

Sequim Soroptimists Host Educational Seminar

Making Sure Your End-of-Life Wishes Are Met

Are you concerned about growing older and managing your future legal and medical/life-care issues? What actions and decisions should you, your family, and /or your caregivers be taking now?

Join the Sequim Soroptimists at their upcoming “Tea with SHE” presentation focused on end-of-life planning. This FREE educational seminar will be held on Tuesday, October 17th from 12 Noon to 1:30 PM at the Trinity United Methodist Church, 100 South Blake Avenue, Sequim. Light refreshments will be served. Reservations are not required.

“Tea with SHE” (Soroptimists Helping and Empowering) is a newly established series of educational seminars targeted primarily at mature and older women in the Sequim area. However, the seminars are open to both men and women of all ages.

Speakers for the upcoming seminar are Teresa Neudorfer, a local Elder Law Attorney, and Janet Popelka, a Social Worker experienced in hospice and long-term care issues. They will discuss end-of-life planning topics, including:

- Durable Power of Attorney
- Advance Directives
- Quality and Dignified End-of-Life Care

There will be a short Q&A session following the presentations and informational handouts addressing these topics will be provided to attendees. For information about the seminar, contact Janet Popelka at (314) 719-7993.

Soroptimist International is a global network of volunteers working at the local, national and international levels to improve the lives of women and girls through education and programs leading to social and economic empowerment and opportunities. For more information on Sequim Soroptimist activities and membership procedures, visit the club’s website at: www.sisequim.org