



SOROPTIMIST®

Investing in Dreams

Soropti-SCOOP

*A Communiqué by
women and men dedicated to improving the lives of women and girls
through programs leading to social and economic empowerment.*

Volume 26, Issue 12

Soroptimist International of Sequim

Celebrating 75 Years of Service

June 2022

Officers 2021— 2022

President:
Cat Xander

President-Elect:
Kim Renfro

Secretary:
Missy Church-Smith

Treasurer:
Shelle Paulbitski

Assistant Treasurer:
Open

**Director: 2 year
(one year remaining)**
Linda Rotmark

Director: 2 year
Sandy Lawrence

Director: 1 year
Shawn Dredla

Director: 1 year
Natasha Merkuloff Nichols

Past President:
Kris Osborn

Newsletter Staff:
Kathy Purcell
Susan Coffee
Jane Manzer
Pat Willis

*“When you start
using senses
you’ve neglected,
your reward is
to see the world with
completely fresh eyes.”
~Barbara Sher*

Message from the President

My theme for the year was a BRAND new normal, hoping to burnish our name recognition to shine even more brightly.

Looking back, despite COVID, it was a very good year. If we are graded on press coverage, we made an A. Soroptimist stories appeared in the newspaper almost every week for our activities, our donations to Ukraine, our scholarship search, and our Girls of the Month. If money is the measure of how well we are known for doing good things, it was a great year!! We took in donations of over \$126,000 from the community between a bequest and scholarship donations. We got high marks for recognition as we are the first service organization with a display in The Sequim Museum & Arts, and the Mayor proclaimed May as the month to recognize our 75 years of service to the community.

Thank you for looking back with me this year of our 100th SIA and 75th club anniversaries. Thank you for all the years you have helped to make Soroptimist a brand that stands for good in this community—and thank you for being flexible and working hard to keep our virtual club viable.

My year is close to over, and I will have a little more time to do things around the house. Every time I walk into my basement, I am assailed by all the stuff I have put down there. Do I really need it? Will I discover I need it after I have given it away? Will all the memories attached to things disappear if I no longer have the things? What will my family do with three sets of formal china after I’m gone, or 47 random wine glasses, or sterling silver engraved with the initial X?

At the Area meeting this spring, District DirectorCarolynn Kaetterhenry told attendees: “Schedule time in your meeting or club retreat to discuss some “spring cleaning” assessments, look into every area in which your club operates and commit to be open to fresh new ideas. Be brave to clean out what isn’t working and bold to embrace and try innovative ideas.”

This year we carried on with many of our traditional fundraisers and activities, mostly electronically, altering them to fit into a high COVID-danger world. We kept meeting twice a month, but on Zoom. The Gala Garden Show was virtual, and an online auction made up for missing Garden Show entry fees. Tea With SHE migrated from the church hall to the radio and we offered two different programs on KSQM. Scholarship notebooks came to us in digital form. We sold See’s candy online. The Medical Loan Closet accommodated emergencies only for much of the year, and then instituted strict safety practices for volunteers and patrons. Thanks to everyone for their hard work, support and flexibility.

~continued on page 3

Letter from the Editor

Dear Friends,

It's June. School is out for the summer. Students are putting away their backpacks, notebooks and pencils. Things learned over the past year are filed in the back of their minds, ready to be called back if needed. Does the new information change any of what was previously there? Does more information make things clearer?

This made me think of how we sometimes see something as one thing, but it turns out to be something different. We see a shadow while we were walking and think someone is following us. We turn and realize it is our own shadow. Blue, like most dogs, is attentive to things around us when we walk. Sometimes Blue cautiously approaches what he thinks is a garter snake, but discovers it is only a curved twig.

Another example happened a few days ago. There is a cul de sac we pass on our daily walks. Sometimes we see garbage strewn around on the pavement and even in the grass. We've seen bottles, cans, food containers, paper. There has been quite a lot of it recently. One morning earlier this week I noticed what looked like a bunch of paper in the grass by the cul de sac. As I got closer, I saw it was a small patch of daisies. This cheered me—first, because they are lovely flowers and second, because it wasn't litter as I had originally thought.

When something garners my attention, I look deeper into what it could mean. So of course, I had to look up information about daisies. Daisy flowers grow all over the world and there are thousands of different types of daisies. They symbolize new beginnings and rebirth, in addition to love, cheerfulness, beauty, purity, innocence, hope, fun, and affection.

The above makes me think of Soroptimist. We are the daisies. There are Soroptimist clubs all over the world and there are members from many different walks of life. At first glance learning about Soroptimist might seem like a bunch of undesired paper. As we get closer and learn more, we see all the beauty of our organization. We see that we are the cheerfulness, the fun, the hope for women and girls—and for one another.

One Soroptimist year is ending and a new one is about to begin. Like the student calling back information, I'm calling back something I mentioned in my article last month . . . I was at the north end of the north 40 again a few days ago. I noticed the trees are now very full—so much so that I cannot tell where one tree ends and the next one begins.

This reminds me of the members our of club. We are so focused on our mission that our efforts meld together in perfect unity, creating an amazing collective impact. To maintain this, we need to step out of the shadows and recognize the importance of our individual parts to the whole. Committees for next year are being formed now. We have the freedom to choose the committees that bring the most to light for us.

As we complete a year of experiencing A Brand New Normal, we move into a year of learning Change is Always Good. The best part of that is we are learning it together.



Light and Love,
Kathy Purcell, Editor



“When a team outgrows individual performance and learns team confidence, excellence becomes a reality.” ~Joe Paterno

CALENDAR

June

- 10 Joint Board Meeting
- 14 Business Meeting
- *24 Installation of Board



Summer Hiatus

*Evening Meeting



**“When you really pay attention,
everything is your teacher.”
~Ezra Bayda**



**“Very few people really see things
unless they've had someone
in early life who made
them look at things.
And name them too.
But the looking
is primary, the focus.”
~Denise Levertov**

Celebrate Life!

JUNE

Elaine Churchill
Jess McNeil
Natasha Merkuloff Nichols
Caroline Smith

JULY

Athena Dunn
Pam Hursey-King
Jane Manzer
Kris Osborn
Kathy Purcell
Kim Renfro
Jolene Sandborn



Note the phone number for our
MEDICAL LOAN CLOSET
360-504-0231



MLC is OPEN

“Your life changes the moment
you make a new, congruent,
and committed decision.”
~Tony Robbins

~continued from front page

We DID make two significant changes and this coming year will let us know how well they work. We changed the job of treasurer from what was basically a four-year commitment to two years—one as treasurer and one as past treasurer. The past treasurer will support and advise the new one. And we hired DA Davidson to manage our unexpected windfall of \$120,000 from Judy Gates.

We put off our spring cleaning while we took time to look back for our 75th Anniversary. We’ve had the year together to look back, work on our brand, to see how we are doing. Now it is time to look forward; to work with incoming president Kim on spring cleaning; to embrace her theme “Change is Always Good!”



President Cat
A Brand New Normal



Soroptimist International of Sequim

invites you to join us for

CHANGE IS



ALWAYS GOOD

Installation of Officers and Board

for 2022-2023

Friday, June 24, 2022

5:30 p.m.

Computer: [https://zoom.us/j/6683143238?](https://zoom.us/j/6683143238?pwd=L2lOS2s3cGNBdU5xWS9YQTFjNlRlUT09)
[pwd=L2lOS2s3cGNBdU5xWS9YQTFjNlRlUT09](https://zoom.us/j/6683143238?pwd=L2lOS2s3cGNBdU5xWS9YQTFjNlRlUT09)

Meeting ID: 668 314 3238

Passcode: 138022

By Phone:

+1 253 215 8782 US (Tacoma)

Meeting ID: 668 314 3238

Passcode: 138022

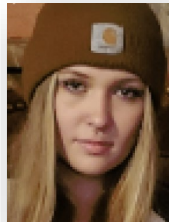
HIGH SCHOOL SCHOLARSHIPS

This year's high school scholarship electronic portfolios were absolutely works of art. The ELEVEN worthy applicants showcased who they are, their goals in life and career, their community service, and even their hobbies and pets in colorful pages of art, words and photographs.

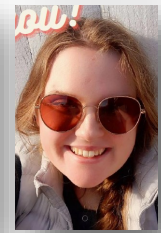
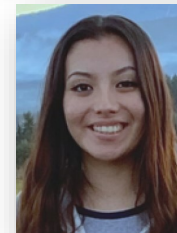
All of them wrote a least two full pages describing their financial needs, home life (or lack of), their dreams and their beyond-belief hurdles during their relatively short lives. When I was finished reading all of their essays, I wanted to fund all of them SOMETHING just to show that they had been heard and valued.

Our amazing Scholarships and Awards Committee: Shirley Legg, Jane Manzer, Kris Osborn, Janet Real, Kim Renfro, Gail Watson, Cat Xander and volunteers, Pauline and Melody, was given the task of choosing the following five young women:

- A \$2,000 High School scholarship was given to **Kadence Cary**, who wants to study veterinarian medicine and is a McKinney-Vento student;
- **Hannah Hampton**, Class of 2022 Valedictorian (1 of 210 in class with a 4.0) who wants to study neurosurgery, \$2,000; and
- **Ruby Romano**, Running Start graduate and entrepreneur extraordinaire who wants to attain a business degree, \$2,000.



In addition, the Committee asked for and received funding for the following students: One thousand dollars to **Heidi Salgado**, a DACA student who wants to help Latino children as a teacher or a social worker. One thousand dollars to **Abigail Carlson**, who wants to study counseling or pastoral ministries. She said that she want to be devoted to people, provide a safe place for others to speak and obtain the knowledge to offer the best advice.



Thank you so much for your fundraising work that allows us to empower these worthy young women each year.



~Linda Rotmark, Awards & Scholarships Chair



“Education is learning what you didn't even know you didn't know.” ~Daniel J. Boorstin

CONTINING EDUCATION SCHOLARSHIP

Scholarships/Awards Committee is now posting announcements for the following scholarships and awards in the Fall of 2022.

- ◆ Continuing Education for college sophomores and above.
- ◆ Continuing Education for past year's awardees to assist with another academic year's expenses.
- ◆ Deadline: August 15, 2022

MEET OUR NEWEST MEMBERS

They will be inducted at the Installation of 2022-2023 Board

SUNNI BECKER



Sunni has been in Sequim for nine years and she relocated from Corona, California, because it was time for a new start. Over the years she was an English teacher and tutor, an Executive Secretary, and worked her way through all aspects

of sales and sales management, to Director, Kellogg Foodservice, Western Region. She volunteered for 13 years as the assistant director of her church choir. She was involved with Cultural Homestay International where she hosted an Italian exchange student whom she became very close to. She and her Italian student and the student's family bonded so much that they alternate continents and spend at least a month together every year. She enjoys singing, writing, public speaking, fund raising, reading and the Seahawks. She shares her home with her 8-year-old German Pinscher, Charm, and a 4-year-old gray feline, Pye, and the denizens in her 80-gallon fish tank.

Best advice given: Everything happens for a reason.

ROSELINE TOMLIN



S Roseline has been in Sequim for 13.5 years and she relocated from the San Francisco Bay area. She and her husband, Jay, wanted to retire in his home state, live in an ideal climate and enjoy outdoor activities. She spent 3.5 years in the airline industry and

34 years in the insurance industry, specializing in tort litigation. Roseline is relatively creative, a pretty good cook, a decent bartender, makes her own greeting cards, has good writing skills, loves to hike and kayak and travel extensively.

Best advice she's received: My mom taught me to be assertive and yet compassionate.

"I cannot even imagine where I would be today were it not for that handful of friends who have given me a heart full of joy. Let's face it, friends make life a lot more fun." ~Charles R. Swindoll

ATTITUDE IS EVERYTHING

I have been very fortunate to have an inspirational secret pal. My first gift was a lovely little box with peel back cards to find the inspiration. Once you open them, you are supposed to pass them along to another, but I just keep on pulling one each day to get my daily inspiring. Today was very simple, Attitude is Everything.

A card, a gnome, and a special gift of flowers for my garden, and of course a bracelet with an inspiration engraved inside. I think I know who she is, and I'm excited to find out on the 16th!



~Sandy Lawrence



MEDICAL LOAN CLOSET

The Medical Loan Closet was busy in May. We received **150** calls during the month of May. We loaned **92** items, had **89** items returned, and received **\$603** in donations. In May we welcomed **Athena Dunn** to the MLC Team! Thank you, Athena, for your desire to serve our community in this way! We would love to have a couple more team members, so if you are interested in serving at the MLC, please contact Chris or Becky. We provide training and support as you share this important gift to our community.



~Becky Archer and Chris Snow, MLC Co-Chairs



THE IMPACT OF OUR MISSION

Many people in the community recognize the value of the work we do to empower women and girls through access to education. We received a \$2,000 donation from a gentleman directed to be given as two \$1,000 Continuing Education Scholarships. This photo represents that donation. The Soroptimist focus is being shared throughout the community and inspiring others to join in our mission. ~kp

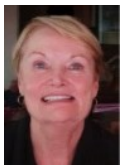


75th ANIVERSARY PARTY—RE-SCHEDULED FOR AUGUST 14, 2022

The 75th Anniversary party is still on the books for **August 14th** at **Creekside Haven**. We will be watching the statistics closely to see whether it will be safe. By August, the weather should be nice, and we will be able to be outdoors with even more space for social distancing if necessary.

An e-blast will keep you up to date on party plans—and of course watch for the Soropti-Scoop with details. We will also reach out to former members and guests from the PA clubs who responded to the original RSVP. As a benefit of the change, the August date gives you more time to run into friends who were Soroptimists once upon a time and invite them personally to the celebration.

Thank you to the party committee for being flexible and keeping their decorations and food plans on hold until we are sure we can have a wonderful and safe party!



~Cat Xander



“Celebrate what you want to see more of.” ~Tom Peters

5th TUESDAY – SEQUIM MUSEUM & ART CENTER DISPLAY

May 2, 2022, was our club's 75th Anniversary. It was suggested that we have 5th Tuesday at the Sequim Museum & Art Center. We want to thank the Sequim Museum for having Judy available and opening its doors to SIS members.

A committee was formed to gather information and share what has occurred in the last 75 years as a club. Thank you to that committee for your hard work and time involved in gathering all that information. Elaine Bradford, as always, did an outstanding job of putting together everything we have achieved in our years as a club. Just reading what the club has accomplished over 75 years wore me out!

The 75th anniversary website gives a chronology and comprehensive write up of what our club has accomplished. You can check it out at: <https://75th.sisequim.org/> Thank You, Kathy Purcell, for putting this website together; it is amazing.

After looking at the last 75 years, I thought to myself, what does the next 75 years hold in store for us as a club? The world is always evolving and how will we as a club evolve to continue to meet our goals of empowering women and girls? This is not an easy question to answer and really, there is no answer, unless you have a crystal ball. But I looked around at the crowd that had gathered to see the display and saw one thing that brings us together and makes us a strong club, commitment! We are committed to making the world a better place for women and girls and we can't do that overnight, it's baby steps. So, 75 years has come and gone, and we have helped so many, but we have so many yet to help.

So, to all the SIS members who have come and gone, Thank You for your commitment to making a better world, one step at a time. Here's to another 75 years!



~Kim Renfro, Programs Chair



"Study the past if you would define the future." ~Confucius



ANOTHER YEAR IN THE BOOKS!

The month of May saw the wrap-up of our 24th Garden Show. Again, it was done virtually along with an Auction. All due to the ongoing Covid outbreak. Usually, we have a wrap-up party after the Garden Show, but with a pandemic going, that made it impossible. So instead, I will give thanks the only way that I can at this time, in written form.

First, I give thanks to everyone who was on the Virtual Garden Show and Auction Committees. The hard work and dedication to make the Garden Show & Auction a success was seen through your dedication and long hours of work. It is just a reminder to me that it is not any one person who can make the Garden Show & Auction a success, it is the team of people who came together that made it exceptional.



I give thanks to our Sponsors, too many to name individually, that support Soroptimist so that we can reach our goals to give back to our community. I give thanks to our Vendors, Who, even though we are not in person, continue to give us their support and remain by our side, year after year. I give thanks to our Members, many who may not have worked in the Garden Show and Auction, but gave us their help when requested. I give thanks to our community, who once again gave us their support and help in these times of economic hardship and an ongoing pandemic. When all of these elements come together, we are Exceptional!



So here is me, giving all of you, a virtual hug, a smile and a very grateful Thank You.



Kim Renfro
Chair Garden Show



“My green thumb came only as a result of the mistakes I made while learning to see things from the plant’s point of view.” ~H. Fred Dale



SAVE THE DATES: SOROPTIMIST LAVENDER FARM TENT

14-17 JULY!

VOLUNTEER OPPORTUNITY

The Lavender Farm Lavender Festival Committee is seeking volunteers to either man our Soroptimist booth or make baked goodies! Contact Pauline if you'd like to volunteer.

- ◆ We need 4 volunteers to help set up the tent and wine area on Thursday the 14th of July at 6 pm.
- ◆ We need 4 volunteers for 2 four hour shifts on Friday 15 July, Saturday 16 July, and Sunday 17 July.

“The power of one, if fearless and focused, is formidable, but the power of many working together is better.” ~Gloria Macapagal Arroyo

WINNER OF SOROPTIMIST CELEBRATING SUCCESS AWARD—PUBLIC AWARENESS PILLAR

We are excited to announce that SI of Sequim was the recipient of Soroptimist Northwestern Region's **Soroptimist Celebrating Success Award** for excellence in **Public Awareness** for the year 20-21 presented in 2022. The region is comprised of 78 clubs and this award represents outstanding quality in presenting and educating the community on the mission, projects, fundraisers and achievements of our organization. The entry was written by Linda Klinefelter, last year's club Public Awareness Chair. Kudos to our club!



“All who joy would win must share it. Happiness was born a Twin.” ~Lord Byron

REGION CONFERENCE REPORTS

It is always good to hear about strategic plans and long-term goals. Soroptimist has a 2021-2031 Big Goal of “investing in the dreams of a half million women and girls through access to education.”

That’s four times the number of women and girls we currently reach. Bobby Enderlin (our SIA President-elect) said, “to increase the number of women and girls we reach by four times, we have identified 3 key areas for investment.”

Program Delivery

Build program partnerships
Invest in our members, leaders and volunteers
Evolve SIA’s membership model

Program Expansion

Support clubs financially to deliver our mission
Attract new donors
Engage our supporters
Expand the SIA Headquarters Live Your Dream Awards
Develop new program opportunities to reach our Big Goal

Program Sustainability

Improve technological infrastructure
Acquire new technology
Expand the Live Your Dream Award application portal

We will be able to report on all the women that we are investing in, not just the dream programs. We will be able to count the women who attend our Tea with S.H.E. events, our scholarship winners, our volunteer awardees, and other activities that educate to empower, such as the Dream It, Be It program.

I also attended an “Inclusivity” workshop where we discussed the environment coming out of the pandemic. These workshops are usually set to have lots of audience participation and this one was very active. The facilitators presented a small skit where some friends were sitting together and didn’t invite anyone else or new to sit with them. We broke into small groups to discuss how we can make sure everyone feels welcomed and a part of the club. We then shared.

I always feel proud of my club when we have these types of workshops and interactions, because we are a very healthy club compared to others. It will be a challenge when we begin to transition back to physical meetings to be sure to mix up the seating so that we get to know everyone and no one feels left out.



~Sandy Lawrence



“The greater the diversity, the greater the perfection.” ~*Thomas Berry*

My takeaway was that Soroptimist is a multi-layer organization with lots of unique clubs that take on projects that reflect the needs of their communities. Two workshops that captured my attention were the ones on civility and retention of members. Civility issues appear to be symptoms of Zoom fatigue, fear of Covid exposure with resuming in-person meetings, and forgetting Robert’s rules of order. Retention seems to follow the same theme restrictions, and fear have pushed some to pull back and others to be left with more responsibilities than makes them comfortable. With open communication, flexibility and empathy we can get through this trying time.

This was a wonderful opportunity to get to know Shirley Legg and Sandy Lawrence, be silly, drink wine and talk about next year. Thank you.



~Patty Lebowitz



REMEMBERING THE WORDS OF OUR DADS

June is the month we celebrate Father's Day. What better way to remember our dads than with Dad-isms. Below are Dad-isms sent in by some of our members. This month especially, let us remember to celebrate all those who have encouraged us and made a difference in our lives.



You want HOW much money for WHAT!!!

No, no tattoos or piercings until you move out.

Your dog, you scoop poop.

You have a choice. You always have choices. Here's your choice today: you clean your room or I will and if I do it, it all goes to the dump.

~Natasha Merkuloff-Nichols



My Dad always told us kids to "take care of your tools and they will take care of you."

Linda Rotmark



My dad was a born leader. As a retired base commander and Colonel in the AirForce, he would regularly tell me "Lead by example. Don't do one thing and expect your staff to do something different. Always know how to do all functions within your scope of responsibility so if there's a need, you can instruct or step in as needed". I live by these words of wisdom in my own management style today.

~Kris Osborn



Though there are sooo many dad-isms to share from my dad, Edward Lee Perryman, this one popped into my mind most recently...

Dad knew I was terrified of public speaking, so to help me muster up a bit of courage, he'd say, "Just get a little bit mad; you're looking at a room full of monkeys, they're only looking at one." That "Just get a little bit mad" phrase came to mind about three days ago . . . Rick and I are preparing for an upcoming family reunion at our place, and I was starting to feel overwhelmed with all I wanted to get done. Feelings of frustration, followed by creeping depression, started setting in. Then I heard that family-famous phrase in my head. Now I'm off my behind, re-motivated, prioritizing and getting stuff done, and what doesn't get done doesn't matter anyway. The most important thing is for all of us to be together and have FUN! (Which also honors my mom's words to me, "Take care of each other.")

~Paulette Hill



My dad said "Always do your best. It doesn't matter what anyone else says or feels about it. What matters is that you feel you've done your best."

~Kathy Purcell



75th ANNIVERSARY WISHES FROM SEQUIM EDUCATION FOUNDATION—SEF

Sequim Education Foundation has always been deeply tied to Soroptimists International of Sequim and wants to wish them the best on their 75th anniversary of doing such good work for our community!

After a double levy failure threatened to cut programs in the Sequim School District, Soroptimist Jeanne Martin along with Lee Lawrence, Alan Millet, Walt Schubert, and Jim Pickett founded the Sequim Education Foundation (SEF) to involve the community to provide the best possible educational experiences for its students. Soroptimist International of Sequim has generously partnered with SEF to fund grants to teachers looking to implement innovative and engaging programs, to bring the elementary STEAM Powered Saturday program for students and their families to life and provide the funding to enable students to attend academic competitions across the state and nation!

Soroptimists have been instrumental in growing and promoting the Sequim High School's Health Occupations Students of America (HOSA) Club. The focus of the organization is to encourage high school and middle school students to pursue their interest in biomedical professions. This can range from nursing to disaster preparedness, to health education, and beyond. Each year, due to Soroptimist and SEF's funding, the club has been able to grow in size and all of the students have been able to attend the State conference and are inspired to become the future of our healthcare community.



Soroptimists and SEF work together to address the financial gap between the state funding and the needs of our district's students. Each year, they partner to provide a book for EVERY student in the district. Librarian Linsay Rapelje said, "Think about how you feel when you get a new book? The excitement and anticipation of reading is amazing. But what if you were never able to purchase a book of your own? Watching our students, especially those who do not own their own books, receive new books to read and create their own personal library is just one way we are positively impacting our students."

~Jodi Olson, SEF

"One looks back with appreciation to the brilliant teachers, but with gratitude to those who touched our human feelings. The curriculum is so much necessary raw material, but warmth is the vital element for the growing plant and for the soul of the child." ~Carl Jung



You are cordially invited to attend...

Nita Lynn's Retirement Celebration

June 30th, 2022 from 4:00—6:30 p.m.

Please join us for a special celebration to honor Nita Lynn and celebrate her impact at First Step and our community.

4:00—5:00 p.m. social hour and refreshments

5:00—6:00 p.m. presentations

**Located at Vern Burton Community Center
308 E. 4th Street, Port Angeles, WA**

Please RSVP at FirstStepFamilySupportCenter.org
Or call (360) 457-8355



First Step Family Support Center

Promoting the healthy development of children and families on the North Olympic Peninsula by building family strengths!

IMPROVING LIVES THROUGH OUR COMMITTED FUNDS FIRST STEP FAMILY SUPPORT CENTER

Over the past many years, our committed funds have provided much-needed supplies and services to First Step Family Support Center, which serves all of Clallam County and primarily women and children. Just a few of those are: purchasing books for children that focus on positive and powerful women role models and stories that give girls encouragement to be all that they want to be; purchasing safe beds for babies to sleep in that will fit in small environments and empowering young mothers through educating them how to keep their babies safe when they sleep (thus reducing SIDS by 50%), and providing support for healthy pregnancies, healthy birth outcomes and healthy babies through their maternity support and infant programs.

First Step served over 400 women and babies in 2021 through the Maternity Support and Infant Case Management program alone. According to their soon-to-be-retired Director Nita Lynn, they would “not be able to provide all of these services” unless they “cobbled together other funds to support this important program”. This program also serves as the central place for referrals for many of First Steps’ other home visiting programs such as Parents as Teachers (141 families), Supportive Parenting (7 families) and the Parent Child Assistance Program (91 women).

In summation, SIS has been community partners in building family strength, promoting optimal family and child development, and reducing child abuse and neglect!



~Jane Manzer, Committed Funds Liaison

















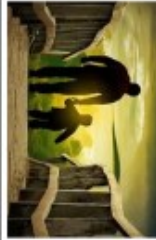










“Always keep an open mind and a compassionate heart.” ~*Phil Jackson*





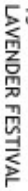





Elaine Churchill and Jane Manzer sorting donated clothing at First Steps share closet. Amanda Beietzel and Shirley Legg have also helped, but it’s Elaine who has volunteered the lion’s share of the time.

June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 World Environment Day 	BIRTHDAYS THIS MONTH Elaïne Churchill Jess McNeil Natasha Merkuloff Nichols Caroline Smith		1 World Milk Day 	2	3 World Bicycle Day 	4 World Doll Day 
6 National Day of Sweden 		7 World Caring Day 	8 World Oceans Day 	9 Coral Triangle Day 	10 BOARD MEETING	11 World Juggling Day 
12 International Falafel Day 	13 World Softball Day 	14 Business Meeting	15 Magna Carta Day 	16 World Sea Turtle Day 	17 World Croc Day 	18 World Ragweed Day 
19 Father's Day 	20 International Surfing Day 	21 World Giraffe Day 	22 World Rainforest Day 	23 UN Public Service Day 	24 INSTALLATION OF BOARD	25 International Ragweed Day
26	27 Micro- Small, Medium Enterprises Day 	28 International Caps Lock Day 	29 International Day of the Tropics 	30 International Asteroid Day 		

July 2022

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	BIRTHDAYS THIS MONTH Athena Dunn Pam Hursey-King Jane Manzer Kris Osborn Kathy Purcell Kim Renfro Jolene Sandborn Janet Wicker					1 International Joke Day 	2 World UFO Day 
3		4 	5	6	7 Global Forgiveness Day 	8	9 World Kebab Day 
10		11 World Population Day 	12 Malala Day 	13	14 LAVENDER FESTIVAL 	15 LAVENDER FESTIVAL 	16 LAVENDER FESTIVAL 
17	LAVENDER FESTIVAL	18 World Listening Day 	19	20 World Jump Day 	21	22	23
24	International Self Care Day 	25	26	27	28 World Conservation Day 	29 International Tiger Day 	30 International Day of Friendship 
31							

Mindfulness by Line Gauthier

regrouping
i take a deep breath
like nothing else matters
owning the moment

basking in its magnificence
relishing in the focus
the intensity of being present
the pulsating rhythm of consciousness
and synchronized openness

making peace with time
letting go of the past
of what's ahead of what's next
experiencing life in segments

having sublimely discovered
the secret to stretching time
measuring life in instants
and gaining a feeling of...

if not control at least harmony
as it becomes a way of life
showing me what's most rewarding



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