒ Re-envision your garden's size and accessibility for greater comfort.
- ⇒ Re-think your garden to include containers, raised beds and vertical gardens for no-bend gardening.
- ⇒ Adapt your favorite garden tools for little or no cost.
- ⇒ Discover new ergonomic tools that are easier on your hands, back, hips, and your entire body.



For more information, please go to our website:

www.sequimgardenshow.com.

Questions? Email us: gardenshowacution@sequimgardenshow.com

Hope to see you at our webinars!

GARDEN SHOW AUCTION:

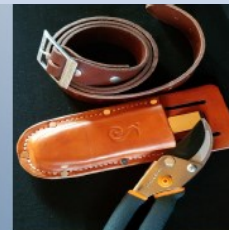
The Garden Show Auction is coming! Are you ready to Bid?

Preview of auction items and Registration: April 23 - 26, 2022

Auction is Live: April 27th @ 8am and end on May 1st at 5 pm.



For updates and an upcoming preview of auction items, check our Garden Show website or Facebook site for an active link: <https://sequimgardenshow.com/>



AWARDS AND SCHOLARSHIPS GIRL OF THE MONTH

LAUREN SUNDIN



Soroptimist International of Sequim is pleased to present our March Girl of the Month, **Lauren Sundin**. Lauren volunteers regularly with various service-oriented organizations in the community and in the summer, volunteers for North Olympic Library in Sequim. She has been honored as Student of the Month with Blue Whole Gallery and is a member of Honor Society and a recipient of the AP Scholar Award. Her choices for college are the University of California Los Angeles and Santa Clara University with the desire to major in sociology and social transformation.

“No person was ever honored for what he received. Honor has been the reward for what he gave.” ~Calvin Coolidge

MEET OUR NEWEST MEMBER

JAN HARTIG



Jan and her husband, Tom moved from Moreno Valley, California to Sequim in 2007. They were encouraged to make the move to the Olympic Peninsula by friends,

Her career paths include working as a secretary, legal transcriber, Real Estate broker and church organist.

Volunteer experiences focused on her local community – Community Assistance program, Food Bank and Soroptimist projects.

Jan has already achieved SIS Golden Girl status, as she has been an active and devoted member of Soroptimist International of the Americas since 1989. Her experience, enthusiasm and knowledge base will be such a benefit to our club.

Talents/skills/passions are diverse – Musician (piano and organ), seamstress.

♥ Best advice she received: ...Put God first in your life.

♥ Welcome to Jan!

Membership News For May

Renewal notices will come to you in May by email. It will be a form with renewal information and an opportunity to review your roster information. **Dues for 2022-23** are due **June 1**.

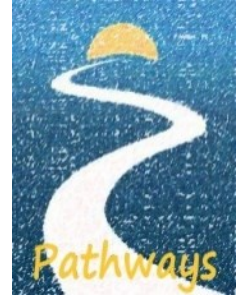


~Amanda Beitzel



PATHWAYS COMMITTEE UPDATE

Members of the Pathways Committee had the opportunity this month to learn more about two more Soroptimist Committees, the Finance Committee and the Membership Committee. Shelle Paulbitsk told us about the functions of the finance committee and the (very important) duties of the treasurer. And we got to hear from our own Amanda and Missy discussing how the Membership Committee functions and the many jobs within the committee including the Sunshine Committee, attendance, and the members only section of the website. They also discussed the nominating committee and how the process of acquiring nominees is done. Finally, the committee discussed our group's contribution to the Garden Show.



~Pam Hursey-King, Pathways Committee



“The more intensely we feel about an idea or a goal, the more assuredly the idea, buried deep in our subconscious, will direct us along the path to its fulfillment.” ~ Earl Nightingale

DREAM IT, BE IT

As the pandemic begins to wane and people are beginning to get out and about, it is time to offer a program for the girls in our community. A few who have volunteered to be on the committee are wondering what is going on and are we ever going to meet.



It makes sense to renew our collaboration with the Port Angeles Jet Set club, and I have been working with Danetta Rutten in that regard. We want to offer a program that is meaningful for our local community. We have been working with Michele Devlin, a Clallam County Prosecuting Attorney and others. Our first session will focus on sex trafficking and safety when using social media. The plan is to get things started in the fall.

Sometime in August, we will gather our committee to put the finishes on the first session and then plan our modules (probably offered monthly) from there on out. Some of the ideas we have are financial literacy, values, goals and career interests, guest speakers and more to help start these young women on a path to future success.

If you have interest in planning with us, please contact Sandy Lawrence at sandy27311@gmail.com.



~Sandy Lawrence, Dream It, Be It Chair



MEDICAL LOAN CLOSET

The Medical Loan Closet was able to fully open mid-March. We are now able to lend equipment, receive returns, and accept equipment donations. In addition to fully reopening, we were able to purchase new equipment that has been in high demand. We purchased four stand-up walkers, two sliding bath seats and two bariatric transport chairs. Thank you, Rick Hill, for assembling the new equipment!

We received **142** calls during the month of March. We loaned **58** items, had **63** items returned, and received **\$1,170** in donations.

~Becky Archer and Chris Snow,
MLC Co-Chairs



“Those who look for the laws of Nature as a support for their new works collaborate with the creator.” ~Antoni Gaudi

GARDENING AT THE TOP

Calling all gardening aficionados! The committee for the Holiday Inn roof-top garden is looking for volunteers to help maintain the garden from mid-April through November. Maintenance includes once a week watering, deadheading, and removing of weeds in the containers. Jess McNeil who works at the hotel and is a member, will water on Tuesday and we would prefer if those wanting to assist, do so on Thursday, Friday, or Saturday.



If you are a new member and unfamiliar with this project, we took on maintaining the roof top garden in exchange for using the meeting room. While we are not having face-to-face meetings yet, we continue to maintain the garden, which has served us well in providing services to the community.

If you would like to volunteer, please send Linda Klinefelter an email at ljk1551@live.com. Please provide what day you can work, how many times you can volunteer, and provide what weeks you are not available. Once we develop a list, we will provide you with the schedule.

Thank you,



Linda Klinefelter and Jan Chapman
Co-Chairs Roof-top Garden

TEA WITH S.H.E. IS BACK . . . AFTER A 2-YEAR HIATUS!

I Can't Wait to be Old ... no one said

Positive and Realistic Expectations for Aging Women

**With Bertha D. Cooper: author of
*Women, We're Only Old Once***

On KSQM 91.5 FM, Wednesday, April 6th at 1 pm



Sponsored by:
Soroptimist International of Sequim

If you missed the live interview, you can hear the recorded information which will be on our website soon <http://sisequim.org/what-we-do/she-project/>

Old and on Pandemic Hold ... what's next?

Tips for older adults to live in an everchanging Covid world

With Bertha D. Cooper, author of *Old and On Hold: Aging in Place During a Pandemic*

On KSQM 91.5 FM, Wednesday, April 20th at 1 p.m.



Sponsored by Soroptimist International of Sequim



IMPROVING LIVES THROUGH OUR COMMITTED FUNDS

Focus on Dungeness Valley Health & Wellness Clinic a.k.a. Sequim Free Clinic

Dungeness Valley Health & Wellness Clinic (DVHWC) was started back in 2001. Mary Griffith, R.N. is credited with the start of the clinic. She had received numerous calls from retired individuals who were too young to qualify for Medicare and could not afford to pay for health care.



Out of one person's vision and a lot of help from donors, community partners, and foundations, DVHWC has grown over the years. It currently serves those in our community who do not have health insurance, or those who have insurance but can't afford their deductibles or copays as well as those who haven't yet found a primary care provider in the area.

Today, DVHWC is more commonly referred to as the Sequim Free Clinic. Since 2001, Intake statistics continue to show that:

- 69% of their patients are under the age of 50;
- 84% have no doctor;
- 78% have no health insurance; and
- 45% are employed.

In 2020, after initial treatment:

- 109 patients were referred for diagnostic labs; and
- 58 patients received vouchers and were referred to local dentists for emergency dental services.

Our first monetary donation to DVHWC was in 2016 in support of their Fun Walk. We also encouraged our members to sign up for and participate in the fun walk. Participants were invited to bring their four-legged friends, keeping them on a leash, of course. I don't know how many joined in the walk, but I do recall there were quite a few from our club participating.

Since then, we have included them in our Committed Funds Recipient list every year. As reflected in their tagline, they are A Beacon of Health, A Beacon of Hope.

“If you want to build a ship, don't drum up people together to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea.” ~Antoine de Saint-Exupery

75th ANNIVERSARY REUNION PARTY

It looks like it's on! An in-person 75th Anniversary Reunion Party!!

Fingers crosse—COVID numbers are down, masks are optional, and larger gatherings are permitted.

What: Happy Hour to celebrate our 75th anniversary

When: May 10, 4-8pm

Where: Kris's barn at Creekside Haven

Who: All current and former members are invited

Happening now:

- A 75th.sisequim.org website is up with lots of great stuff. Take a look! Click the graphic to visit the site.
- RSVP for the party at 75th.sisequim.org/rsvp
- A Save the Date postcard about the event and asking for RSVPs went out March 31st.



~Cat Xander, 75th Committee Chair



The screenshot shows the Soroptimist website's 75th anniversary page. At the top, it says "Celebrating 75 Years Empowering Women and Girls Investing in Dreams". The navigation menu includes Home, Scholarships, Committed Funds, Videos, History, 1900s Activities, and By The Numbers. The main content area is divided into several sections: "Our Mission" with the Soroptimist logo and a description of the organization; "By The Numbers" featuring a large "123" graphic; "Committed to the Community" listing various partner organizations like Clallam County, Sequim Foodbank, and The Sequim Free Clinic; "24th Annual Virtual Garden Show and Auction" with a photo of a woman in a garden; "History Lessons" with a photo of a group of women and a "Video Years -in-Review" section; "Scholarships" with photos of recipients; and "Capturing Our Involvement" with a photo of a woman.

“It is better to lead from behind and to put others in front, especially when you celebrate victory when nice things occur. You take the front line when there is danger. Then people will appreciate your leadership.” ~Nelson Mandela

WORDS OF APPRECIATION



















Dear Shelle,
Thank you very much for supporting our project “War Zone Initiative - SI Poland”. The donation has arrived on our account.

You will receive information from us what action has been taken to support women and children who are suffering gravely from the war in Ukraine.

Best Regards,
Katarzyna Piszczako-Pałasz
President - Elect
1st Vice President
Soroptimist International Poland



April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>BIRTHDAYS THIS MONTH Linda Rotmark Chris Snow</p>		<p>April 18 Prevention of Cruelty to Animals Month <i>Go Change for Animals!</i></p> 				<p>2 National Handmade Day</p> 
<p>3 National Tweed Day</p> 	<p>4 National Vitamin C Day</p> 	<p>5 National Caramel Day</p> 	<p>6 Tea with She</p> 	<p>7 National Beer Day</p> 	<p>8 BOARD MEETING</p>	<p>9 National Unicorn Day</p> 
<p>10 National Sibling Day</p> 	<p>11 National Pet Day</p> 	<p>12 Business Meeting</p>	<p>13 National Scrabble Day</p> 	<p>14 National Dolphin Day</p> 	<p>15 Purple Upl Day</p> 	<p>16 National Orchid Day</p> 
<p>17 Easter</p> 	<p>18 National Columnist Day</p> 	<p>19 National Garlic Day</p> 	<p>20 Tea with She</p> 	<p>21 National High Five Day</p> 	<p>22 National Earth Day</p> 	<p>23 VGS Webinars MG Jeanette Stehr-Green, Judy English, Susan Kalmar Container Gardening</p>
<p>24 Auction Preview & Registration</p> <p>Five Podge of Fun Garden Show Online Auction APRIL 27 - MAY 1, 2022 Preview and Registration begins April 25, 2022 Make a difference for animals, dogs and the community.</p>	<p>25 Auction Preview & Registration</p> <p>Five Podge of Fun Garden Show Online Auction APRIL 27 - MAY 1, 2022 Preview and Registration begins April 25, 2022 Make a difference for animals, dogs and the community.</p>	<p>26 Auction Preview & Registration</p> <p>Five Podge of Fun Garden Show Online Auction APRIL 27 - MAY 1, 2022 Preview and Registration begins April 25, 2022 Make a difference for animals, dogs and the community.</p>	<p>27 Online Auction Begins!</p> 	<p>28 Online Auction</p> 	<p>29 Online Auction</p> 	<p>30 VGS Webinar Featured Speaker Toni Gattone You CAN Garden for Life</p> 

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Online Auction Ends	2 BIRTHDAYS THIS MONTH Marti Campbell Judy Field Pauline Geraci Shirley Huntley Linda Kieferler Cynthia Martin Jeanne Marti	3 National Teachers Day	4 International Fire Fighters Day	5 World password Day	6 BOARD MEETING	7 International Drone Day
8 World Red Cross Day	9	10 Business Meeting 75th Anniversary Party	11 National Technology Day	12 World Nurses Day	13 International Humus Day	14 World Migratory Bird Day
15 World Baking Day	16 International Day of Light	17 National Walnut Day	18 International Museum Day	19 National Devil's Food Cake Day	20 World Bee Day	21 International Tea Day
22 International Being You Day	23 World Turtle Day	24 Program Meeting	25 Geek Pride Day	26 National Paper Airplane Day	27 National Road Trip Day	28 National Hamburger Day
29 International Day of World Peacemakers	30 Memorial Day	31 World Parrot Day				

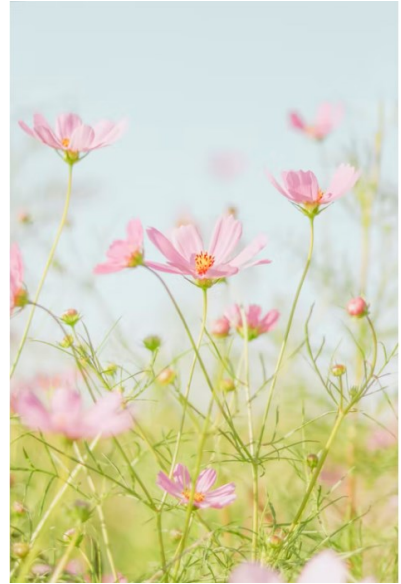
The Spring Has Many Silences by Laura Riding Jackson

The spring has many sounds:
Roller skates grind the pavement to noisy dust.
Birds chop the still air into small melodies.
The wind forgets to be the weather for a time
And whispers old advice for summer.
The sea stretches itself
And gently creaks and cracks its bones....

The spring has many silences:
Buds are mysteriously unbound
With a discreet significance,
And buds say nothing.

There are things that even the wind will not betray.
Earth puts her finger to her lips
And muffles there her quiet, quick activity....

Do not wonder at me
That I am hushed
This April night beside you.
The spring has many silences.



Soroptimist International of Sequim
PO Box 126
Sequim, WA 98382

SOROPTIMIST®

Investing in Dreams

Soroptimist®: a global volunteer organization that provides women and girls with access to education and training they need to achieve economic empowerment.

To a Person Making a Difference for Women